POST-GAZETTE

(Formerly LA GAZZETTA del MASSACHUSETTS)

VOL. 117 - NO. 40

BOSTON, MASSACHUSETTS, OCTOBER 4, 2013

\$.30 A COPY

RICCIO FAMILY

Does it Again ...



Fall comes to the North End through the generosity of Linda and Jerry Riccio. Many of the street lamps on Hanover Street and North Square are decorated with beautiful corn stalks and colorful ribbons for fall.

News Briefs

by Sal Giarratani

What to Do About Obamacare?

As a conservative-minded Democrat, I have major reservations about the immediate implementation of the president's affordable health act better known as Obamacare. I still remember four years ago when Democrats rammed this through Congress without a single Republican vote and remember Speaker Nancy Pelosi saying that Congress had to pass it before knowing exactly what was in it. Recently, polls have showed that upwards of 70 percent of Americans are nervous about how Obamacare will affect their lives and healthcare. The presidency over and over has stated that if you like the present healthcare plan, you can keep it under Obamacare, but that simply isn't a truthful statement. Even the NY Times disagrees. On page one of that liberal newspaper a headline stated that under Obamacare, there would be lower premiums but fewer choices in medical coverage or doctors.

Recently, Republicans were talking about defunding Obamacare and the response from Democrats was about as knee-jerking as one could get. The latest line out of the Democratic playbook is the fact that both the U.S. Supreme Court said that Obamacare was constitutional and that the president got re-elected last November. Therefore, get onboard the Obamacare train.

(Continued on Page 14)

Italian Heritage Month Kicks Off at the State House



Front row, L-R: Sal Bramante, Stephen Maio, Marilyn M. Petitto Devaney, Donato Frattaroli, Consul General of Italy Giuseppe Pastorelli, Antonio Mastromattei, Alessandro Golkar, OSIA State President Carmelita Bello. Back row, L-R: Maurizio Pasquale, Kevin Caira, Anna Quadri, Mirisa DiPietro, James DiStefano, Lino Rullo, Luigi Munno, Lilla Pastorelli, Stefano Marchese, Judge Peter Agnes, Judge Joseph Ferrino (Ret.), Enrico D'Alfonso. (Photo by Rosario Scabin, Ross Photography)

This past Monday kicked off the fifteenth year that Italian American Heritage month has been observed. On October 1st the Italian American community gathered at the State House Grand Staircase for the reading of the Governor's Proclamation which, acknowledged October as Italian Heritage Month. Numerous awards were given. Mayor Thomas M. Menino, the first Italian American ever elected to that office received this year's, Public Service Award for his 20 years of service as Boston Mayor. Alessandro Golkar received the, Rising Young Professional Award. Donato Frattaroli presented Anna Yang, a student from Lexington High School, a scholarship awarded for one of the highest achievements scored Italian Language test.

The opening invocation was given by Father Wayne, pastor at Sacred Heart Parish in East Boston. Among the many speakers at this event was the Consul General of Italy, Giuseppe Pastorelli. Judge Joseph Ferrino, retired from the East Boston Court was acknowledged as one of the founding fathers of Italian Heritage Month and Carmelita Bello, the newly elected State President of the Grand Lodge, Order of Sons of Italy in Massachusetts.

Among the elected officials present who addressed the State House celebration were Speaker Robert DeLeo and Senator Sal DiDomenico. Governor's Councilor Marilyn M. Petitto Devaney, spoke about her Italian pride and how proud she was of the historical fact that she was the on the standardized national first Italian American ever tribution list, go to www.info

since it began back in the 18th century.

Also participating in the festivities were the Boston Police Color Guard, members of the members of the Associazione Nazionale Marinai D'Italia and the Coro-Dante, the Dante Alighieri Society chorus conducted by music director Kevin Galie.

October will be filled with a variety of events and programs all honoring Italian heritage. Many of these events are free and open to the public thanks to the Italian Consulate, organizations, businesses, libraries, colleges and individuals. For further information and a complete listing of events and programs, please log on to www.italianheritagemonth.com.

If you wish to be added to he mailing list or e-mail diselected to this elected body @italianheritagemonth.com.

(See Additional Photos on Page 8)

Who Shutdown Government on October 1st?

by Sal Giarratani

If one listens to the mainstream media or cable netlike CNNMS(LEFT)BC, it was those mean old Republicans. President Obama, former Speaker Nancy Pelosi and Senate Majority Leader Harry Reid all believe one wing of one party of one branch of government is to-

tally responsible for the lack of willingness to move on rather than fight battles that have ended. Reid states that the American people have spoken twice on Obamacare by two victories for the president in 2008 and again in 2012. He also adds that the U.S. Supreme Court has declared the health reform as

constitutional too.

I wonder though does this really mean all debate on its implementation stop or debate about certain aspects of the plan ceases? The Republicans after seeing the president amend the law on his own like delaying the em-

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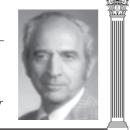
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Stirpe Nostra

by Prof. Edmund Turiello

A weekly column highlighting some of the more interesting aspects of our ancestry...our lineage...our roots.



HERBERT C. HOOVER





DATE OF BIRTH: August 10, 1874 PLACE OF BIRTH: West Branch, IA DATE OF DEATH: October 20, 1964 PLACE OF DEATH: New York, NY SPOUSE: Lou Henry Hoover PRESIDENT:

March 4, 1929 - March 4, 1933

Herbert C. Hoover, engineer of renown, With an office in New York and in old London Town; As a Quaker he could not carry a gun, In the first World War he helped everyone.

During his Presidential fight against Alfred E. Smith, He promised that poverty would soon be a myth; And there'll be two chickens in every pot, But more Depression is all that we got.

Thousands of doughboys so hungry and blue, Stormed our capital back in June '32; Instead of some help for those veteran masses, All they got was bayonets right in their asses.

Herb put in long hours, and drove his staff mad, But a cure for Depression was not to be had; Are you one who remembered how bad we did feel? Until F.D.R. took over with his life saving "New Deal."

