

POST-GAZETTE

(Formerly LA GAZZETTA del MASSACHUSETTS)

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BOSTON, MASSACHUSETTS, FEBRUARY 28, 2025

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Ash Wednesday, March 5, 2025

*The Beginning
of a 40 Day Lenten Season*



Ash Wednesday marks the beginning of Lent, a solemn season of reflection, repentance, and preparation for Easter in the Christian tradition as we commemorate the resurrection of Christ. Observed primarily by Catholics, this day holds deep spiritual significance as it calls believers to renew their faith and turn away from sin. The practice of placing ashes on the forehead in the shape of a cross serves as a visible reminder of one's need for God's mercy and forgiveness. It also symbolizes Christ's sacrifice on the cross.

The day is also marked by fasting and abstinence, reinforcing the spirit of sacrifice and self-discipline. Many choose to give up certain habits or pleasures, while others take on additional acts of charity and devotion. Ash Wednesday is a meaningful observance that reminds us of our reliance and dependence on God and serves as a starting point for the Lenten journey, leading us toward Easter with a renewed spirit and commitment to God.

News Briefs

by Sal Giarratani

Dan Bongino

Picked as FBI Deputy Director

Dan Bongino, a former US Secret Service agent, former member of the NYPD, a former Fox News host and, up to this appointment, a very popular podcaster according to Spotify.

Healey Halts Plans Over Two Closure Sites

Gov. Maura Healey is halting plans to close both the Pappas Rehab Hospital for Children in Canton and the Pocasset Mental Health Center after hearing "directly" from community members about how important these facilities are. Patients' families and staff have been advocating up Beacon Hill with lawmakers highlighting what services are being provided and how essential their facilities are. The governor has stated how grateful she was for the community's feedback which led to her announcement that she has now frozen her closure plans.

Lester Holt

Bolting from NBC Nightly News

Lester Holt is leaving his NBC Nightly News anchor desk after anchoring the show for a decade. He

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Massachusetts Governor Maura Healey Proposes Increase to Prescription Drug Prices

by Patti Sartori

If Section 78, in Governor Healey's proposed Fiscal Year 2026 Budget (FY26) is approved, Bay State residents will face an increase in the cost of their prescription drugs. Part of the budget contains a "pharmacy assessment" on all prescription drugs sold in Massachusetts. The assessment would require pharmacies to charge 6% per prescription or \$2.00 each, whichever is less.

The proposed budget reads "Each pharmacy shall pay an assessment per prescription dispensed in Massachusetts. The assessment shall not exceed the lesser of (i) \$2.00 per prescription dispensed in Massachusetts, or (ii) an amount equal to 6% of the revenues received by the pharmacy for the application period in

Massachusetts. The Executive office may enforce this section by notifying the board of registration in pharmacy of unpaid assessments, and the board shall take prompt steps to revoke the license of, or impose a limitation on operations for, a pharmacy that fails to remit delinquent fees as directed by the executive office."

The budget doesn't refer to the assessment as a tax but rather a health care fee, requiring quarterly payments. Pharmacies that fail to follow the guidelines set forth in the Governor's budget, could face fines of up to \$25,000 or potentially lose their license.

Massachusetts Fiscal Alliance spokesperson Paul Craney stated "Governor Maura Healey's proposal, to increase costs for

prescription drugs, is absolutely il advised. Health care costs in Massachusetts are already high enough, the Governor wants to make it worse." The governor's plan would result in higher costs for patients when they're already paying too much.

In theory the budget proposes the fee to be paid for by the pharmacies, but in reality, each \$2.00 charge will be passed onto the consumer. The Executive Office of Health & Human Services estimates the \$2.00 per prescription charge could generate \$145 million Annually in fees from Pharmacies. According to the Healey Administration the money will fund MassHealth and be used to prevent pharmacy

(Continued on Page 10)

Border Czar Tom Homan is Heading to Boston

During a passionate speech at last weekend's Conservative Political Action Conference (CPAC) in Washington D.C., Border Czar Tom Homan made it crystal clear that he is heading to Boston and "bringing hell" with him! Homan singled out Boston Police Commissioner Michael Cox for turning into a "politician" over the department's lack of cooperation with federal immigration enforcement.

"I read a story last night that the police commissioner of Boston, said he would double down on not helping law enforcement officers of ICE. I

am coming to Boston, and I am bringing hell with me," was Homan's response. Boston is one of the major urban cities the Trump Administration has called out regarding its sanctuary city status. Commissioner Cox has proclaimed Boston to be among the "safest major cities in the country, and must abide by the law in the state," acknowledging it does not enforce civil detainers regarding federal immigration law.

"Rather than honor an ICE detainer, Boston releases criminals back into the streets. You're not a police commissioner. Take that badge off

your chest, put it in the desk drawer because you became a politician, you forgot what it's like to be a cop," Homan said of Commissioner Cox. In one of the first Trump administration enforcement actions, ICE arrested a number of illegal immigrants in Boston with criminal convictions, including gang members, murderers and predators.

Since a 2017 state Supreme Judicial Court ruling, Massachusetts authorities cannot arrest or hold a person based on a federal civil

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Internal Revenue Service to External Revenue Office

(Will Tariffs Bring the U.S. Economy Back to the Golden Age)

One of President Trump's goals is to have revenues from tariffs grow so large that the Internal Revenue Service (IRS) will no longer be required, the U.S. Commerce Secretary suggested. "His goal is to abolish the Internal Revenue Service and let all the outsiders pay. As the President said, reciprocal tariffs, either you bring yours down or we're going to bring ours up. If we go up to their level, it will earn us \$700 billion a year to be equal to everybody else, and there goes our deficit. Interest rates come smashing down, and

the whole economy explodes higher," Howard Lutnick, U.S. Commerce Secretary said during a Fox news appearance.

President Trump had previously announced his plan to create an **External Revenue Office** to collect all foreign sourced revenue, including income from tariffs. "For far too long, we have relied on taxing our Great People using the Internal Revenue Service (IRS). Through soft and pathetically weak trade agreements, the American Economy has delivered growth and prosperity to the World, while taxing

ourselves," Trump wrote in a *Truth Social Post*.

While on the campaign trail Trump continued to boast that his tariff plan would usher the American economy back to a "Golden Age", noting that before 1913, when the 16th amendment gave congress the power to levy federal income tax, the government was primarily funded from tariffs. Lutnick has also suggested the Trump administration will crack down on the lack of taxes paid by cruise lines. "Cruise ships, you

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Stirpe Nostra

by Prof. Edmund Turiello

A weekly column highlighting some of the more interesting aspects of our ancestry . . . our lineage . . . our roots.



QUINTILIAN



Quintilian's statue in Calahorra, La Rioja, Spain

Marcus Fabius Quintilianus, known to us as Quintilian, was a celebrated Roman literary critic, teacher, and rhetorician. He was born in Spain about 35 A.D. and received his training as an orator at Rome, but started his public career as an "advocatio" (legal counsel). Although he was well known for his legal work, he became quite famous as a teacher in rhetoric. Quintilian soon

attracted the attention of Emperor Vespasian, and was appointed to the position of "Public Professor of Rhetoric." He retained this salaried office for about twenty years, and died about 100 A.D. after ten fruitful retirement years.

There is no doubt that Quintilian's greatest work was "De Institutione Oratoria," prepared in twelve books that required about two years to write. The work gives a complete course in rhetoric, including detailed information on the proper training in practical elocution, starting with preliminary education, and leading right through to the time of the orator's first public appearance.

The first two books describe the elementary education of his time in Rome. The following nine books discuss invention, arrangement, composition, memory, and delivery; all as applied to oratory. The twelfth book describes the perfect orator, his skills, and moral character.

The tenth book is especially famous for its comparisons of well-known Greek and Roman writers, along with a critical analysis of each.

"De Institutione Oratoria" was lost during the Middle Ages but recovered by Giovanni Bracciolini during the Renaissance when it immediately influenced the educational style of that later age. Quintilian's most celebrated theory was that the prime function of education was to produce men of high character and broad culture.

NEXT ISSUE: *Literati of the Later Empire*

U.S. Government and Taxpayers Share in Department of Government Efficiency (DOGE) Savings

President Trump is contemplating the idea of apportioning 20% of the Department of Government Efficiency (DOGE) savings directly to the American taxpayer, Trump suggested 20% of the savings could be delivered to U.S. citizens in personal checks to taxpaying households, while another 20% would be used to pay down the national debt. "There's even consideration of a new concept where we give 20% of the DOGE savings to American citizens, and 20% goes to paying down debt because the numbers are incredible," Trump told reporters last week in Miami, Florida.

Users of X posted to Elon Musk about the suggestion of giving a DOGE dividend, suggesting \$5,000 payouts. Musk said he would check with the president. A reporter at the Florida event asked Trump about the proposal. "I love it. A 20% dividend, so to speak, for the money that we're saving by going after waste, fraud, abuse and all of the other things that are happening. I think it's a great idea." Trump even suggested the dividend could serve

as an incentive for Americans to report government waste on their own.

"Congress will need to work through the reconciliation process before American taxpayers will see DOGE dividend checks," said Stephen Miller, the White House Deputy Chief of Staff. When Miller was asked where the remaining 60% would end up, he explained "Well the way it works is when you achieve savings, you can either return it to our debtors, or it can be recycled into next year's budget. So, in other words, you can just transfer it into the next fiscal window and then lower the overall spending."

So far DOGE estimates it has saved \$55 billion through cuts to US Agency for International Development (USAID), the Department of Education and the Consumer Financial Protection Bureau. The plan is to phase DOGE out by July 4, 2026. "President Trump has made a major commitment to the working class to fight for major tax relief, price relief and to cut spending," Miller stated.

White Stadium Renovation Loses Influential Investor

Boston Globe CEO Linda Pizzuti Henry, wife of Red Sox owner John Henry, has disinvested herself from the controversial White Stadium Proposal to house Boston Unity Soccer Partners, a new pro women's soccer team. Pizzuti Henry made the announcement in an Instagram post last week, declaring that she notified the Boston National Women's Soccer League team (NWSL) months ago that she would be "exiting the investor group" that's the catalyst behind the White Stadium renovation.

"In December, I officially notified the Boston NWSL team that I would be exiting the investor group. We are working together and expect to complete the process soon, and I will then just be a Boston fan, not part of the BOS Nation team in any way," Pizzuti Henry posted. The public-private plan to rehab White Stadium in Franklin Park has become a hot button

issue within the city as well as between the two Mayoral candidates, Michelle Wu and Josh Kraft, each taking radically different stances. Mayor Wu is leading the charge for the project, even in the face of massive community opposition, while her challenger Josh Kraft, has called for a pause on the project and demolition until the court can rule on the pending lawsuit and challenge to the project. Kraft has referenced neighborhood discord and a growing price tag for the project heading towards \$200 million and growing, with Boston taxpayers on the hook for at least \$100 million.

A Suffolk Superior Court Trial date has been scheduled for March 18th. Mayor Wu is not backing down and has made clear the city has no plans to stop the project, regardless of cost. Wu pointed to community support for the project from Boston Public School coaches

and families, claiming BPS would share the use of the stadium with the new pro team. Opponents believe the private entity investor group is receiving a "giveaway."

"As an ardent supporter of women's sports, I happily joined as a limited passive investor when the group was forming. I remain very excited about the growth and future of women's sports in Boston and beyond," Pizzuti Henry said. Boston Unity Soccer Partners thanked Pizzuti Henry "for her early investment into bringing professional women's soccer back to Boston."

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Middlesex Probate and Family Court
10-U Commerce Way
Woburn, MA 01801
(781) 865-4000
Docket No. M125C0190CA
In the Matter of
EILEEN HALL-PETERSON
CITATION ON
PETITION TO CHANGE NAME

A Petition to Change Name of Adult has been filed by Eileen Hall-Peterson of Burlington, MA, requesting that the court enter a Decree changing their name to Eileen Hall.