His wife was Lou Henry, from our Waterloo, Which makes me suspicious how about you? Another choice morsel that should bring a frown, Her dad was a banker who moved out of town.

An engineering student from Stanford was she, A geology teacher she was planning to be; But she wed Herbert Hoover, a young travel yearner, This put her school plans right on the back burner.

BLESSING OF THE ANIMALS



Old North's Rev. Stephen Ayers blesses animals in the Prado. (Photo by Matt Conti)

SUNDAY, OCTOBER 6th at 3:00 PM

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Res Publica

by David Trumbull



THE GOVERNMENT:

What's Open, What's Closed, and What It Tells You About Our Priorities

Unless you work for the United States government a shutdown of a few days, or even weeks, is unlikely to affect you. Retirees and the disabled will still get their Social Security checks. The Department of Defense will remain in readiness whenever and wherever needed. Air traffic controllers are on the job facilitating travel. It has been said that if the radio, television, and newspapers closed down along with the government, most Americans wouldn't even know there was a government shutdown. Oh, yes, and one other thing, the Internal Revenue Service cannot audit you during the shutdown.

I'm one of the small numof non-government employees affected by the shutdown. I have scheduled meetings in Washington with the Federal Trade Commission on behalf of a client. Those meetings are canceled.

The Federal Trade Commission protects American consumers from fraud in many forms. Of interest to my clients in the textile and apparel industries is protection from apparel with misleading labeling. In my two decades' experience handling FTC apparel labeling issues, I have seen that mislabeling which defrauds America consumers is more likely in the case of imported apparel. The FTC is closed for the shutdown.

The Consumer Product Safety Commission protects consumers from unsafe products. A quick perusal of CPSC's database of unsafe product recalls reveals that the bulk of unsafe products are imported. CPSC is closed for the shutdown.

The United States International Trade Commission investigates allegations of unfair trade practices relating to imports and maintains an online database of imports so that trends in imports can be followed. The USITC is closed for the shutdown and even access to the online database has been blocked.

The Department of Commerce, which includes the Office of Textiles and Apparel, assists U.S. manufactures to be competitive in the world market. According to the Washington Post, "Of

Commerce Departthe ment's 46,420 employees, 40,234 will be furloughed. The bulk of the non-furloughed employees are at the National Oceanic and Atmospheric Administration, where 5,368 of the agency's 12,001 workers will remain on the job preparing weather, shipping and other reports important for public safety and the economy." Apparently the offices at Commerce with assist U.S. industry are closed.

Customs and Border Protection facilitates imports of foreign-origin merchandise. As of July 31, 2013, CBP had 59,561 on-board employees. CBP estimates 52,673 employees as the total number to be retained during the shutdown. CBP will continue passenger processing and cargo inspection functions at ports of entry.

There you have it! The agencies that assist America consumers and manufacturers are closed. The agency which facilitates foreign competitors to get into the U.S. market is open for business and nearly fully staffed. Such are the priorities in Washington.

Saint Denis and His Companions

by Bennett Molinari and Richard Molinari

Many heroic saints are associated with the early Church, saints who suffered hardships and martyrdom for their belief in the Christian Faith. One of these saints is Saint Denis. The earliest document giving an account of his labors and of his martyrdom dated from the end of the sixth or the beginning of the seventh century. Little is known about the early life of Saint Denis, we do know that he was born in Italy early in the third century and while still very young he was distinguished by his virtuous life and firm faith.

We know that Denis entered religious life and at a relatively young age was made a bishop. History records that Pope Fabian (236-250) sent him with some other missionary bishops to Gaul (present France) on a difficult mission. The Church of Gaul had suffered terribly under the persecution of the Emperor Decius, Denis and his fellow bishops were to endeavor to restore it to its former flourishing condition.

Denis was accompanied by his companions, the priest Rusticus and the deacon Eleutherius, they arrived in the vicinity of the present city of Paris and settled on an island in the Seine River where Denis built a church. His fearless and untiring preaching led to countless conversions alarming the pagan priests over their loss of followers. At their instigation, the Roman governor,



Basilica of Saint Denis

Fescenninus Sisinnius, arrested the missionaries and after a long imprisonment, the three missionaries suffered martyrdom at a place

present St. Denis during the period of the emperor Decius (250) or Valerian (258). Later accounts give a detailed description of their sufferings, they were scourged, imprisoned, racked, and finally beheaded. The bodies of the three martyrs received a proper burial through the efforts of a good woman named Catulla and a small shrine was erected over their graves. The site of their martyrdom provided the foundation for the Abbey of St. Denis which in time became the burial place for the Kings of France.

Saint Denis was the first Bishop of Paris, and Patron Saint of France, his feast day called Vicus Catulliacus, the is celebrated on October 9th.

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Pamela Donnaruma, Publisher and Editor 5 Prince Street, P.O. Box 130135, Boston, MA 02113 FAX 617-227-5307 617-227-8929 617-227-8928

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1896 to 1953

James V. Donnaruma Caesar L. Donnaruma Phyllis F. Donnaruma 1953 to 1971

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Friday, October 4, 2013

OUR POLICY: To help preserve the ideals and sacred traditions of this our adopted country the United States of America: To revere its laws and inspire others to respect and obey them: To strive unceasingly to quicken the public's sense of civic duty: In all ways to aid in making this country greater and better than we found it.

GUEST EDITORIAL

North Korea's Foiled Plot Reveals the Importance of Missile Defense

by Seth M.M. Stodder

This summer, Panamanian authorities discovered parts of a missile system hidden inside a ship traveling from Cuba to North Korea. The incident underscores two important points about North Korea. First, one of America's most unpredictable enemies is committed to developing and distributing missile technology. More disturbing still, the totalitarian nation is capable of transporting weapons in the Western hemisphere.

In recent years, the threat of a missile strike from adversarial regimes like North Korea as well as nonstate terrorist actors has become more acute. In light of these developments, it's imperative that the United States and its allies continue to invest in missile defense technologies.

The North Korean government has been working to improve its missile capabilities for decades. The nation began developing tactical artillery rockets in the 1960s and 70s and moved on to short and medium-range missiles in the 1980s and 90s.

Last December, North Korea successfully launched a satellite into orbit using long-range missile technology known as Taepodong-2. A fully functioning Taepodong-2 missile is capable of reaching the United States. And in April, the Defense Intelligence Agency's announced that North Korea likely has a nuclear weapon small enough to deliver with a ballistic missile.

What makes North Korea's missile program even more dangerous is that, for years, the country has supplied ballistic missiles to Iran and other American adversaries. According to the Council on Foreign Relations, Pyongyang has made hundreds of millions of dollars in recent years exporting ballistic missiles to such countries as Syria — a country in the midst of a civil war, and that has apparently used chemical weapons - as well as other nations known for supporting terrorists and other enemies of the United States.

The Panama episode is merely the latest example of Pyongyang's efforts to help anti-American regimes

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LETTERS POLICY

The Post-Gazette invites its readers to submit Letters to the Editor.

- Letters should be typed, double-spaced and must include the writer's name, address and telephone number. Anonymous letters are not accepted for publication.
- . Due to space considerations, we request that letters not exceed two double-spaced, type-written pages.
- . This newspaper reserves the right to edit letters for style, grammar and taste and to limit the number of letters published from any one person or organization.
- . Deadline for submission is 12:00 noon on the Monday prior to the Friday on which the writer wishes to have the material published. Submission by the deadline does not guarantee publication.

Send letter to: Pamela Donnaruma, Editor, The Post-Gazette, P.O. Box 130135, Boston, MA 02113

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Happy Birthday Frank!



Friends and Family of Frank Marenghi held a Surprise Birthday Party at Rosaria Steak House in Saugus. Shown in photo are Tina and Frank surrounded by their children and grandchildren. Happy Birthday Frank!!!!

Nazzaro Center Magnificent 7 Re-boot

Seven extraordinary girls from the Nazzaro Center's Youth Program: Serina D'Amico, Mattea Del Peschio, Alessia Pantaleo, Victoria Taieb, Isabella Vilar, Brianna Woods and Rebecca Woods showed amazing community spirit and displayed a sense of civic responsibility seldom seen in adults when they took it upon themselves to raise money for the North End Fire Station that had recently been robbed of their Muscular Dystrophy Fundraising 'boot!' Those familiar with the Hanover Street station, Ladder 1 and Engine 8, know that the firemen there leave a fire boot out 24 hours a day for the collection of donations towards muscular dystrophy. Apparently, there was a tiny window of opportunity for one or more thieves during the overnight hours one evening and the boot went missing. It wasn't made public how much the bandits got away with, but the Nazzaro Center girls, completely on their own, came up with the idea to

center during the recent mayoral election (the center is a polling station) and donate whatever they raised to the 'boot.' Because it was a school day, the sale didn't kick off until about 3:00 pm and, again, because it was a school night, it ended sometime around 5:30 pm. But before the girls went home for the night, they took the short walk from North Bennet

hold a bake sale at the Street to Hanover Street and presented the station with **\$85.00**! The total was irrelevant. These 7 girls ranging in age from 8 to 12 could, on their own, come up with such an unselfish, heartfelt act of compassion and carry out their plan with virtually no adult supervision speaks volumes about their morals and upbringing. These seven young ladies and their parents should feel proud.



The girls visit the Hanover Street Fire Station.

L'Anno Bello: A Year in Italian Folklore

The Pleasures of October

by Ally Di Censo Symynkywicz

October is here! The month of falling leaves and wandering souls descends upon the world with its soft orange glow. Though the first few days of October this year will see temperatures higher than average, I can still smell the smoky scent of crisp cool nights in the early evening air. This is the month where I can taste the creaminess of pumpkin in all sorts of delectable treats, from muffins to breads to hot chocolate. The month where stores brim with crumpled witches' hats, monster masks and wobbly cloth ghosts all in preparation for the holiday of the dead known as Halloween. October is one of my favorite times of the year, because the Earth seems at its most vibrant right before settling for a long winter sleep. In the midst of the apples and leaves and chill winds that characterize this season, I take the time to appreciate the small details that enhance life. Across the ocean in Italy, October begins with a festival devoted to the very preciousness of

On October 4th, Italians swirl outside the window, will celebrate the feast day of St. Francis of Assisi, their patron saint. I remember visiting Assisi years ago and marveling at the city's cobblestoned medieval streets and fairy tale existence perched on the top of a golden hill. Despite the tourists, Assisi felt so quiet and peaceful, as if an enchantress had enclosed the village within a magical spell. On the feast day of St. Francis or San Francesco as he is known to the Italians, Assisi bursts alive with parades, folk dances, markets and delicious food. The highlight of the day is the blessing of the animals, held in honor of the renowned natureloving saint. The tradition of blessing pets and other animals has been carried over to the United States and forms the staple of St. Francis's Day celebrations in many Italian-American communities. I keep St. Francis in mind whenever I enjoy the natural beauty of October. The chattering of squirrels as they search for acorns, my cats intently watching leaves

the melancholy honking of geese as they migrate in V-formations across a cloudy sky — all of these images fill me with a sense of admiration and tranquility. St. Francis's Day reminds me that nature is worthy of respect, and that by honoring all life around us, including plants and animals, we can in turn enrich our own experiences.

Indeed, October offers us ample moments to enjoy the small details which come together to make autumn the beautiful, life-affirming season it is. The sight of a pumpkin patch laden with bright orange orbs and twisty green vines speaks of the Earth's abundance. Yellow leaves sprinkled across a shady walkway crunch under my feet, providing the musical rhythm of the season. A kitchen vibrating with the scents of apple and pear and ginger calls for family gatherings, a shield of food and laughter and love against the darkening nights. Bare branches silhouetted against

(Continued on Page 14)

by Sal Giarratani

We Are All Canadian Geese Now?