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Middlesex Probate and Family Court before 10:00 a.m. on the return day of March 07, 2025. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

Witness, HON. TERRI L. KLUG CAFAZZO,
First Justice of this Court
Date: February 06, 2025

Tara E. DeCristofaro, Register of Probate

Run Date: 02/28/2025

U.S. Postal Service is a "Tremendous Loser"

According to President Trump the Postal Service in its present form is a "Tremendous Loser" and is seriously considering merging it with Department of Commerce. The Trump administration is looking at a merger of the two government agencies to create efficiency. "We want a post office that works well and doesn't lose massive amounts of money, and we're thinking about doing that, and will be a form of a merger, but it'll remain the Postal Service, and I think it'll operate a lot better than it has been over the years," Trump told reporters in the Oval Office.

President Trump has been considering this move since discovering the U.S. Postal Service (USPS) lost \$9.5 billion in the fiscal year ending September 30, 2024. That mega loss was up from the \$6.5 billion the previous year. The Postal Service blames the increase in loss on an uptick of workers compensation and pension liabilities. "It's

just been a tremendous loser for this country, tremendous amounts of money have been lost. And we think we can do something that will be very good and keep it a very similar way, but whether it's a merger or just using some of the very talented people that we have elsewhere, so it doesn't lose so much, it's losing a tremendous amount," Trump said of the USPS.

The President didn't specify if Commerce Secretary, Harol Lutnick would be in charge of the agency. The USPS dates back to the founding of America, when Benjamin Franklin served as the first postmaster general. Trump proposed privatizing the postal service during his previous term but faced pushback from congress. It is actually Congress who holds the power to control the Postal Service under the Postal Clause in the Constitution, begging the question as to whether Trump actually has the authority to completely dissolve the agency.

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James V. Donnaruma 1896 to 1953
 Caesar L. Donnaruma 1953 to 1971
 Phyllis F. Donnaruma 1971 to 1990

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Friday, February 28, 2025

OUR POLICY: To help preserve the ideals and sacred traditions of this our adopted country the United States of America: To revere its laws and inspire others to respect and obey them: To strive unceasingly to quicken the public's sense of civic duty: In all ways to aid in making this country greater and better than we found it.

Massachusetts Commemorates 80th Anniversary of IWO JIMA

Members of the Massachusetts Marine Corps League gathered for the 25th time to commemorate the 80th anniversary of Iwo Jima, the infamous battle against the Japanese Army that claimed the lives of 6,000 U.S. servicemen, injuring tens of thousands more. This year's event will be the last to occur at the State House. Of the 100,000 U.S. servicemembers that participated in the battle, less than a dozen are left. With very few living members of the greatest generation to participate in the event, the veterans in Boston were ready to look towards surviving family to acknowledge the Battle of Iwo Jima a final time but were instead surprised by the appearance of a 99-year-old veteran of the World War II battle.

Joe Cappuccio, a former member of the 3rd Battalion of the 28th Marines that fought on Iwo Jima, unexpectedly attended the event, announcing he would soon be turning 100 years old. Cappuccio is a retired iron worker who said he has lived a full life and offered advice to other veterans, "Do what you have to do, but you got to keep moving, that's what I do. I traveled the world over and loved it. After I got out of the service, my wife and I did 42 countries, on our own, not with the government. I wish you guys could all do what I did in my life and believe me, enjoy it. Aso in attendance was Leo Carroll, a 100-year-old World War II veteran who received a citation for his service.

Assistant Commandant of the U.S. Marine Corps General Christopher Mahoney spoke about why it is so vital to the country and to the Marines that we remember Iwo Jima and men like Joe Cappuccio, and what they did there. The thirty-six-day battle was fought from February 19th through March 26th in 1945 for control of a pacific island. "There is a certain feeling of solemnity that occurs when you stand on the south beach of Wake Island and look south at the expanse of the Pacific and imagine what the defenders there must have felt as Japanese warships and planes surrounded the atoll and began their attack on the United States in the opening salvos of World War II. There is the experience that comes while standing in the black sand of Red and Green Beach on Iwo Jima. You will hear the waves crashing on the shore and feel the heat, the tropical heat. If the winds are right, you'll smell the sulfur. If you look from Green Beach onto the south, you'll see the impossibility of Mount Suribachi, and you will get it. You will feel it. You'll feel the heroism beyond description," General Mahoney explained.

LETTERS POLICY

The Post-Gazette invites its readers to submit Letters to the Editor.

- Letters should be typed, double-spaced and must include the writer's name, address and telephone number. Anonymous letters are not accepted for publication.
- Due to space considerations, we request that letters not exceed two double-spaced, type-written pages.
- This newspaper reserves the right to edit letters for style, grammar and taste and to limit the number of letters published from any one person or organization.
- Deadline for submission is 12:00 noon on the Monday prior to the Friday on which the writer wishes to have the material published. Submission by the deadline does not guarantee publication.

Send letter to: Pamela Donnaruma, Editor,
 The Post-Gazette, P.O. Box 135, Boston, MA 02113

The opinions expressed by our columnists and contributors are not necessarily the same as those of The Post-Gazette, its publisher or editor. Photo submissions are accepted by the Post-Gazette provided they are clear, original photos. There is a \$5 charge for each photo submitted. Photos can be submitted via e-mail: postgazette@aol.com. If you want your photos returned, include a self-addressed, stamped envelope.

FBI Director Kash Patel Narrowly Confirmed

The U.S. Senate voted to confirm Kash Patel as the new director of the FBI, overseeing the country's top law enforcement agency, by a razor thin margin and in the face of strong doubts by Democrats and a few Republican nays. The GOP controlled Senate voted 51-49, with Republican Senators Susan Collins of Maine and Lisa Murkowski of Alaska voting against the confirmation.

Katel steps into a mistrusted and at times chaotic FBI. Patel has made clear his intention to make major changes at the bureau, including downsizing at the DC headquarters and focusing on traditional crime fighting by its agents. Patel has come under scrutiny by Democrats for suggesting he would go after anti-Trump conspirators in the federal government and media



but is strongly supported by Republicans fed up with unfair bias against conservatives during the Biden administration along with the over-zealous criminal investigations into President Trump have rallied behind Patel's nomination.

"Mr. Patel wants to make the FBI accountable once again, get back the reputation that the FBI has had historically for law enforcement. He wants to hold the FBI accountable to Congress, to the President and most importantly, to the people they serve, the American taxpayer," Senator Chuck Grassley, R-Iowa, chairman of the Senate Judiciary committee said during Patel's confirmation hearing.

A number of Democratic Senators attempted a last-ditch effort to stop Patel's confirmation. "This is someone we cannot trust. This is someone who lacks the character to do this job, someone who lacks the integrity to do this job," Senator Schiff of California exclaimed. Patel said Democrats were

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Boston Election Department Under Secretary of State's Microscope

by Patti Sartori

Massachusetts Secretary of State William Galvin is so dissatisfied with the Boston Election Department he announced that he will appoint a designee to assist with election administration, to remain in place through the 2025 and 2026 election cycles. Galvin found the city department "unacceptable" during last year's presidential election, with the city's failure to supply polling locations with enough ballots. Galvin has mandated the city revise its procedures and comply with state election laws.

Rebecca Murray, an investigator and General Counsel in Secretary Galvin's office reviewed the 2024 City of Boston general election and found, "Serious problems occurred in connection with the administration of the State Election in the City. It has been determined that the Boston Election Department failed to supply polling locations with a sufficient number of ballots causing some locations to run out of ballots for a significant period of time. This resulted in voters in the city experiencing needless and unacceptable delays in voting and, in some cases,

disenfranchisement because the voter was unable to vote," Murray wrote in her report.

Massachusetts election law requires at least one ballot be available for every voter. According to the report, the City of Boston failed to comply with the state law, even though they received more than enough ballots from the Secretary of State's office prior to Election Day. Murray also determined the city had inadequate communication systems, creating slow contact with polling locations, failure of the city's central election department to complete regular check ins with polling locations as well as discovering poll workers lacked the proper training regarding procedures and tabulator issues. Because phone systems at City Hall were not able to handle the number of incoming calls, election officials and voters were unable to reach the Election Department to request additional ballots.

"A major problem was the inability of the Boston Election Department to directly communicate, in real time, with each voting precinct in order to determine and prioritize those

locations that had run out of ballots or had an immediate need for additional ballots," Murray wrote. Due to the findings in the report and as state law allows the Secretary of State to investigate election law violations, Secretary Galvin ordered the City of Boston to take specific steps and actions to review and re-examine practices with respect to training poll workers, ensure communication with all polling locations is adequate and ensure ballot supplies are plentiful.

Any issues that arise on election day must be immediately reported to Secretary Galvin's office. To assist with this order and administer upcoming city and state elections, Galvin will appoint a designee to review the proposed plan, monitor implementation of the plan and report to his office any issues that may come up before election day, on election day or after election day. Galvin's designee will assist with the 2025 municipal elections, the 2026 state elections and remain in place through the end of 2026. The order also states it may be extended beyond 2026 if necessary.

Meet the creator and hosts of the popular YouTube sensation

Richie Spagnuolo Gino Mauro Joe Testa
 Photographer/Editor

Alexandra Salmon
 Podcast Host

North End Branch of the Boston Public Library
 March 19, 2025
 6:00 - 8:00 pm

L'Anno Bello: A Year in Italian Folklore

Masks, Mystery and Mischief

by Ally Di Censo Symynkiwicz



Lately, I appear to have acquired a massive bout of spring fever. That has to be the reason why I insist on wearing brightly patterned dresses every day, admiring the way they shine against newly fallen snow. What else but spring fever can explain the desire to open my classroom windows, letting the earthy scent of fresh soil waft through the air on the first balmy day in a long while? Certainly, spring fever *must* be behind my recent quirky tendencies towards the absurd, such as my proclivity to randomly watch reruns of *Friends* at ten o'clock at night or impulsively gather a small collection of lavender coffee pods from Starbucks in order to admire their floral scents. Yes, the anticipation of spring drives me towards acts of whimsy, and I am sure that I am hardly the only one affected by this excitement, as I feel the world pulsating with change. The evening sun glows brighter, robins hop in the bushes, and the drip of melting snow sounds like the second hand on nature's clock, denoting each turn of the season. This is one of the most exhilarating times of the year, humming with transition and liminality. Not surprisingly, folk holidays latch on to this thrilling sensation, celebrating the joyous leap from winter to spring. The most magical and spontaneous of these festivals is Carnival, the feast of masks and indulgence that precedes somber Lent. With its myriad of rustic customs and traditional foods, Carnival practices in Italy and around the world herald the joyous arrival of spring with tomfoolery and magic galore.

Except for the celebrations in New Orleans, Carnival is not as well-known in the United States as it is in Europe, a fact which often baffles me. Carnival overlaps with the vibrant onset of spring, a period whose hope

and promise practically encourage the revelry of street dancing and fanciful masquerades. The very name of Carnival conjures imagery of indulgence and decadence. Many scholars theorize that the word "Carnival" derives from the Latin term *carne vale*, or "goodbye to meat," a reference to the extravagant consumption of foods that would later be forbidden during austere Lent. The Christian significance of pre-Lent combined with old pagan rites devoted to chasing away winter and welcoming in spring in order to create the festivities we know as Carnival. The masks and costumes that characterize the holiday may originate in the disguises worn by the ancient Europeans in order to scare off the winter demons. Similarly, cultures throughout the world emphasize golden fried pastries as traditional Carnival food, from the jelly donuts popular in Germany and Poland to the pancakes eaten in Great Britain. These delectable treats not only served as a way to use up butter and eggs, which were prohibited during Lent in olden times, but they also resemble the spring sun with their sunny color and round shape. Classic Italian Carnival desserts include *cenci*, or strips of fried dough that also go by whimsical monikers such as *chiacchiere* (gossip) and *bugie* (lies). These treats remind me of windy, brisk late winter days when I would cook up a batch with my grandmother, then watch her sprinkle powdered sugar over the *cenci*. Delicious!

Along with food, Carnival famously boasts energetic parties, feasts and folkloric events. These celebrations kick off the Carnival season on the holiday of the Epiphany, which occurs on January 6th, and come to a frenzied culmination on Mardi Gras, or Fat Tuesday, the last day before the beginning

of Lent on Ash Wednesday. This year, Mardi Gras falls on March 4th. Around that day, expect to see the traditional colors of Carnival everywhere: green for faith, purple for justice, gold for power. These hues brighten the ubiquitous beads and masks emblematic of Carnival, adding an aura of playfulness and mystery to the air. In Italy, Carnival festivities, though extremely diverse across the country, all take on a primeval, raucous tone. The most renowned of such celebrations is the *Carnevale di Venezia*, or Venetian Carnival. Participants in this feast wear elegant 18th-century costumes and sport masks like the ones that once adorned the actors of the Italian *commedia dell'arte* — a type of improvised performance where character archetypes each boasted their own mask. The *Carnevale di Venezia* has become such a symbol of this mysterious city that visitors will now find the eerie, beautiful masks on display year-round. Other famous Italian Carnivals take place in Acireale, Sicily and Viareggio, Tuscany, where gigantic floats satirize local events and politicians. These floats harken back to the topsy-turvy nature of Carnival, since in olden times dissent was only permitted in the form of satire and slapstick unleashed once a year. The northern Italian city of Ivrea recreates a historic battle every Carnival with oranges, emphasizing the absurdity of the season. Indeed, no matter how Italy celebrates Carnival, it is always imbued with glee and mischievous abandon.

Whenever I think of Carnival, I always think of the fact that these very sensations of glee and mischievous abandon are often missing from our everyday lives. We need to embrace laughing so hard that tears stream from our eyes and turning the volume up on our favorite song and dancing around. Carnival reminds us that it is okay to be silly, and furthermore, that it is healthy to indulge in our funny side in order to bring levity to stressful or monotonous situations. Perhaps Carnival is not widely celebrated in the United States because we are much too serious. We should lighten up and enjoy the beauties and wonders of life! Let us follow the example of Carnival and temporarily revel in lighthearted extravagance, rampant silliness and delicious decadence. Our laughter will ignite our optimism and inspire us to share our joy with others. This Carnival, therefore, let us get swept up in the magic and mystery of the season, leading the way to a warm, shining spring!

Ally Di Censo Symynkiwicz is a high school history teacher. She appreciates any comments and suggestions about Italian holidays and folklore at adicenso89@gmail.com.

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THINKING OUT LOUD

by Sal Giarratani



Everyone Likes to Talk about Our Housing Crisis But All They Seem to Do is Talk about it

For the good part of 40 years now, the availability of affordable housing inside of Boston has been in a crisis that has been answered by lots of talk but not enough actions. No solutions mentioned as our middle-class continues to get squeezed by government regulations and governmental taxes. As more and more working families and middle-class homeowners keep getting whacked, they continue to flee to the suburbs and hope their lives improve.

I have called the East Boston community my home for a good 14 years now. I had lived in Quincy for 25 years. Prior to that, Charlestown was my neighborhood and home, and where my community activism began during the late '70s into early '80.

In the past four decades, the housing crisis has gone from bad to worse. Most people on fixed incomes many times are one rent payment away from homelessness. The middle-income folk have nowhere to turn either. What is happening here is happening across every neighborhood in this city of ours.

Looking at East Boston today, we see the constant overdevelopment of our housing stock. Developers keep building more and more residential units — rentals or condos — and the more they build, the more

unaffordable the neighborhood gets.

Also, when we talk about some of the latest developments, we see more and more units added to buildings. On Maverick Street, an old one-story brick building whose previous life was as an auto repair shop will soon see four stories added to the structure. Twenty-four new units with only five parking spots for the building's tenants. This will only create more parking issues for the entire neighborhood around this proposed project. This kind of proposal keeps happening again and again in all of our neighborhoods from Jeffries Point, Gove Street, Harbor View, Eagle Hill and Orient Heights. Pretty soon if this issue continues to be left unanswered, only the very rich and very poor will be able to live here. The rest will be out in the cold.

All of our community groups need to stand together with one purpose; saving East Boston as a neighborhood for all of us. We don't want to look back one day and see what we lost. We all need to band together like the generations that came before us. Remember the East Boston Mothers? They stood together and fought back and we are all the better for their actions. They weren't afraid to stand up for what was right and neither should we.

Government is our business. Either we run it or it will run us. Either we fight for real affordable housing right here or we won't be able to live here anymore. It is that simple sometimes.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Middlesex Probate and Family Court
10-U Commerce Way
Woburn, MA 01801
(781) 865-4000

Docket No. M125P0918GD

**NOTICE AND ORDER:
Petition for Appointment of
Guardian of a Minor**

In the interests of
ROBERT WILLIAM DYOTT, JR.
of Woburn, MA
Minor

NOTICE TO ALL INTERESTED PARTIES

1. **Hearing Date/Time:** A hearing on a Petition for Appointment of Guardian of a Minor filed on 02/20/2025 by Robert W. Dyott of Woburn, MA will be held 05/22/2025 09:00 AM Guardianship of Minor Hearing Located 10-U Commerce Way Woburn, MA 01801 Courtroom 2

2. **Response to Petition:** You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

File the original with the Court; and
Mail a copy to all interested parties at least five (5) business days before the hearing.

3. **Counsel for the Minor:** The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. **Counsel for Parents:** If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

5. **Presence of the Minor at Hearing:** A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

Date: February 20, 2025

Tara E. DeCristofaro, Register of Probate
Run date: 02/28/2025

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Middlesex Probate and Family Court
10-U Commerce Way
Woburn, MA 01801
(781) 865-4000

Docket No. M125C0035CA

In the Matter of
SOPHIA JEAN TAYLOR

**CITATION ON
PETITION TO CHANGE NAME**

A Petition to Change Name of Minor has been filed by Sophia Jean Taylor of Tyngsboro, MA, requesting that the court enter a Decree changing their name to Sophia Jean Jacoppi.

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Middlesex Probate and Family Court before 10:00 a.m. on the return day of March 12, 2025. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

Witness, HON. TERRI L. KLUG CAFAZZO,
First Justice of this Court
Date: February 12, 2025

Tara E. DeCristofaro, Register of Probate

Run Date: 02/28/2025

Small Ads Get Big Results

For more information call
617-227-8929

Saint Aelred Rievaulx

by Bennett Molinari and Richard Molinari

Aelred was born in Hexham, Northumbria, in year 1110, one of three sons of Eilaf, a son of another Eilaf, treasurer of Durham. He may have been partially educated by Lawrence of Durham.



Aelred's early education was probably at the cathedral school at Durham. Aelred spent several years at the court of King David I of Scotland in Roxburgh, possibly from the age of 14, rising to the rank of *echonomus* [5] (»Master of the Household»). At some point during this period, Aelred became the target of personal harassment by a knight of the king's court. Walter Daniel related this incident to demonstrate Aelred's forgiveness of the knight and his skill in conflict resolution, but around this time Aelred developed feelings of depression and alienation, and he left court at age twenty-four to enter the Cistercian abbey of Rievaulx in Yorkshire.

In 1142 Aelred travelled to Rome, alongside Walter of London, Archdeacon of York, to represent before Pope Innocent II the northern prelates who opposed the election of Henry de Suli, nephew of King Stephen as archbishop of York. The result of the journey was that Aelred brought back a letter from Pope Innocent summoning the superiors whom Aelred represented to appear in Rome the following March to make

their deposition in the required canonical form. The resulting negotiations dragged on for many years.

Upon his return from Rome, Aelred became novice master at Rievaulx. In 1143, he was appointed abbot of the new Revesby Abbey, a daughter house of Rievaulx in Lincolnshire. In 1147, he was elected abbot of Rievaulx itself, a position he was to hold until his death. Under his administration, the abbey is said to have grown to some 140 monks and 500 *convers* and laymen.

His role as abbot required him to travel. Cistercian abbots were expected to make annual visitations to daughter-houses, and Rievaulx had five in England and Scotland by the time Aelred held office. Moreover, Aelred had to make the long sea journey to the annual general chapter of the Order at Citeaux in France.

Alongside his role as a monk and later abbot, Aelred was involved throughout his life in political affairs. The fourteenth-century version of the *Peterborough Chronicle* states that Aelred's efforts during the twelfth-century papal schism brought about Henry II's decisive support for the Cistercian candidate, resulting in 1161 in the formal recognition of Pope Alexander III.

Aelred wrote several influential books on spirituality, among them *Speculum caritas* ("The Mirror of Charity," reportedly written at the request of Bernard of Clairvaux) and *De spirituali amicitia* ("On Spiritual Friendship").

He also wrote seven works of history, addressing three of them to Henry II of England, advising him how to be a good king and declaring him to be the true descendant of Anglo-Saxon kings.

In his later years, he is thought to have suffered from the kidney stones and arthritis. Walter reports that in 1157 the Cistercian General Council allowed him to sleep and eat in Rievaulx's infirmary; later he lived in a nearby building constructed for him.

Aelred passed away probably in the winter of 1167 at Rievaulx. The Feast Day of Aelred of Rievaulx is January 12th.

umbria Italian steakhouse & mia ROOF DECK



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Frank and Nick's
The Italian Experience
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Giardino
Breakfast & Lunch
857-770-3360

RTC SPOTLIGHT:

A Night of Republican Unity at the Franklin Lincoln Dinner

On the evening of February 12th — Abraham Lincoln's birthday — more than 100 Republicans and Independents from across Massachusetts gathered at La Cantina Winery in Franklin for a powerful **Lincoln Dinner**, honoring the life and legacy of America's 16th president.

Bringing together local **Republican Town Committees (RTCs)**, **state committee members**, and **elected officials**, the event celebrated Lincoln's enduring principles of **unity, freedom, and opportunity**. The evening featured Worcester County **Sheriff Lew Evangelidis** as the keynote speaker, alongside remarks from Republican leaders on Lincoln's impact and the importance of grassroots activism.

"This dinner is not just about history — it's about continuing Lincoln's work by standing for liberty, personal responsibility, and a government that truly represents the people," said **Dashe Videira**, **Chair of Franklin Republican Town Committee**

ASH WEDNESDAY SCHEDULE OF SERVICES March 5, 2025



7:30AM - MASS @ ST. LEONARD CHURCH

8:15AM - SCHOOL MASS @ SACRED HEART CHURCH

12:05PM - MASS @ ST. LEONARD CHURCH

**3:00PM - PRAYER SERVICE & DISTRIBUTION OF ASHES
@ST. LEONARD CHURCH**

6:00PM - CONFESSION @ ST. LEONARD CHURCH

**7:00PM - MASS WITH PENITENTIAL PROCESSION
@ST. LEONARD CHURCH**

ST. LEONARD
320 HANOVER STREET
BOSTON, MA 02113

SACRED HEART
12 NORTH SQUARE
BOSTON, MA 02113

Last Call Standout at Roche Bros. in West Roxbury

by Sal Giarratani



(L-R): Cathy Bradley and Sandra Adams

Folks from the Last Call Foundation set up a table last weekend at Roche Bros. in West Roxbury seeking donations and selling some neat swag items in support of their advocacy mission.

This organization was founded by Kathy Crosby-Bell in the aftermath of a fatal nine alarm fire that occurred in the Back Bay back on March 26, 2014 when her son Boston Firefighter Mike Kennedy and Fire Lt. Ed Walsh of Engine 33 when the hose they were using was severed and water never reached them. Firefighters did not know the hose had ruptured inside and that water wasn't reaching them inside the blaze.

Crosby-Bell sought to address and enhance the ability to safely and effectively fight fires and protect firefighters. This year the Last Call Foundation will have a team of runners in this year's 2025 Boston Marathon raising funds and awareness for firefighting safety measures.