One day last week, I was driving along the Jamaica Way heading from the Longwood Medical Area on my way to my niece's house in Roslindale to do laundry. I live in a man cave over in East Boston. I can't see Alaska from my window but if a plane were headed to Alaska, it would probably fly a few feet over my house. The only thing I see from my window is the back of the local firehouse. However, I digress here. Back to this week's commentary. As I drove along the road past the Jamaica Pond and noticed lots of Canadian Geese pecking for food on the ground. These birds must eat a lot because they are quite large. You never saw these birds back when I was a kid because every winter they flew home to Canada, hence their name Canadian Geese. These birds now are apparently too lazy to fly anywhere and seem to like it here. They are also quite arrogant. If they want to cross the street they won't wait for the light to change, they just walk into the road and dare you to hit them. They take their ever-loving time too, liking to %#@* motorists off.

As I thought about these birds, I was thinking about all those people around us who act like these geese a lot. All they do is wait around for more free stuff from the government. They only complain when the free stuff runs out. Even then most are too lazy to do anything but complain. These are the professional victims of society. The 99 percent, who blame everything on the 1 percent, ruling class. One time America was called a nation of sheep but many of us do not even have the energy of a lamb. They wait around and hope someone comes along to fix their lives but it never seems to happen. Nor do these folk come to realize they control their own lives.

These are the no information and low information Obama-mites. They &^%*# about everything but do nothing. These characters wouldn't dream of voting on Election Day, it makes their heads hurt. We used to be, a government for the people, by the people but too many of us have gone A.W.O.L on this duty of ours. Now too many of us are content to let others make their life decisions and go along for the ride aimlessly walking the Earth like those Canadian Geese. If they find something to eat without working for it, it's another day in paradise for them. No responsibility, no better tomorrows and content with being helpless and hoping for benevolence. This could be a way our democratic republic is endangered today. We are the government. We are not helpless, geese on the roadside of life.

I refuse to be a Canadian Goose. I am an American and I stay involved. I don't expect free stuff from anyone especially government. I worked hard my whole life and have enjoyed every moment. You can retire from a job but not from life and your responsibilities. We can-not become bird brains.



The Mediterranean Diet

The Mediterranean Diet was the featured topic at the annual meeting of the Pirandello Lyceum. Speaking at the annual meeting on September 24th at the beautiful Rosaria Ristorante in Saugus was Dr. Domenic Amara, well known for his appreciation of the Italian diet, life style and traditional folk medicine. Dr. Amara, who recently retired as an Academic Superintendent in Boston Public Schools, is a member of the Board of Governors of the Pirandello Lyceum, an association dedicated to studying and sharing of Italian culture to both Italians and non-Italians alike. Boston Magazine, has identified the Pirandello as one of the leading Italian-American organizations in the country, with hundreds United States

"The Pirandello is com-



Dr. Domenic Amara

ian culture yet, as Americans, appreciate American values and are loyal to its creed," said Pirandello President Rosario Cascio. "Its membership includes individuals in the field of government, medicine, law, architecture, education, science, of members in the Boston engineering, religion and area and throughout the business." We were pleased the Mediterranean Diet, posed of individuals who said President Cascio. His share a common love of Ital-background in biology,

chemistry and education makes him both qualified and able to communicate this to a broad audience. "Moreover", said Cascio, "Dr. Amara is passionate about validating the power of the Mediterranean diet, life style and folk medicine that has been passed down from generation to generation. It is very personal with him."

Dr. Amara spoke of the Mediterranean Diet as a way of living, not just its cuisine. "Food is a large part of the Mediterranean Diet," said Amara, "and there is much research which validates that wholesome food, prepared in the ways of our parents and their parents and their parents before them, is associated with a better quality and longer life." He said that the closer one followed the true Mediterranean Diet, that is, a variety to have Dr. Amara speak on of fresh fruits and vegetables, nuts, berries, grains, roots; water; fish but very little red meat, dairy products or sweets; and, a limited quantity of good fats, such as quality olive oil, the healthier a person is likely to be. He emphasized, however, that life-style is also a factor. Associations with friends and family, sleep, not smoking, exercise and even the moderate drinking of wine are all part of the true Mediterranean Diet.

We can learn a great deal from the ways of our parents and grandparents, said Amara. For example, he said, Purslane — Portulaca oleraea — unknown to most Italian Americans today was a staple salad vegetable for Europeans. Early immi-

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West End Museum to Honor

JUDGE DOMENIC J.F. RUSSO

for Italian Heritage Month

On October 8, 2013, at 7:00 pm, The West End Museum will host their new honoree for this year's Italian Heritage Month: Judge Domenic J.F. Russo, the retired First Justice of the East Boston division of the District Court. Each year, The West End Museum recognizes and honors current and former West Enders of Italian heritage who have contributed to preserving the culture of the West End and its rich immigrant history.

"Judge Russo always has a calming story to tell at board meetings," said Duane Lucia. "His wisdom, advice and guidance have been invaluable to the success of The West End Museum."

Please come join them for a night of commendation and celebration. There is no charge for this event and refreshments will be served.

For more details and to register for the event, please visit www.TheWestEnd Museum.org or call 617-723-2125.

About the West End Museum:

The West End Museum is dedicated to the collection, preservation and interpretation of the history and culture of the West End neighborhood. The Museum's permanent exhibit, "The Last Tenement," highlights the immigrant



history of the neighborhood through its decimation under Urban Renewal in 1959; two additional galleries feature rotating exhibits. The Museum is located at 150 Staniford Street, Suite 7 (near North Station). Hours: Tuesday -Friday 12:00 am - 5:00 pm, Saturday 11:00 am - 4:00 pm

Admission is free.