(Photo by Sal Giarratani)

Love, Laughter, and Community

A Heartwarming Valentine's Celebration at the ABCD North End_West End Neighborhood Service Center



ABCD North End/West End NSC Director Julia Power with staff from the offices of Mayor Michelle Wu, Senator Lydia Edwards, Representative Aaron Michlewitz, and Representative Jay Livingstone



Beautiful flowers donated by North Street Grille

The ABCD North End/West End Neighborhood Service Center (NE/WE NSC) was bursting with love and laughter on February 14th as nearly 50 seniors gathered for a heartwarming Valentine's celebration. The event featured a delicious luncheon of roasted half chicken, potatoes, and vegetables, generously sponsored by Sarah Garabedian, owner of Loft & Vine.

The day was made even sweeter thanks to incredible community support! Robin Sidell and



ABCD North End/West End NSC Director Julia Power with West End ladies, proudly displaying their totes from Sanborn and Head

Dan Connolly of North Street Grille filled the room with vibrant bouquets, while the generous team at Sanborn Head & Associates provided cozy winter totes. Residents of Strada 234 stepped up with a fantastic Valentine's drive, donating chocolates and Dunkin' gift cards — some of which were raffled off, adding extra excitement to the festivities!

The tables were beautifully adorned with handcrafted centerpieces made by the talented Girl Scouts of Cadette Troop 89169, adding to an afternoon filled with joy. The site was also honored to welcome representatives from the offices of Mayor Michelle Wu, Senator Lydia Edwards, State Representative Aaron Michlewitz, Representative Jay Livingstone, and City Councilor Gabriela "Gigi" Coletta Zapata, who stopped by with sweet treats and warm conversations with their constituents.

A heartfelt thank you to everyone who made this celebration so special. From the delicious food to the thoughtful gifts, it was truly a day of love, laughter, and community spirit. Happy Valentine's Day from all of us at the NE/WE NSC!



Thank you, Strada 234 residents, for the chocolates and gift cards!



Nazzaro Community Center Meeting

We are excited to invite you to an important community meeting to discuss the latest updates on the development of our new community center. Join us on Thursday, March 6th, from 6:30 p.m. to 8:30 p.m. at the Boston Center for Youth and Families (BCYF) Nazzaro Center, 30 North Bennet Street, Boston, MA.

During this meeting, you will have the opportunity to hear about the progress that has been made so far, including key milestones and upcoming phases of the project. Additionally, we encourage you to bring your questions and suggestions, as your input is invaluable in shaping the future of this community hub.

This is a fantastic chance for everyone to stay informed and actively participate in the decision-making process, so we strongly encourage all community members to attend.

We look forward to seeing you there!

AGE STRONG Listening Session NORTH END

Wednesday, March 12, 2025
from 1:00-2:30PM

Boston Public Library North End Branch
25 Parmenter St., Boston, MA 02113 • 617-227-8135

Age Strong is conducting a needs assessment to learn more about the needs, concerns, and priorities of Boston's older adults. Information will be gathered via surveys, focus groups, and listening sessions to learn more about the experiences of older adults and their caregivers. The goal is to create an Age Strong Plan, which aims to make Boston inclusive and accessible to people of all ages. This is a valuable opportunity to let your voice be heard! We want to hear your ideas about how we can make Boston a better place to age.

Language and interpretation & translation services and disability accommodations are available to you at no cost. If you need them, please contact Ava Portela at ava.portela@boston.gov, or call 617-635-1953.

Light refreshments will be served.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Middlesex Probate and Family Court
10-U Commerce Way
Woburn, MA 01801
(781) 865-4000

Docket No. MI25P0731GD

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304

In the matter of
ARTHUR HUDSON
of Newton, MA
RESPONDENT

Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by **Carol Gorman of Braintree, MA** in the above captioned matter alleging that **Arthur Hudson** is in need of a Guardian and requesting that **Spooner Guardianship Services of Auburn, MA** (or some other suitable person) be appointed as Guardian to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **March 12, 2025**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

Witness, HON. TERRI L. KLUG CAFAZZO,
First Justice of this Court.
Date: February 12, 2025

Tara E. DeCristofaro, Register of Probate
Run date: 02/28/2025

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Middlesex Probate and Family Court
10-U Commerce Way
Woburn, MA 01801
(781) 865-4000

Docket No. MI25P0730PM

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G. L. c. 190B, § 5-304 & § 5-405

In the matter of
ARTHUR HUDSON
of Newton, MA
RESPONDENT

(Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by **Carol Gorman of Braintree, MA** in the above captioned matter alleging that **Arthur Hudson** is in need of a Conservator or other protective order and requesting that **Sara Spooner of Auburn, MA** (or some other suitable person) be appointed as Conservator to serve **With Surety** on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **March 12, 2025**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

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Witness, HON. TERRI L. KLUG CAFAZZO,
First Justice of this Court.
Date: February 12, 2025

Tara E. DeCristofaro, Register of Probate
Run date: 02/28/2025

St. Joseph's Home for Artisans Celebrates Jubilee Year



St. Joseph's Home for Artisans residents (L-R) Daniel Piselli, Molly Broekman, Co-Founder of the residence Clare McCallan, Ena Dancy Urbalejo, Lucy Rahner, Adam Moniz, and Matthew Bellet

Nestled in Boston's historic North End, St. Joseph's Home for Artisans, stands as a welcoming and enveloping home for emerging Catholic artists, offering them affordable housing, a creative atmosphere, a nurturing community and the ability to embrace their Catholic Faith. Located on Tileston Street, this distinctive residence was established through a 2021 collaborative effort between St. Leonard Pastor Fr. Michael Della Penna and artist/author Claire McCallan in response to the challenges artists faced during the COVID-19 pandemic, especially the lack of affordable housing and collaborative space.

Under the direction of St. Leonard Parish, St. Joseph Home for Artisans is more than just a residence, but rather a unique opportunity to provide



Custom Clothing Designs by Emily Moniz

young artists with the space, guidance, and confidence to

create art that showcases their many talents while embracing their faith. By nurturing the next generation of Catholic artists, the home ensures the celebrated artist traditions of the Church continue to inspire the creators and their community.

The St. Joseph Home for Artisans recently held a **Jubilee Year Artist Celebration** at St. Joseph Hall, in the basement of St. Leonard Church on Hanover Street. It was an opportunity for these multi-talented artists to display their creations and for the community and parishioners to interact and get to know this faith based talented group of individuals. The exhibit was a phenomenal success on all levels and for everyone involved.

A special thank you to St. Joseph Home for Artisans Creative Directors Molly Broekman and Adam Moniz for their focus and unwavering commitment to this endeavor, and much appreciation to Carla Agrippino Gomes of Antico Forno for the donation of pizza, Jimmy Martorano for his assistance throughout the celebration and of course never-ending gratitude to Fr. Mike for his continued love and support.

For more information on how to become an artist in residence at St. Joseph's Home for Artisans, please access their Instagram: [stjosephsartisans](https://www.instagram.com/stjosephsartisans) or via e mail: stjosephsartisans@gmail.com



(L-R) Molly Broekman and Matthew Bellet entertaining the crowd during the Jubilee Celebration



(L-R) Artist in Residence Molly Broekman, Fernando Limbo, and Bailey Napoli



Father Matt Gill, member of the popular Vatican 3 Band



Hand made Cope by Artist in Residence Molly Broekman, worn by Fr. Della Penna during Mass



Artist in Residence Bailey Napoli concentrating on his sketch



St. Joseph Artisans Home Co-Founders Pastor of St. Leonard Church Fr. Michael Della Penna and Clare McCallan

(L-R) Artist in Residence Adam Moniz and Co-Founder-Claire McCallan



Watercolor Artwork by Artist in Residence Mary Lawler



(L-R) Artisans in Residence Matthew Bellet, Brandon Fitts and Lucy Rahner kept the crowd on their dancing and singing.

(Photos by Charles Rachal)



**MOTORHEAD:
OVERKILL – (Vinyl LP)
BMG**

Following up on your first album is no easy task, but the not all bands were Motorhead. When not destroying crowds with their trademark, no-holds-barred, head pounding hard rock, they got to work on the follow-up to their self-titled debut. The result? An ear shredding, skull-splitting record featuring the likes of hit single “Overkill” and “No Class,” and an indelible imprint in the history books of rock. Honoring the 50th year of one of the greatest and most influential hard rock bands of all time, this classic album is now available on colored vinyl, with the half speed masters created from the original tapes. It also comes with a poster. Track list includes: Side A: Overkill – Stay Clean – (I won’t) Pay Your Price – I’ll Be Your Sister – Capricorn. Side B: No Class – Damage Case – Tear Ya Down – Metropolis – Limb From Limb. Recorded December 1978 – January 1979.

**MOTORHEAD:
BOMBER – (Vinyl LP)
BMG**

When Motorhead released a classic the magnitude of *Overkill* in March 1979, they would have been forgiven for taking a breather soon after, but then not all rock bands had their DNA. Somehow in all the madness, they managed to deliver *Bomber* in the very same year. Reaching Number 12 on the UK charts, the record brought some of Motorhead’s most popular songs, like “Bomber,” “Dead Men Tell No Tales,” and “Stone Dead Forever.” Honoring the 50th year of one of the greatest and most influential hard rock bands of all time, this classic album is now available on colored vinyl, with the half speed masters created from the original tapes. It also comes with a poster. Track list delivers the goods via: Side A: Dead Men Tell No Tales – Lawman – Sweet Revenge – Sharpshooter – Poison. Side B: Stone Dead Forever – All The Aces – Step Down – Talking Head – Bomber. Recorded between July 7th and August 31st 1979.

**MOTORHEAD:
ACE OF SPADES (Vinyl LP)
BMG**

While it should need no introduction, *Ace of Spades* was a truly legendary, game-changing slice of hard rock perfection. Igniting generations of music fans with its speaker destroying riffs, ear-shredding volume and indomitable speed and style, it was a record that pushed boundaries and changed the musical landscape forever. Amped up to 11, nothing was harder, noting was faster, and certainly nothing was louder. Honoring the 50th year of one of the greatest and most influential hard rock bands of all time, this classic album is now available on colored vinyl, with the half speed masters created from the original tapes. It also comes with a poster. Track list shines via: Side A: Ace of Spades – Love Me Like A Reptile – Shoot You In The Back – Live to Win – Fast and Loose – (We

Are) The Road Crew. Side B: Fire Fire – Jailbait – Dance – Bite The Bullet – The Chase Is Better Than The Catch – The Hammer. Recorded August 4th – September 15th 1980.

**ISABELLE OLIVIER:
IMPRESSIONS – (CD)
Rewound Echoes**

The French Impressionists revolutionized the art world by privileging the emotional and spiritual perception of the natural world over its literal reproduction. Hailing from France, harpist Isabelle Olivier has always felt an innate affinity for Impressionism and discovered its echoes within her other artistic passions, primarily the parallel worlds of jazz and classical music. On her vibrant new album, *Impressions*, Olivier conjures a bold musical landscape from the lush and stirring hues of her diverse influences. Inspired by tenor sax icon John Coltrane’s revered composition “Impressions,” she explores the confluences of jazz and Impressionism with a painter’s instinct for complementary colors, forms and textures.

Impressions features a versatile and genre-fluid ensemble that includes the harpist’s sons – pianist and accordionist Tom Olivier-Beuf and electronic musician Raphael Olivier – along with a string quartet (Mathias Naon and Anne Le Pape, Cyprien Busolini, Jean-Philippe Feiss and Baptiste Thiebault). The album is interspersed with a number of group improvisations that suggest or were suggested by impressionistic ideas – from the misty, “Fog on the Lake” to the stark “A Pizzicato Life.” Artist Van Gogh’s work is suggested by the opening track of *Impressions*, “Fleurs de Soleil.” The title refers obliquely to Van Gogh’s famed series of “Sunflowers” paintings.

With Olivier-Beuf’s accordion alternately suggesting French and Eastern European folk rhythms, “Eclats” draws inspiration from the musicological expeditions of Béla Bartók. “Cezanne” makes reference to the titular Impressionist in its soft, lush colors, along with the breezy, propulsive “Bike.” The melding of harp and electronics on “An Open Window” depicts Olivier’s stay on a picturesque island on Lake Michigan. The gentle rocking of waves is suggested by the string figures of “The Boating Party,” which is based on a painting by the American Impressionist Mary Cassatt. “Forlane” adapts a composition by the Impressionist composer Maurice Ravel, while Olivier-Beuf indulges in a bit of modern-day Impressionism of his own with his composition “Evanescence,” capturing the evasive ethereality hinted at by its title. “Tango” takes an impassioned cue from the music of the Argentine composer Astor Piazzolla. “La Gare” is a painting come to life, providing a soundtrack to Claude Monet’s “Arrival of the Normandy Train, Gare Saint-Lazare.” Paired with the album’s closer, Coltrane’s familiar title tune, it ends by pairing a train with *the* Trane.

The time has come, the walrus said,
TO TALK OF MANY THINGS
of shoes and ships and sealing wax of cabbages and kings

by Sal Giarratani

**NEW COMMUNITY KITCHEN DEDICATED AT
HARVEST ON VINE FOOD PANTRY**

Quote to Remember

“Give a man a fish and you feed him for a day, teach a man how to fish and you feed him for a lifetime.”

— Lao Tzu, Chinese philosopher

“Give someone a chance to learn how to cook anything and they won’t have to eat only fish anymore.”

— Tom MacDonald



Tom MacDonald, Vine Street Food Pantry Director with members of the Boyce Family at the ribbon cutting of the new community kitchen

On Saturday, February 8th, family and friends of Frances and Joseph Boyce gathered at the Harvest on Vine Food Pantry to dedicate and bless a brand-new community kitchen in Frances and Joseph’s name. It was donated by the Boyce Family and will offer free cooking classes to the clients of the pantry.



State Rep. Dan Ryan, Tom MacDonald, Tom Henry appearing on behalf of Senator Sal DiDomenico, and Charlestown legend and journalist Sal Giarratani

(Photos by Eddie Loan)

**IWO JIMA:
80 YEARS LATER**



Marines and a Navy corpsman raise the U.S. flag over Mt. Suribachi on Iwo Jima. More than 80,000 Marines fought for 36 unrelenting days during this pivotal battle of WWII

It is hard to fathom that Iwo Jima happened 80 years ago. When I was a kid growing up in the ‘50s and ‘60s, Iwo Jima and everything about that bloody battle was still known and honored by all. My parents’ generation remembered well everything about WWII and all the sacrifices endured by members of the Greatest Generation.

One of the biggest surprises of the State House remembrance of that battle was the appearance at the podium of Joe Cappuccio, 99, a member of the 3rd Battalion, 28th Marines who survived

that battle and is still among the living and he passed on his first-person memory of what happened in that battle. He was presented with a citation for his service.

Iwo Jima lasted 36 days from February 19 through March 26, 1945. Six thousand Americans died in this battle and tens of thousands were injured in the fighting. Today, Cappuccio is one of fewer than a dozen still living to remember all the sacrifices made during that war in the name of liberty.

We must never forget those long ago sacrifices made by one generation for the future generations that would follow them.

ROBERTA FLACK DEAD AT 88

I just heard the news of the passing of Roberta Flack, the Grammy Award winning singer best known for “Killing Me Softly With His Song,” who died on Monday. She passed peacefully surrounded by her family. She battled all kinds of health challenges in her last decade of life. The last time I saw her perform on stage was at one of those City Hall Summer Concert Series. I think it was 2018 before the pandemic. She was already looking pretty frail then and needed assistance walking on stage. But when she sat down at her piano playing and sang for the audience, it brought back memories from days gone by. Her other great hit was “The First Time I Ever Saw Her Face.”

Those two songs of hers I’ve mentioned brought her instant fame and back-to-back Grammys for Record of the Year in 1973 and 1974 when I was only in my 20s. A great voice has left us and will now be singing up in a heavenly concert that never ends.

**DID YA HEAR THE ONE ABOUT
THE PANHANDLER?**

The guy was standing at his corner asking anyone walking by for a quarter (with inflation, I’m sure it’s now one dollar). A guy stops, tells him he has no change but says he would take him across the street to a nearby diner for breakfast. The panhandler says “I’ve already eaten three breakfasts. What I really need now is the money.”

**ANOTHER COMMUNITY MONTHLY DINNER
AT SACRED HEART**

Hey, don’t forget the next monthly community dinner is coming soon. Same site as always, Sacred Heart Church on Paris Street. Everything starts at 5:00 p.m., and I say the price is Free Ninety-Nine. Just arrive with your appetite and make a new friend or two. The date: MARCH 12TH.

**JUST RECEIVED AN EMAIL FROM
JACK ZACCARDI ON DAYLIGHT SAVINGS TIME**

Jack Zaccardi of East Boston is a friend and a big fan of the *Post-Gazette*. He recently emailed me a letter he sent President Trump on Daylight Savings Time and I thought I would run it to see what folks who regularly read the *Post-Gazette* think about this topic. Let me know at sal.giarratani@gmail.com.

Dear President Trump,

I know you have voiced your opinion about Daylight Savings and your determination to end it. Before you sign another Executive Order please consider this: Arizona does not abide by Daylight Savings because it is so hot there that more people would prefer to stay home and enjoy their air conditioners than to venture out and support the local eateries. Hence, the local restaurants would suffer. I’ve been to Phoenix and it’s a joy when the sun goes down and it’s 20 degrees cooler. However, in states like Massachusetts, the extra daylight prompts people to go out and have a nice steak or dish of pasta. It gives the food places an extra few hours to make up for the revenue they lost during the COVID years. The states in the colder regions need this extra daylight to make up for what they lost in the last 5 years. As far as the time change disrupts lives ... give me a break. How many times have we had a lousy sleep but we get it together in a day or two? My suggestion: Let’s think about this before you sign anything.

Signed Jack Zaccardi

**CLOSING OUT WITH
COUNTRY LEGEND WILLIE NELSON**

If you have never heard Willie Nelson singing “It’s Hard to Be Humble When I’m So Perfect,” you need to listen to it quickly. It’s a good song, great if you’re down in the dumps. Don’t we all wish we were perfect? How many of us actually think we are great. I love good country music but these don’t all have to be “Somebody done me something wrong songs,” right?

Nanna & Babbonnonno

by John Christoforo

A Nostalgic Remembrance



Last week, I was talking about my first trip to Puerto Rico which took place during a February school vacation in the early '60s. I was a young teacher, single, and raring to go. My boyhood chum, Sal Meli and a fellow teacher, Tom Aylward joined me and we began our Caribbean stay at the Hotel Normandie in San Juan. We toured the historical sites in Old San Juan, the Spanish fort, El Morro, original colonial government buildings and a cathedral that went back to the 1500s. At night, we headed for the hotel supper clubs or night clubs that featured the top names in Latin American entertainment.

After a day or two, my friends wanted to head to Luquillo Beach, classified as one of the top ten beaches to visit in Latin America. We headed there after breakfast one morning and Sal and Tom jumped into the water right after our arrival. The salt content is so high that you just float. It was great for Sal, he couldn't swim. I headed for a kiosk that sold Puerto Rican coffee. The woman behind the counter asked if my friends were tourists and I replied in the positive. When I asked why she asked, she responded with, "It's winter and the only ones who swim at this time of the year are tourists, they are crazy." (The air and water temperature were in the low 80s)

A day or two later, we were on our way to St. Thomas for a couple of days. The travel agent had us booked into a resort called the Gramboco Inn. Their lounge was a hangout for the officers from a nearby submarine base and they had a bartender less watering hole. It was based on the honor system. We actually flew there on a DC 3, a converted World War II military transport. It rattled and vibrated when the two engines were warming up and the windows next to the passenger seats were open, due to the fact that the plane wasn't pressurized.

A grandmother type older woman sat in a seat across from me praying with her rosary beads in plain view. When Sal saw her he said, "No temas,

abuela, esta avion esta equipado con un piloto, copiloto e uno sacerdot." (Fear not grandmother, this plane is equipped with a pilot, a copilot and a priest.) The poor woman prayed even faster once she heard Sal.

When we arrived at the inn, there was a problem, my suitcase was missing. I only had the clothes on my back to wear. Sal was a lot shorter than I and Tom was a lot taller. Nothing they brought with them would fit me. A guest overheard my conversation about missing suitcases and offered me his spare bathing suit. He was about my size and I didn't have to hang around the beach or the pool in long pants and a dress shirt. A day later, my luggage showed up having been side tracked to Rio de Janeiro. My clothes make it to Brazil about 5 years before I got there. At night we experienced West Indian food and entertainment. I was fascinated especially after we met three young ladies from the Boston area who were vacationing on the Virgin Islands. We joined them at a couple of open-air nightclubs and danced the night away. Unfortunately, we were only there for a couple of days and were scheduled to return to Puerto Rico to finish out the weeks' vacation. Before we left, we said good bye to the naval officers we had become friendly with at the Gramboco Inn. Several were assigned to the U.S.S. *Thresher*, a state-of-the-art submarine attached to our sub base on St. Thomas. That spring, the *Thresher* would go on maneuvers and disappear with all hands lost. It was a major naval disaster that no one could explain.

Before we headed back to P.R., I headed for a liquor store. Goods sold in the Virgin Islands were and are duty free. I bought Babbonnonno the promised bottle of aged rum and a few bottles of liquor that they didn't sell in the states, including a bottle of 100-plus-year-old cognac that I used only on special occasions. Once back in San Juan, I spent the rest of the week working on getting tanned. When we decided to go to a local beach, the desk clerk gave us passes to a local private beach, El

Escambron, located within walking distance from the hotel. Every amenity available was offered to the members who frequented the private beach and I was impressed. When we tried a public beach, we headed there with a new contraption, a pocket-sized transistor radio. After a swim, the three of us headed back to our blanket to find the radio missing. An old man came running over to us with the radio, saying that he was watching it for us so no one would steal it. And, due to his diligence, he now had a major thirst and wondered if we could buy him a bottle of beer. We laughed and the 4 of us headed to a kiosk where local beer was fifty cents a bottle, and we joined the old man in quenching our thirsts.

On the night before we left, we headed for a nightclub to hear a new young singer who happened to be blind. His name was Jose Feliciano. A couple of years later, he would become internationally famous with his Christmas song, "Feliz Navidad." A few years later while vacationing in Honolulu, I would meet another singer who was to become internationally famous with his first big hit, "Tiny Bubbles." His name was Don Ho.

Well, all good times come to an end and we flew back to Boston on the Sunday night before Tom and I had to return to our teaching assignments at Hyde Park High School and Sal had to return to his job at Polaroid. Tom's parents were waiting for him at Logan and questioned his red complexion. He never tanned, he just burned despite the lotions he doused himself with when in the sun. Sal was Sicilian and he and I just tanned and tanned and tanned. While standing outside the Eastern Terminal waiting for Dad to pick me up I noticed him coming along and tried to flag him down, but he just kept driving past. This happened a second time and on his third time around, Babbonnonno yelled from the back seat, "Penso che sia Giovanni," (I think that is John). Mom looked and agreed with him so Dad stopped. I was so tanned that my own father didn't recognize me. Sal and I jumped in the car, and seeing it was early enough, we headed to Santarpio's for pizza before going home.

That was the beginning of a love affair I had for Puerto Rico. Sal and I would venture there dozens of times over the years as we became friendly with several of the locals.