The Friends of the Charlestown Branch Library Present

SPIRITS OF CHARLESTOWN

Paranormal Phenomena in Charlestown

Spirits of Charlestown with MaryLee Trettenero: presented by the Friends of the Charlestown Branch Library on Thursday, October 24th at 7:30 pm. Free and open to all, with a reception following.

Charlestown resident MaryLee Trettenero is well known throughout Boston and vicinity as a gifted intuitive, healer and psychic medium. Since 2005, she

has been communicating with Spirits that have a special connection with Charlestown. In her presentation, Trettenero will be sharing ghost stories of former residents and people who worked in Charlestown, visited here, had family here, or British and American soldiers who fought in the Battle of Bunker Hill and died here.

In her presentation, which will include video clips of some of her paranormal investigations at Charlestown historic sites,



MaryLee Trettenero

Trettenero will discuss what these, Spirits of Charlestown revealed to her. She will talk about the commonly known history of Charlestown and the additional little known or forgotten history the Spirits have shared. Evidently for them sharing these stories is a very healing process.

Trettenero will talk about haunting from a number of different vantage points:

paranormal investigations, residual energy in the land, Psychometry, and her experiences as a practicing psychic medium. She will also reveal a little bit about the archeological dig that took place in the Training Field where she was able to hold artifacts just as they were being pulled from the holes where they were found. For Trettenero, much can be revealed just by holding a piece

(Continued on Page 15)

A Frank De Pasquale Venture

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PIRANDELLO LYCEUM 'S **EVENING OF ITALIAN SONG**

President Rosario Cascio has announced that the Pirandello Lyceum will present the Evening of Italian Song on Monday Evening, October 14th at Fillippo's Ristorante on Causeway Street, North End, Boston at 5:30 pm.

This program is in conjunction with October Italian-American Heritage Month. Through the generosity of Filippo and Anna Frattaroli, the Pirandello Lyceum holds this event as part of its scholarship program. The evening consists of a delicious Italian buffet dinner with timeless Italian music and song. Pat Benti and Ray Cavicchio will provide the music and song accompanied by our guests whose singing reflects the various regions of Italy.

This evening of music, singing and fun is open to the first 100 people who make reservations and mail in their check. Please call Nicolane Ciano at 617-354-9400 to reserve your space and mail your check to the Pirandello Lyceum P.O. Box 565, Boston, MA 02128. For additional information e-mail Maria Luisa Saraceni, chairperson of the event-saraceniG@aol.com.

Celebrate Italian Heritage Month

with the Classic Music of

Dean Martin and Frank Sinatra

Celebrate with the Classic Music of Dean Martin and Frank Sinatra on Saturday, October 26, 2013 beginning at 1:00 pm. NEMPAC and the North End Library will join to celebrate Italian Heritage Month. What better way to celebrate our North End community than with live music? Scott Boni, or favorite local saxophonist, will present an Italian themed performance at the Library that will include favorites such a Frank Sinatra and Dean Martin classics. This event is free and open to the public.

Come Play the NEMPAC/Old North Church Foundation **Street Piano in the Old North Church Courtyard!**

Music and Performing Arts Center and The Old North Church Foundation will help kick off the 75th year of the Celebrity Series of Boston season by co-hosting a piano for the, "Play me, I'm Yours!" street piano festival here in Boston. The piano will be held in the Old North Church courtyard and is available to the public for playing during the festival, now through October 14th.

The excitement began when NEMPAC was first given the street piano this past summer. The piano was launched at the NEMPAC family night on July 18th, and painted by North End artist and resident Giovanni DeCunto to

Together, the North End represent his view of a mod- door home, the Old North ern, Italian American community. The piano has since been moved to its out-

Church Courtyard so that

(Continued on Page 15)



Lecture and Power Point Presentation "St. Francis of Assisi as the Sun Upon the World"

On Saturday, October 26th beginning at 10:30 am, a Lecture and Power Point presentation will be presented by Luisa Marino, Vice President of Cultural Affairs, Dante Alighieri Society of Massachusetts on "St. Francis of Assissi as the Sun Upon the World" from Dante Aligiheri's "Divine Comedy" Paradiso Canto XI-49-5 at the North End Branch Library, 25 Parmenter Street, Boston, MA.

Coffee and Biscotti will be served.

For further information, please contact Branch Librarian Susan Voloshin at 617-227-8135 or online at www.bpl.org.

> For events going on in Massachusetts this FALL,

visit the Massachusetts Office of Travel & Tourism Web site at www.massvacation.com.

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Bursts of Light and Fresh Air

Peace and Tolerance are Starting to Break Out

by Donald Kaul

I know that life is supposed to be full of surprises but the last few weeks have been ridiculous.

For example, you had the unnerving spectacle of Vladimir Putin, the former KGB thug who runs Russia, rescuing Barack Obama, the former community organizer who runs his mouth, from the trap Obama had laid for himself.

President Obama was, to borrow a phrase, between a rock and a hard place. Bashar al-Assad, the Syrian president, was behaving badly — killing people, possibly with poison gas, that sort of thing — and refused to stop.

So Obama, who had warned and warned al-Assad of dire consequences, decided to lead a charge against the dictator. But when he jumped out of the trenches, raised his sword and said "follow me," nobody followed him.

Not Democrats nor Republicans, not England, Europe or the United Nations, not the American people.

He was out there alone in No Man's Land, except for a funny looking French guy with glasses. So he said "Maybe I should get Congress's approval on this. That would be a good idea." But not that good an idea. If Congress rejected him on the issue he would either be forced to attack Syria on his own authority (and his authority isn't what it used to be) or be seen letting a murderous pipsqueak back him down.

Enter Vladimir Putin to save Obama from disaster by saying "Gentlemen, gentlemen, can't we all get along?" Russia offered to help negotiate the crisis and both Obama and Al-Assad jumped at the life preserver offered them and negotiations began.

Thus, we didn't get dragged into another no-win war, Putin walked away smelling like a rose, and Obama lived to vacillate another day. What's not to like?

What's not to like?