Our closest friend, Gloria Ruiz, had been the singer at the Cave, a Latin American night club located near the Colonial Theater in downtown Boston. She promised her husband that after the job ended, they would move back to San Juan. They did, and would be our immediate contact people whenever we headed to Puerto Rico. A couple of years later, I would tie up with a band in San Juan and work there for an entire summer, but that's a story for another day.

GOD BLESS AMERICA



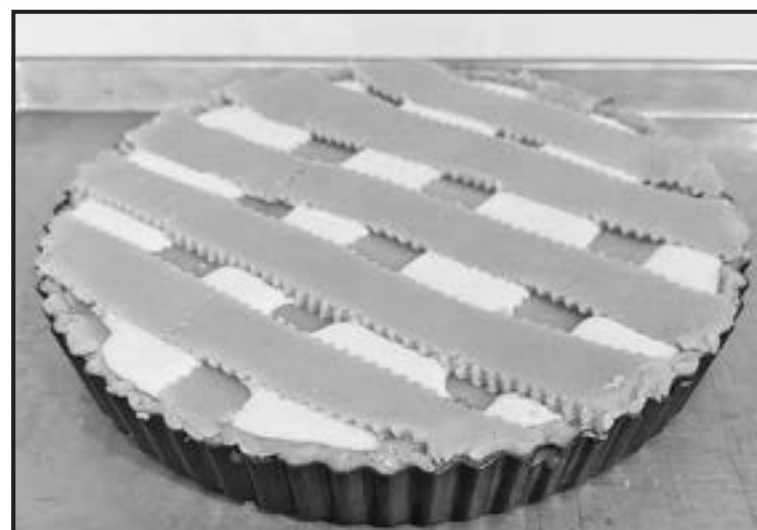
by
Marianna
Bisignano

Martedì Grasso, or Fat Tuesday, marks the grand finale of Italy's Carnevale — a vibrant season of parades, masquerades, and indulgence before the solemnity of Lent. While the world recognizes this day with pancakes or other rich treats, Italians celebrate with a spectacular array of regional delights, each more decadent than the last.

From crispy, powdered sugar-dusted Chiacchiere to golden, sugar-coated Castagnole, creamy, lemon-scented Migliaccio, and Frittelle di Riso — fried rice pudding bites rolled in sugar—Martedì Grasso is a true celebration of indulgence. Southern Italy adds its own rich twist with Lasagna di Carnevale, while in Sicily — and in my family — Sweet Ricotta Ravioli, or Cassateddi, remains the ultimate treat.

In honor of my Nonna's signature dessert, I'm sharing a sweet ricotta tart inspired by her beloved fried ravioli or Cassateddi — easier to make but just as delicious. Whether you're celebrating Martedì Grasso, the Easter holiday, or simply indulging a sweet craving, my Nonna's Sicilian Ricotta Tart is sure to please!

NONNA'S SICILIAN RICOTTA TART *Torta Di Ricotta Siciliana Della Nonna*



For the Pasta Frolla (Sweet Pastry Crust):

- 500g (4 cups) all-purpose flour
- 250g (1 cup + 2 tbsp) unsalted butter, softened
- 200g (1 3/4 cups) confectioners' sugar
- 1 tsp baking powder
- Zest of 1 organic lemon
- 2 egg yolks + 1 whole egg

For the Ricotta Filling:

- 450g (1 lb.) whole milk ricotta, well-drained
- 150g (3/4 cup) granulated sugar
- 240g (1 cup) sour cream
- 3 large eggs, beaten
- 1 packet vanillin or 1 tsp pure vanilla extract

Preheat the oven to 175°C (350°F). Grease a 25cm (10-inch) tart pan and set aside.

To make the Pasta Frolla: In a large bowl, sift together the flour, confectioners' sugar, baking powder, and lemon zest. Add the softened butter and mix until the texture resembles coarse crumbs. Incorporate the egg yolks and whole egg, kneading gently until a soft dough forms. Wrap the dough in plastic wrap and let it rest in a cool place for about 1 hour.

When ready, roll out 2/3 of the dough and press it into the prepared tart pan, covering the bottom and sides and prepare the filling.

In a large mixing bowl, beat together the ricotta and granulated sugar. Add the sour cream, beaten eggs, and vanillin (or vanilla extract), mixing until smooth. Pour the ricotta filling into the prepared tart crust. To lattice the top, roll out the remaining 1/3 of the dough, cut into strips, and arrange them over the filling in a lattice pattern.

Bake for 45–50 minutes, or until the filling is set and the crust is golden brown.

Let the tart cool and refrigerate several hours before slicing.

Marianna Bisignano is a psychologist for the Boston Public Schools and can be reached at nonnasrecipebox@gmail.com

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Middlesex Probate and Family Court
10-U Commerce Way
Woburn, MA 01801
(781) 865-4000
Docket No. MI25C0204CA
In the Matter of
THERESA GRACE LANDRY
CITATION ON
PETITION TO CHANGE NAME

A Petition to Change Name of Adult has been filed by Theresa Grace Landry of Malden, MA, requesting that the court enter a Decree changing their name to Rin Garnett Yang.

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Middlesex Probate and Family Court before 10:00 a.m. on the return day of March 13, 2025. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

Witness, HON. TERRI L. KLUG CAFAZZO,
First Justice of this Court
Date: February 13, 2025

Tara E. DeCristofaro, Register of Probate
Run Date: 02/28/2025

LEGAL NOTICE

NOTICE OF SALE

Notice is hereby given by **D & G Towing and Auto Repair Services, Inc., 2 Emery Road, Allston, MA**, pursuant to the provisions of Mass General Laws, Chapter 255, Section 39A, that they will sell the following vehicle(s) on **March 17th, 2025 beginning at 10:00 AM** by public or private sale to satisfy their garage keeper's lien for towing, storage, and notices of sale. The following motor vehicle(s) will be sold, in as in condition, no keys.

2010 TOYOTA CAMRY
VIN# 4T1BK3EK4AU099622

2014 SUBARU XV
VIN# JF2GPACC5E8338641

2018 AUDI A3
VIN# WAUJ8GFF4J1065931

2018 TOYOTA COROLLA
VIN# 2T1BURHE8JC049519

Vehicles are being stored at
D & G Towing and Auto Repair Services, Inc.
and may be viewed by appointment only.

Signed
D & G Towing

Run dates: 02/28, 03/07, 03/14/2025

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Yesterday & Today

A COLUMN OF PAST AND CURRENT EVENTS

by Bennett Molinari & Richard Molinari

Benjamin David Goodman

Benjamin David Goodman was born on May 30, 1909 in Chicago, Illinois. He was the ninth child of immigrants David Goodman and Dora Grisinsky Goodman, who left Russia to escape anti-Semitism.

When Benny was 10 years old, his father sent him to study music at Kehelah Jacob Synagogue in Chicago. There, Benny learned the clarinet under the tutelage of Chicago Symphony member Franz Schoepp. Benny's aptitude on the clarinet was immediately apparent. While he was still very young, he became a professional musician and played in several bands in Chicago. He played with his first pit band at the age of 11, and became a member of the American Federation of Musicians when he was 14, when he quit school to follow his career in music. When his father passed away 15-year-old Benny helped-support his family.

When Benny was 16, he was hired by the Ben Pollack Band and moved to Los Angeles. He remained with the band for four years and became a featured soloist. In 1929, Benny left the Ben Pollack Band to participate in recording sessions and radio shows in New York City.

In 1933, Benny began to work with John Hammond, a jazz promoter who would later help to launch the recording careers of Billie Holiday and Count Basie, among many others. Hammond wanted Benny to record with drummer Gene Krupa and trombonist Jack Teagarden, and the result of this recording session was the beginning of Benny's national popularity.

Benny led his first band in 1934 and began a few-month stint at Billy Rose's Music Hall, playing Fletcher Henderson's arrangements along with band members Bunny Berigan, Gene Krupa, and Jess Stacy. The music they played appealed to American audiences on a wide scale. America began to hear Benny's band when he secured a weekly engagement for his band on NBC's radio show *Let's Dance*, which was taped with a live studio audience.

The Swing Era began to come to a close as America got more involved in World War II. Several factors contributed to its waning success, including the loss of musicians to the draft and the limits that gas rationing put on touring bands. However, though the big band days were drawing to a close and new forms of music were emerging, Benny continued to play music in the swing style. He dabbled in the "bop" movement of the 1940s, but never succumbed, as the rest of the world did, to the allure of rock and roll influences in the 1950s and 1960s. Instead, Benny tried his hand at classical music, doing solos with major orchestras, and studying with internationally acclaimed classical clarinetist Reginald Kell.

In 1982, Benny was honored by the Kennedy Center for his lifetime achievements in swing music. In 1986, he received both an honorary doctorate degree in music from Columbia University and the Grammy Award for Lifetime Achievement. He continued to play the music that defined his lifetime in occasional concert dates until his death in June 1986 of cardiac arrest. He was laid to rest after a short nonsectarian service with around 40 family members and friends in attendance on June 15, 1986 at Long Ridge Cemetery in Stamford, Connecticut. Through his amazing career, Benny Goodman did not change his style to conform to the latest trends, but retained the original sound that defined the Swing Era and made him the world-renowned King of Swing.



• Prescription Drug Prices (Continued from Page 1)

closures in low-income neighborhoods where people are more likely to be enrolled in a MassHealth program.

This is not the first time a Massachusetts leader has proposed charging pharmacies for prescriptions. A plan to charge \$1.30 per prescription was approved by the State

Legislature in 2002 and took effect on January 1, 2003 but was overturned the following summer by the Massachusetts Superior Court. The 2003 version made an exemption for prescriptions filled by Medicare or Medicaid recipients. Governor Healey's proposal did not include this exemption.

• Internal Revenue Service (Continued from Page 1)

ever see a cruise ship with an American flag on the back. They have flags of Liberia or Panama. None of them pay taxes. Every super tanker, none pay taxes. Alcohol, all foreign alcohol, no taxes. This is going

to end under Donald Trump. And those taxes are going to be paid, and Americans' tax rates are going to come down. That's what Donald Trump wants to do, balance our budget and cut our taxes" Lutnick said.

• FBI Director Confirmed (Continued from Page 3)

taking some of his past comments out of context or misunderstanding the broader point he was trying to make.

FBI Directors are traditionally appointed to a ten-year term. Patel will take over from Christopher Wray who resigned just before Trump was sworn

in on January 20th. Patel is a former federal defender and Justice Department counterterrorism prosecutor. He was also part of Trump's first term serving as a counterterrorism official at the National Security Council and as Chief of Staff to the defense secretary.

Growing Basil

by Melinda Myers



Purple basil varieties add color and interest to containers and gardens
(Photo courtesy of MelindaMyers.com)

Fresh on your pizza, added to your favorite Italian and Southeastern Asian dishes, or made into pesto, it's not surprising basil is often called the king of herbs.

Look for opportunities to include basil in gardens, containers, and ornamental plantings. Purple varieties add color and combine nicely with other flowers and vegetables. Everleaf Emerald Towers is a very tall and productive plant that adds vertical interest to container and in-ground gardens.

Always wait for the air and soil to warm before moving basil into the garden. Cold air and soil can stunt or damage the plants and increase the risk of downy mildew. You may even see blackened leaves and other damage when temperatures drop to 50 degrees.

Protect tender plants in spring and extend the harvest in fall with the help of floating row covers. These spun fabrics trap heat around the plants while allowing air, light, and water through. Lightweight row covers can be used throughout the summer to protect the plants from Japanese beetles.

Keep plants healthy and help reduce the risk of downy mildew disease by growing basil in sunny locations with plenty of

room to reach their mature size. The extra space allows sunlight to reach all parts of the plants, and the added air movement quickly dries the leaves.

Avoid overhead irrigation whenever possible. Instead, use soaker hoses, drip irrigation, or a watering wand to apply the water directly to the soil.

Red leaf, Thai, and lemon-flavored basil varieties are less susceptible to downy mildew. Relatively new sweet basil varieties such as Devotion DMR, Obsession DMR, Passion DMR, Thunderstruck DMR, Prospera Compact DMR, and Prospera are downy mildew resistant.

Watch for slugs that feed at night, eating large, ragged holes in the leaves. Trap them with shallow containers of beer sunk into the ground or use a slug

beer trap with a built-in cover. The slugs are attracted to the fermenting yeast, crawl inside, and die.

Unlike slugs, the Japanese beetles feed and mate in broad daylight. They devour large portions of the leaves, leaving only the veins behind.

If you see circular clear or black spots on the leaves the four-lined plant bug is the culprit.

The dead tissue may eventually fall out, resulting in small holes.

Manage Japanese beetles and plant bugs by knocking them into a can of soapy water or treating the plants with an organic insecticide labeled for controlling these pests on basil. Always read and follow all label directions for safe and effective control.

Harvest basil as needed. Regular harvesting will increase productivity and ensure the best flavor. Remove flower buds as soon as they appear to maintain foliage flavor. But don't worry if a few blossoms appear, these are also edible and a favorite of beneficial insects.

Plan to grow and harvest extra basil to make pesto or flavored vinegar. Make plenty to enjoy throughout the year and share with family and friends.

Melinda Myers has written over 20 gardening books, including *Midwest Gardener's Handbook, Revised Edition*, and *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything" instant video and DVD series* and the nationally syndicated *Melinda's Garden Moment* radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine. Myers' website is www.MelindaMyers.com.

• News Briefs (Continued from Page 1)

announced his departure this past Monday, reflecting on his "amazing ride" in a memo to *Nightly* and *Dateline* staffers. Holt, 65, did not specify the date he will be leaving but it is assumed it would be late spring or early summer.

Grape Expectations for Muscle Mass

According to new studies, we need to age like a fine wine. As folks get older and lose muscle mass and strength which increases the risk of falling, researchers have now found a simple approach to maintaining muscle strength — grapes.

The study provided evidence that grapes have the potential to enhance muscle health. The study published in the journal *FOODS* found consuming two

servings of grapes a day altered over 20,000 genes in elderly mice, suppressing those linked to muscle deterioration.

Judge Nixes AP WH Suit

A federal judge earlier this week rejected The Associated Press's request for a temporary restraining order requiring the White House to restore the news wire's access to President Trump. The AP had argued its free speech and due process rights were being violated by being refused access to Trump events as members of the daily pool.

Two Neighborhood Groups Seek to Alter a 470-Foot Tower Proposal

Two neighborhood groups have urged the Boston Planning Department developer, RMP Group, LLC to consider changes to a proposed 470-foot tower in the Keaney Square area in the Bulfinch Triangle. The two groups, the North End/Waterfront Residents' Association and the West End Civic Association have expressed concerns in the draft plan that would lower the tower which

these groups say would violate current zoning requirements. Currently they both say the area is zoned for only 100 feet. Many community residents on both sides of North Washington Street believe their concerns should be addressed by the planning board with input from the developer and the communities that will be impacted by this project going forward.

Levin: Maga is Anti-Putin

Fox News host Mark Levin, a longtime Trump guy, is breaking with President Trump over his recent attacks on Ukrainian President Zelensky, warning that "MAGA doesn't support Putin."

Speaking on his Fox show last week, he offered a rare criticism of the president as he backed Zelensky for maintaining order following the Russian invasion in 2022. Levin added, "MAGA doesn't support Putin because 81 percent of the American people are smart."

End quote

"Be a rainbow in someone else's cloud."

— Maya Angelou

Remember Your Loved Ones



The Post-Gazette accepts memorials throughout the year.

Please call
617-227-8929

• Border Czar Heading to Boston (Continued from Page 1)

immigration detainer. Boston became a sanctuary city in 2124 under its Trust Act. "We tell anyone who comes to visit our city or lives in our city that we don't care about your immigration status. What we do care about is, are you a victim of crime in our city, or are you a victimizer? We will hold you accountable for that, no matter

what your immigration status is," Commissioner Cox stated while on WCVB last Sunday.

U.S. Attorney General Pam Bondi froze federal funding to "sanctuary jurisdictions" immediately after being sworn into office. Homan has been quite vocal in his stance, "Sanctuary cities, you are a sanctuary for criminals."

Trump Offers Encouragement to Team USA

President Trump was unable to support Team USA at the 4 Nations Championship Game against Canada in person, but he made it a priority to call the group in their Boston Garden locker room ahead of the match up. "It was so awesome to get his support. It's a pretty big deal for him to take the time out of his schedule to talk to us for five minutes. It's just another one of those things where we're kind of pinching ourselves this tournament," J.T. Miller of Team USA offered.

Bill Guerin, Team USA General Manager reminded the group to "try to focus on the message he was giving us. He was very supportive and told

us we are going to do great and to just relax and play. It is going to be a great game, and he wished us all luck." Forward Brock Nelson was honored by the phone call and opportunity to play in the tournament, "It's pretty wild, and it's an honor for all of us here to represent your country and to get a call from the President. It just goes to show, I think, it's a big game not only for hockey, but for beyond the game."

The rivalry has endured for many years, but with political tension between Trump and outgoing Canadian Prime Minister Justin Trudeau, it's been elevated. The overtime outcome wasn't what Team USA, or the American fans had hoped for, but it will still be remembered as one of the most thrilling. Canada now boasts a 14-4-1 record over Team USA in best-on-best format, including two Olympic gold medal victories (2002 and 2010) and a 2014 Olympic semifinal victory.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
The Probate and Family Court Department
Middlesex, SS. Division
Docket No. MI25P0804PO
NOTICE OF PETITION FOR REMOVAL OF A TRUSTEE AND APPOINTMENT OF SUCCESSOR TRUSTEE

To all persons interested in **Callan Family Realty Trust**, a petition has been presented by **Kathleen P. Callan of Concord, MA** to said Court praying that the Court remove the current trustee, **Bank of America, N.A. of Boston, MA** and that **Kathleen P. Callan** be appointed as successor trustee(s) without sureties on his/her bond.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at 10-U Commerce Way, Woburn, MA 01801 before ten o'clock in the forenoon on **March 18th, 2025**.

Witness, Hon. Terri L. Klug-Cafazzo, Esquire, First Justice of said Court, this **18th day of February 2025**.

Tara E. DeCristofaro, Register of Probate Court
Run date: 02/28/2025

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Middlesex Probate and Family Court
10-U Commerce Way
Woburn, MA 01801
(781) 865-4000

Docket No. MI25P0633EA

Estate of **RICHARD ANTHONY COOMBS**
Date of Death: September 04, 2024
CITATION ON PETITION FOR FORMAL ADJUDICATION

To all interested persons:

A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Catherine M. Coombs of Bradenton, FL** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that **Catherine M. Coombs of Bradenton, FL** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of **March 20, 2025**.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

Witness, HON. TERRI L. KLUG CAFAZZO, First Justice of this Court.

Date: February 20, 2025

Tara E. DeCristofaro, Register of Probate
Run date: 02/28/2025

LEGAL NOTICE

NOTICE OF PUBLIC SALE

Todisco Services, Inc., with its corporate office located at **171 Boston Street, Salem, MA 01970**, under the provisions of Mass G.L.C. 255, Section 39A, will sell the following vehicles on or after **March 10, 2025** by public or private sale to satisfy a lien for towing, storage, and all other fees due.

2007 MAZDA MAZDA3
VIN #JM1BK343471606494

2015 YAMAHA YW50F/ZUMA 50F
VIN #RRKSA43A9FA120649

2007 TOYOTA CAMRY
VIN #JTNBE46K673067037

2005 SATURN VUE
VIN #5GZCZ63445S816708

2014 FORD EXPLORER
VIN #1FM5K8B1EGB33538

2008 TOYOTA CAMRY SOLARA
VIN #4T1CA30P78U137669

2005 CHEVROLET ASTRO VAN
VIN #1GCDL19X55B131032

2010 NISSAN SENTRA
VIN #3N1AB6AP2AL677622

2015 TOYOTA COROLLA
VIN #2T1BURHE1FC341004

2022 HONDA PILOT
VIN #5FNXF5H22NB036124

Vehicles may be seen by appointment only. Please email for specific information info@todiscotowing.com

Run dates: 02/14, 02/21, 02/28/2025

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Middlesex Probate and Family Court
10-U Commerce Way
Woburn, MA 01801
(781) 865-4000

Docket No. MI24D3875DR

DIVORCE SUMMONS BY PUBLICATION AND MAILING
LYNNE C. EMERSON vs. DAVID W. EMERSON

To the Defendant:
The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for Irretrievable Breakdown.

The Complaint is on file at the Court. An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. **SEE Supplemental Probate Court Rule 411.**

You are hereby summoned and required to serve upon: **Lynne C. Emerson, 18 Sachem Street, Billerica, MA 01821** your answer, if any, on or before **March 27, 2025**. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.

Witness, HON. TERRI L. KLUG CAFAZZO, First Justice of this Court.

Date: February 13, 2025

Tara E. DeCristofaro, Register of Probate
Run date: 02/28/2025

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Middlesex Probate and Family Court
10-U Commerce Way
Woburn, MA 01801
(781) 865-4000
Docket No. MI25C0169CA
In the Matter of
DARIUS ALEXANDER MADY
CITATION ON
PETITION TO CHANGE NAME

A Petition to Change Name of Adult has been filed by **Darius Alexander Mady of Stoneham, MA**, requesting that the court enter a Decree changing their name to **Moxi Maya Mady**.

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: **Middlesex Probate and Family Court before 10:00 a.m. on the return day of March 07, 2025**. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

Witness, HON. TERRI L. KLUG CAFAZZO, First Justice of this Court
Date: February 07, 2025

Tara E. DeCristofaro, Register of Probate
Run Date: 02/28/2025

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Middlesex Probate and Family Court
10-U Commerce Way
Woburn, MA 01801
(781) 865-4000

Docket No. MI22P3935PM

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G. L. c. 190B, § 5-304 & § 5-405

In the matter of **OLIVIER KYRIE FRANCOIS of Woburn, MA**

RESPONDENT (Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by **Kareen Francois of Woburn, MA** in the above captioned matter alleging that **Olivier Kyrie Francois** is in need of a Conservator or other protective order and requesting that **Kareen Francois of Woburn, MA** (or some other suitable person) be appointed as Conservator to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **March 24, 2025**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

Witness, HON. TERRI L. KLUG CAFAZZO, First Justice of this Court.

Date: February 24, 2025

Tara E. DeCristofaro, Register of Probate
Run date: 02/28/2025

EXTRA Innings

by Sal Giarratani

Devers, I believe, would fit in nicely as a designated hitter. Remember how wonderful Big Papi was, in the clutch, as a designated hitter? So could Devers be! Alex Cora is a terrific manager, works very well with people, and I'm sure he can smooth things out. Here's to an exciting season. Keep up the fine baseball reporting, Sal! Peter G. Colwell, East Boston.

Is Goldschmidt a Golden Oldie?

The NY Yankees just signed Paul Goldschmidt making him the oldest player on the 2025 New York Yankees team. He isn't just old but durable which is why the pinstripes signed the veteran first baseman to a one-year \$2.5 million contract back in December. He has played at least 150 games in each of his last nine seasons, a threshold not reached by a Yankees first baseman since 2021. If the former NL MVP can build on adjustments he made in the second half of last season, he could give the Yankees the production and consistency they've been missing for a while now.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Middlesex Probate and Family Court
10-U Commerce Way
Woburn, MA 01801
(781) 865-4000

Docket No. MI24D0699DR

DIVORCE SUMMONS BY PUBLICATION AND MAILING
JOSEPH LUCAS vs. JUDITH AUGUSTIN

To the Defendant:
The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for Irretrievable Breakdown of the Marriage 1B.

The Complaint is on file at the Court. An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. **SEE Supplemental Probate Court Rule 411.**

You are hereby summoned and required to serve upon: **Joseph Lucas, 223 Putnam Ave., #3, Cambridge, MA 02139** your answer, if any, on or before **March 25, 2025**. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.