We had hardly recovered from the shock of being introduced to Vlad the Statesman when Iranian President Hassan Rouhani began making peaceful noises to us, suggesting that maybe something could be worked out on the issue of their nuclear program.

Nothing definite was proposed, mind you, but it has been hinted that perhaps Iran would give up its nuclear activities in exchange for an easing of the sanctions that have crippled its economy.

I don't know what if anything will come of it, but it's a lot more encouraging than their Great Satin riff. And if it eases tensions between the two countries and makes a "nuclear event" less likely, it would be a marvelous achievement.

Do you think it's possible that Obama's maddening rope-a-dope style of diplomacy is actually working? Now that would be a surprise.

But perhaps the greatest surprise of all came from the Pope, of all people. In an interview with an Italian Jesuit journal he said that the Church shouldn't be so obsessed with abortion, contraception, and homosexuality. The Church, he said, had "locked itself in small things, in smallminded rules" and shouldn't be so prone to condemn.

He further said he envisioned a greater role for women in the Church and that he wasn't in a position to judge homosexuals who are of good will and in search of God.

Wow. I never, in my life-

(Continued on Page 14)



ALL THAT ZAZZ

by Mary N. DiZazzo



Ciao Bella,

Technology in just about everything these days has exceeded my expectations. One giant step in particular is "hair care". Expert stylists and scientists equal brilliant science! This team of inventors from MIT patented new molecules that completely change how hair behaves! Their simple ambition was challenging conventional wisdom to solve tough beauty problems. This is not a traditional beauty company instead it rethinks conventional wisdom found in science and brains! They believe beauty is more than skin deep and every day can be a good hair day. They have made us "Living Proof."

The "Living Proof" story is beautiful chemistry consisting of the invention of better produced, quality hair product with "proof" in a bottle. In 2004 Dr. Bob Langer, MIT Professor and world-renowned biotech inventor teamed up with his



partners to take a look at the beauty industry and what was actually in beauty products. They realized the same off-the-shelf ingredients were completely inferior to what they believed could turn around the face of hair care. They did it! Their proven patented scientific breakthrough awards have astonished beauty experts. Hair is full, thick with body and volume! Hair is revivable and long lasting! Truly what we are all seeking.

I'm always the first to try bless the a new line of hair care. When America!

I read about the "science" involved from one of our own I was intrigued. With its Money Back Guarantee I felt I had nothing to lose. Experience is the best way to explore product info! Well I've really loved the effects of the way my hair feels. One of its products keeps your locks cleaner! Another handles the "frizzies" pretty well considering I've tried them all for my Italian locks and none have ever really worked. Just a greasy mess! The straighter acts as it says with either wet or dry hair. This brilliantly bulletproof molecule that scientists developed creates a thin shield over each strand of hair and with time strengthmaking hair healthier.

Make your hair Living Proof! Customer service: 1-866-240-9933, www.living proof.com.

Buona giornata and God bless the United States of America!

Read prior weeks' "All That Zazz" columns at **www.allthatzazz.com**. Mary is a third-generation cosmetologist and a Massachusetts distributor of Kosmea brand rose hip oil products. She may be contacted at (978) 470-8183 or **mary@mary4nails.com**.

Masshealth Careplus Program to Serve Low Income Massachusetts Adults Under Affordable Care Act

Six Managed Care Organizations Selected to Provide Comprehensive Health Care Services to Masshealth Careplus Members

On Tuesday, September 23, 2013 The Secretary of Health and Human Services (HHS) John Polanowicz announced six managed care organizations have been selected to provide comprehensive health care coverage for low-income adults who will qualify for the new MassHealth CarePlus Program as part of the Affordable Care Act (ACA) starting in 2014

The ACA allows states to expand Medicaid coverage to low-income adults making less than 133 percent of the federal poverty level — about \$15,000 a year for an individual. CarePlus is MassHealth's new benefit plan for this population. HHS expects about 325,000 individuals to be enrolled in MassHealth as part of the ACA's Medicaid expansion; the majority of which will be enrolled in MassHealth CarePlus.

"President Obama's Affordable Care Act has many important benefits for Massachusetts, including an expansion of Medicaid coverage to more low income residents through our new CarePlus program," said Secretary Polanowicz. "This program will help us expand our already nation-leading coverage, with more comprehensive, streamlined care, and additional federal funding to support this population."

Six MCOs were selected through a competitive process to serve MassHealth CarePlus members, including: Boston Medical Center HealthNet Plan, CeltiCare Health Plan of Massachusetts, Fallon Community Health Plan, Health New England, Neighborhood Health Plan, and Network Health. These MCOs will now work with HHS to prepare for the January 1st, 2014 start date for CarePlus enrollment.

MassHealth will automatically enroll existing eligible members in CarePlus, and members will have the opportunity to select among the CarePlus MCOs, when they receive their new enrollment guides in December.

"Each of these managed care organizations has a strong record of serving members through MassHealth or Commonwealth

Care and we're excited to work with them through the ACA to provide enhanced coverage to more members," said Acting Mass-Health Director Kristin Thorn.

Under the ACA, many low-income employees who were not previously eligible for subsidized coverage will also become eligible for MassHealth CarePlus without penalties for employers.

MassHealth is Massachusetts' Medicaid program serving low-income people. The state-run program receives significant federal financial support, and the ACA enables a higher federal matching rate to provide coverage for Medicaid expansion. The ACA has also provided funds to improve program integrity at MassHealth, to prevent fraud and abuse of the system before it happens.

Using tools available through the ACA, the Patrick Administration is significantly streamlining state health insurance coverage within MassHealth and the Health Connector. Learn more about how the ACA is good for Massachusetts visit: http://www.mass.gov/eohhs/feature-story/top-10-reasons-why-the-affordable-care-act-is-good.html



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Mrs. Murphy . . . As I See It

Technically its a religious gathering, but I autumn, but we are still having summer weather.

Tuesday started the government shutdown and Obamacare. The people are in for it as far as the quality of healthcare they receive under the Obamacare dictatorship. For those who voted for the war monger, HOW DO YOU FEEL NOW? Obama, a community activist in 2005 was thrust into the spotlight by desperate Democrats seeking a win! He is a disgrace to this country and hasn't a clue as to how to run it and neither does his selected cabinet! ... Another Mob movie set for Boston. Ben Affleck is set to direct a new TV crime drama using fictional names based on the life and times, I believe of notorious Mob King Whitey Bulger. Fox Broadway Co., has ordered a pilot of "The Middle Man." The gritty 1960 era show will focus on the life of fictional FBI agent Rudy MacAteer and his attempts to take down the Italian-American Mafia with the help of his confidential informant, an Irish-American gangster named Mickey Flood which acts like a duplicate of Whitey Bulger. According to the show's creators "as Rudy finds himself forced to bend the laws he pledged to enforce, the duo's actions inadvertently give rise to the Irish-American mob ... If we are fortunate enough to win the bid for a casino at Suffolk Downs, we can expect plans to be the world's most sustainably designed and built casino resort. The plan includes conserving water, increasing open space, recovering food waste, reducing energy and encouraging public transit. Plus receive a billion in much needed revenue. It's a no brainer ... There are people that find it offensive to walk by a group of people smoking the Hookah Pipe. Smokers say it's up! ... Till next time!

think it's more of a pleasure gathering. Hookah lovers say it's just tobacco smoke, I think there's more in that Hookah Pipe than tobacco. In any event, it doesn't look good for children to see. People walking with and without children on Revere Beach Boulevard find it offensive. What is the Mayor of Revere saying. Is he in favor of smoking the Hookah Pipe in public or not? ... Retailers want to get the last drop of blood out of their customers. A customer cannot make a purchase any more without the salesperson trying to get all their personal information. Name, address, telephone number and credit account number please!!! Of course, the privacy of your credit account numbers is kept private under law. But, that's about all that's kept private. I believe these retailers sell off your information to telemarketers that in turn plague you with telephone calls at home and on your cell all hours of the day and night. So, if vou're wondering how a telemarketer was able to reach you on your private cell or home number. Ask yourself, "Did I give that information to a retail store on my last purchase?" To try and put an end to this invasion of privacy, refuse to give any of your information away ... I have a good feeling Marty Walsh, union organizer and blue collar worker will be Boston's next mayor. John Connolly just doesn't cut the mustard. Connolly talks hours at a time on public education. (Doesn't seem to know anything else) Parents who are serious about their children's education send them to private institutions and those children that attend public schools, parents keep a close eye on their learning habits. Boston has more than one issue, Mr. Connolly, wake

Immersion in Italian Culture Day

by Sal Giarratani

As part of the Annual "October is Italian Heritage Month" in Massachusetts, the South Shore Italian-American Culture Organization will be gathering at the Archbishop Williams High School located at 80 Independence Avenue in Braintree on Sunday, October 6th from 1:00 pm to 5:00 pm.

It will be a day of Italian food, art, music and dance. For more information, please contact the Braintree Town Clerk's Office at 781-843-5095 during regular business hours. There will be a limited number of tickets available at the door on the day of the event.

This Immersion in Italian Culture Day is being sponsored by the Italian American Culture Organization an Italian culture group that fosters a greater awareness about the Italian culture based on the South Shore. Call for more ticket information.

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The Financial Corner

BY JOSEPH S. VITA

SHOULD YOU RETIRE NOW, OR LATER?

Financially, there are Reasons Why You May Want to work a Bit Longer

The case for working past 65. Increasingly, baby boomers are urged to work until full retirement age or beyond. (Social Security defines "full" retirement age as 66 for those born from 1943-1954; it incrementally rises to 67 for those born in 1960 or later). If your health and workplace allow this, it may be a good idea for a few notable reasons.1

Your Social Security payments will be larger. Researchers from UCLA and Duke University jointly conducted a study and found that about 80 percent of Americans sign up for Social Security before full retirement age. In fact, 50 percent of Americans claim their federal retirement benefits either at age 62 or within two months of losing or quitting a job they hold at age 62 or older. The rush to get Social Security comes with a distinct penalty, though.2

As an example, take a hypothetical preretiree named Sharon. Born in 1952, Sharon wants to retire next year at age 62. If she leaves work and claims Social Security benefits in 2014, she will end up getting 25 percent less in monthly benefits than if she had waited until her full retirement age of 66.3

You have a chance to save more. Most people need to save more for retirement. Why not give yourself more years to amass extra funds for the next stage of life? They may even prove to be your peak earning years. If you have considerable retirement savings, think about the boost your nest egg could get from just two or three more years of growth and compounding.

Additionally, the longer you work, the shorter your retirement becomes. If you work two or three years longer, that is two or three years less of retirement that you have to fund.

You can pay down debts. Do you have a dream of retiring debt-free? Why not give yourself a better chance to realize it? Too many people are approaching retirement with significant debt - not just mortgage debt, but also business and education loans, auto loans and high credit card balances. This is becoming a major headache for baby boomers.

In a recent Securian Financial Group survey, 67 percent of those polled anticipated retiring with an outstanding mortgage. Credit card debt may seem easy to manage, but consider that most cards charge interest rates of 15 percent or more. In retirement, will your investments give you that kind of return? Retiring with your house paid off also puts you in position for a reverse mortgage should you need another income stream.^{2,4}

You can keep your health insurance. If your employer sponsors a health plan, leaving work at age 62 is a definite risk when you aren't eligible for Medicare until age 65. Unless you want to shop for your own health insurance or live without coverage for up to three years, it makes sense to stay on the

You have a chance to delay RMDs from your workplace retirement plan. Owners of traditional IRAs, SIMPLE IRAs and SEP-IRAs must take Required Minimum Distributions from those accounts after turning 70½. It doesn't matter whether you are working or retired; you must do it. That isn't the case with qualified retirement plans such as 401(k)'s, 403(b)'s and 457(b)'s. With some exceptions, you can wait until the year in which you retire to take your first RMD from those accounts. So each year you work past 70 potentially represents another year in which you don't have to take an RMD from a qualified retirement plan and see your income taxes jump as a result. No RMD also means a bigger account balance that may benefit from another year of compounding and investment returns.4,5

You may even be happier. Working provides a sense of purpose and accomplishment. If you don't have a new passion or objective in mind when you end your career, you may start to feel a bit adrift.