Witness, HON. TERRI L. KLUG CAFAZZO, First Justice of this Court.
Date: February 11, 2025

Tara E. DeCristofaro, Register of Probate
Run date: 02/28/2025

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Middlesex Probate and Family Court
370 Jackson Street, 5th Floor
Lowell, MA 01852
(978) 656-7700

Docket No. MI22P3430GD

In the matter of **STEPHAN A. MORONTA of Lowell, MA**

CITATION GIVING NOTICE OF GENERAL PETITION TO OBTAIN A PASSPORT FOR THE MINOR CHILD

To all interested persons, a Petition has been filed by: **Roselin K. Long of Lowell, MA** in the above captioned matter praying for authority to obtain a passport for the minor child.

IMPORTANT NOTICE

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **March 20, 2025**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you.

Witness, HON. TERRI KLUG-CAFAZZO, First Justice of this Court.

Date: February 20, 2025

Tara E. DeCristofaro, Register of Probate
Run date: 02/28/2025

Turner Signs with Cubs

Former Mets and Dodgers veteran Justin Turner has just agreed to a \$6 million, one year deal with the Cubs. The 40-year-old played for the Jays and Mariners last season, batting .259 with 11 homers and 55 RBI in 139 games.

Happy Birthday
Nick Esasky



Former Red Sox player, Nick Esasky just turned 65 the other day. He played infield and left field for the Reds in six seasons. His best year with the Red Sox was in 1989 when he hit .277, 30 homers, 26 doubles, five triples and 108 RBI, all career bests for him. He always said he enjoyed playing for manager Joe Morgan but not so much for Pete Rose.

He became a free agent after 1989 and turned his success into a 3-year, \$5.6 million contract but he played only 9 games for the Braves in 1990 before retiring because of vertigo and never was able to play baseball again.

Here's a Good Question for Extra Innings Fans

Should baseball only have one MVP rather than the two we have now. Same thing, what about Cy Young Awards? Let me know at sal.giarratani@gmail.com. The MLB is actually talking about going to one MVP for both leagues combined. Let me know. See ya next week.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Suffolk Probate and Family Court
24 New Chardon Street
Boston, MA 02114
(617) 788-8300

Docket No. SU18P1930GD

NOTICE AND ORDER: Petition for Resignation or Petition for Removal of Guardianship of a Minor

In the interests of **ARYA R. COSTA of E. Boston, MA** Minor

NOTICE TO ALL INTERESTED PARTIES

1. Hearing Date/Time: A hearing on a Petition to Resign as Guardian of a Minor or Petition for Removal of Guardian of a Minor filed by **Shannon Parillo Rivera on 12/17/2024** will be held **04/04/2025 09:00 AM** Guardianship of Minor Hearing Located **Suffolk Probation Department, 24 New Chardon St., Boston, MA 02114**
2. Response to Petition: You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:
File the original with the Court; and
Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor: The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.
4. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

Date: February 21, 2025
Tara E. DeCristofaro, Register of Probate

Run date: 02/28/2025

Boxing Ringside



WITH BOBBY FRANKLIN

BERNARD HOPKINS'S

Brutal Truth about a Brutal Sport

Recently, I came across comments made by Bernard Hopkins in a 2014 interview with *BBC Sport*. I was surprised at what he said but also pleased to see how honest he was about the sport of boxing, and more so by his willingness to mention Muhammad Ali as an example of why young people should not take up boxing.

Here's what he said:

"I would never want anybody I care about to box. In fact, I would tell my worst enemy's kids not to box. I don't believe that the body, especially the head, was made to be hit. So if any of your kids or grandkids want to box, distract and discourage them early. You want to teach kids about the dangers of violence on the streets? Take them to the morgue, let them see the victims of gun crime. You want a kid not to smoke crack? Show him a crack-head. Your kid wants to box? Start off by showing him Muhammad Ali."

— Bernard Hopkins *BBC Sports* April 17, 2014

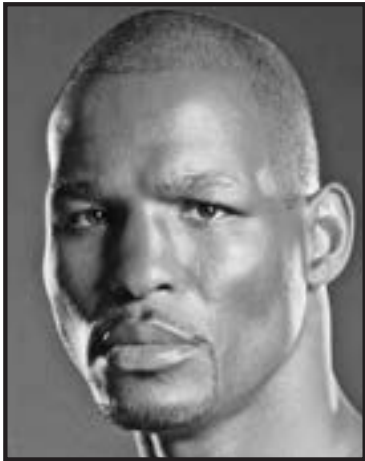
Hopkins spoke the truth. For too long boxing has been romanticized and the damage it has done to those who participate in it has been downplayed. While studies have been done, books written, and documentaries made about the tragic fate that awaits the majority of boxers at the end of their careers, little if anything has been done to stop this carnage.

I write about the history of the sport and those figures who became well known because of their careers in the ring. For each column I pen about these men who spent years in the ring I do research on them. Inevitably, when I get to reading about their final years and the cause of death I find that they spent years suffering from dementia caused by the punches they took during the time they spent in the ring. There is even a name for the affliction visited on them because of the sport: Dementia Pugilistica. Today it is more commonly referred to as CTE (Chronic Traumatic Encephalopathy).

The condition also happens to those who are active in other sports, most notably football, but boxing is the only sport where the cause of CTE is caused by the very object of the game.

In football where there is also a high rate of brain damage as a result of the hits the players take on the field, the point of the sport is to score more points than the opposing team in order to win. In boxing, the way to win is by inflicting head injuries on the opponent. The ultimate victory comes via a knockout which is a concussion. A concussion is a brain injury, and brain injuries are cumulative and progressive.

For an example of just how awful this is Google "Jerry Quarry, brain damage" and look at reports



Bernard Hopkins

and videos about this once top-rated heavyweight and how he ended up after a career in boxing. It's both heartbreaking and sickening to see what happened to this highly intelligent man. It's also infuriating to know that he got this way while being paid to entertain people.

There is another prime example of what this sport does to even the most gifted of its practitioners. I am, of course, speaking about Muhammad Ali. While in Jerry Quarry's case his family wanted it to be known what happened to him in hopes it would discourage others from suffering the same fate, with Ali excuses have been made for how he ended up. The most popular being that he suffered from Parkinson's Disease which would have happened even if he had never boxed.

Propagating this myth has done much damage. Instead of convincing people that the thousands of blows Ali took to the head had nothing to do with the horrible condition he ended up in, they could have been forthright and told the world that no matter how great you are in the ring, this is the fate that will likely await you from the damage you will receive from making a career out of boxing.

This would have been the noble thing to do, and it would not have taken away from the champ's accomplishments in the ring. In fact, it would have enhanced his reputation.

This is why I was pleased to read the quote from Bernard Hopkins. Sure, it can be said Hopkins owes everything he has to boxing. His life was tragic with years spent in prison, and boxing was his ticket out. But most young people who take up boxing aren't in such dire straits. Also, what does it say about us as society when we celebrate boxing as the career choice for troubled youth? We really can't

come up with better options? Bernard Hopkins so far seems to have come out of the sport with his faculties intact, thought he remained active for way too long. But what of the Jerry Quarries of the sport? Even worse, what of the thousands of fighters who never made any money but still suffered the same fate? I can name dozens of them. Was boxing their ticket to a better life?

Bernard Hopkins is right and his comments should be widely circulated. The time has come to stop encouraging young people to practice a sport that harms their brains. They have better choices. It's really a shame the legacy of Ali hasn't been used to help prevent the brain damage that happened to him from happening to others. We need more people like Bernard Hopkins speaking the truth about the dangers of the sport of boxing.



Jerry Quarry



Muhammad Ali (center)

HOOPS and HOCKEY IN THE HUB

by Richard Preiss



Well yes, it was a thrilling game—the one between the USA and Canada to determine the winner of the 4 Nations Face-Off Tournament at the Garden. The overtime game — won by Canada — will be recalled for a long time throughout North America.

But so might the lingering legacy of the tournament that saw star Bruins defenseman Charlie McAvoy injured in an earlier game that sidelined him not only for the tournament championship contest but for any number of regular season games going forward.

And that may well prove to be the anguishing aftermath of the February event as we proceed into March and the stretch drive that will determine whether the Bruins qualify for one of the precious positions in the 2025 Stanley Cup Playoffs.

McAvoy was injured in a February 13th game against Finland, then played against Canada in Montreal and developed an infection that eventually required a shoulder operation. As of this writing this puts him in the questionable category as to when he will return for regular season games.

The B's critically need a player of McAvoy's status since they are a bubble team fighting for one of the two wild card spots available to Eastern Conference teams.

Depending on how things go on a nightly basis, they can either be a point or two below the demarcation line or a point or two above it. It appears that this scenario will continue to play out down to the wire. One has to believe that McAvoy's presence would be worth at least a critical point or two in the standings if and when he rejoins the team.

Even though they were exciting at times, let's face it: as memorable as it was, the 4 Nations Face-Off tournament was really a series of exhibition games with some exciting frosting added. If you listened to sports talk radio over the wide range of stations that are now available on various internet sites, there were a number of commentators who spoke of the excitement of the two games with Canada.

Many stated that the championship final was the most watched hockey game on television (and now streaming as well) in the United States since the "Miracle on Ice" that took place at the 1980 Winter Olympics at Lake Placid, N.Y.

Some also said it was more exciting than any regular season contest. At least one stated that he now views the playoff months of April, May and June as the "real" hockey season, relegating (in his view) the 82-game regular season campaign to a secondary warmup status.

It was a bit unclear exactly what they were referring to since the Miracle on Ice actually involved two games, not one.

The first (and much more famous of the two) occurred on a Friday night with a 5 p.m. start time. That was the contest where Team USA beat the powerhouse team from the Soviet Union in the semifinals,

propelling the Americans into the gold medal game with Finland two days later.

But the game was not shown live in the U.S. Rather it was shown on tape delay when ABC came on the air with its regular nightly Olympic program at 8:00 p.m.

The actual gold medal game was played starting at 11:00 a.m. on Sunday and was shown live. It was a game where Team USA came from behind to claim the gold medal. Would there have been a Miracle on Ice if Team USA had lost to Finland, thus relegating the red, white and blue squad to a silver medal — even though they had defeated the Soviets? We will never know.

What we do know is that the 4 Nations Face-Off games involving the USA and Canada were more exciting than any NHL All-Star game in recent decades and the vast majority of regular season NHL games in any given year. But they also might serve as an illustration of the shortcomings of such events.

Since only top players are sent to All-Star events, this causes anxiety among many general managers. If players are injured in such events, they might not be able to play in a number of regular season games — contests that might go a long way in determining playoff positions or (for bubble teams) whether they will make the playoffs or not.

This is particularly true in hockey — where the traditional All-Star game between players from both conferences became a non-checking affair by mutual agreement. In the traditional NBA All-Star games, defense became essentially non-existent with ridiculously high final scores to prove it. The GMs wanted to minimize the possibilities of injuries going forward.

The Pro Bowl football game was played the week before the Super Bowl but eventually became a shell of a real game. It now features flag football.

The only "real" All Star game remaining with the traditional format still in place, is baseball. But even there, players often would rather not go, preferring a rest during the long 162-game regular season. We are far removed from when Red Sox star Ted Williams won the 1941 All-Star Game with a three-run ninth inning home run — which he considered one of the highlights of his storied career.

As we enter March members of Bruins Nation are forced to contemplate the reality of two of the team's standout players not being available. The team was already missing one defenseman when Hampus Lindholm went down for what proved to be a season ending injury back in November. Now, they face the possibility that McAvoy might be out for a number of games because of his injury.

As the regular season proceeds towards its conclusion, we will find out if the price to pay for McAvoy's participation and injury in the February event eventually has a significant impact on the B's quest to gain a place in the 2025 playoffs. And if it does, will it have been worth it?