A 2012 report from the American Psychological Association's Center for Organizational Excellence found that workers older than 55 enjoy their jobs more than any other age group. Asked why they stayed at their particular job, 80 percent of the employees polled who were older than 55 said job enjoyment was the main reason, with 76 percent noting "work-life fit" as the leading justification. In contrast, only 58 percent of employees aged 18-34 cited job enjoyment as a motivation to stay with their current employer, and just 61 percent felt their jobs fit well with the other aspects of their lives.⁶

So if you like what you do, you may want to keep at it a little longer. The financial and emotional benefits could be considerable.

Joe Vita may be reached at 781-933-6533 or joe.vita@trilogyfs.com www.trilogyfs.com

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- ¹ ssa.gov/retire2/retirechart.htm [9/19/13]
- ² dailyfinance.com/2013/09/10/ reasons-70-new-62-retirement-social-security-debt/ [9/10/13]
- ³ ssa.gov/retirement/1943.html [9/19/13]
- 4 marketwatch.com/story/5-reasons-you-shouldnt-retire-2013-09-17[9/17/13]
- ⁵ irs.gov/Retirement-Plans/Plan-Participant,-Employee/Retirement-Topics—Required-Minimum-Distributions- %28RMDs%29 [9/4/13]
- 6 apaexcellence.org/resources/ goodcompany/newsletter/article/ 391 [9/5/12]

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• Italian Heritage Month (Continued from Page 1)



L-R: James DiStefano, President October Italian Heritage Month; Giusepe Pastorelli, Consul General, Honorary Chairman, Lilla Pastorelli and Kathy DiStefano.



Judge Peter Agnes, Alessandro Golkar, Giuseppe Pastorelli and Lino Rullo

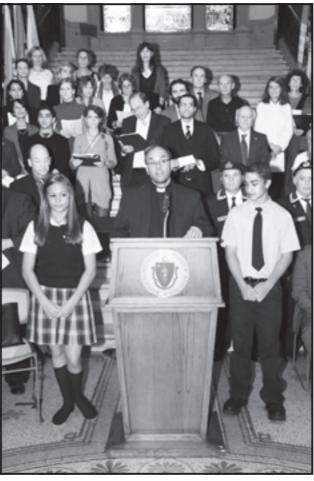


Governer's Council Marilyn Kevin Galie, Coro Dante M. Petitto Devaney



Music Director





Invocation by Fr. Wayne with students from Sacred Heart in East Boston, Coro Dante in the background.





Senate President Robert DeLeo



State Senator Sal DiDomenico



Carmelita Bello, Massachusetts State President, Order Son's of Italy in America.



Members of the Associazione Nazionale Marinai D'Italia



Mr. Yang accepts the Scholarship award for his daughter Anna from Donato Frattaroli. L-R: Stephen Maio, Sal Bramante, Donato Frattaroli, Consul General Giuseppe Pastorelli, Mr. Yang and Lino Rullo



Socially Scene

by Angela Cornacchio



"Fashion's Finest" Designer Nara Paz, Denise Dunbar and Journalist Helena Martin were in attendance for Boston's Fashion Week's opening this past Friday at (Photo courtesy of Angela Cornacchio) Bond.

Socially Scene Reviewed for the night I spotted a

.... This past Friday Boston Fashion Week opened up at Bond Lounge in the Langham Hotel. It was a highly attended event for fashionista's to gather, meet designers, models and founder Jay Calderin.

It was great to see Bostonians at their finest wearing the top designers and prints of the moment.

There were many designthem in one of their pieces to be presented through the week. To pick a favorite of the night would be Sasha Thomas and her elegant yet dark gown from her Til Death collection modeled by beauty Tracy Fiorillo.

Just as I came to realize I may have done my duties

classic in the fashion scene, Denise Dunbar. I had never actually met her but the dress she wore was more than enough reason to approach her for a picture.

At this point it was getting late and Bond is one of the more trendy night spots in the city so it began to take shape of a younger yet still very fashionable crowd. It was nice to sit and enjoy ers in attendance and how the chic side of a fashion you could spot them out event as I felt honored to was that they had a tall be sitting with very well glamazon walking next to respected names in the industry. The models and followers pouring in began to get hyped from the DJ and started their own runway show.

> Fashion Week will come to a close this Sunday right where it started at Bond in the Langham Hotel. There are still plenty of shows to

catch and a full listing is at www.bostonfashionweek.com. If you happen to make it out to one be sure to find "Socially Scene" I would love to meet you!

Music in the Streets Celebrity Series of Boston has brought the city; Play Me, I'm Yours Street Pianos. The "event" more like race to find the music started last week and will continue through October 14th.

Mayor Menino, Celebrity Series Executive Director Gary Dunning and Luke Jerram (the artist who developed Play Me, I'm Yours) kicked off the event last Friday in Boston's City Hall Plaza. Since the opening the Street Pianos have been moving into their "homes" throughout Boston and Cambridge and all 75 Street Piano locations are posted at streetpianosboston.com I have personally seen two and on my way home late Friday heard the most beautiful music from a gentleman named Fabio playing in the quiet night at the Rose Kennedy Greenway.

Saturday, October 5th there will be a kick-off party to celebrate Street Pianos Boston. It will be an incredible evening of drinks, desserts and celebration! Visit www.celebrityseries.org for more information. Be sure to follow the Street Pianos Boston Facebook and Twitter accounts and use hashtag #streetpianosboston to make sure they see your posts! Anyone can post their photos and videos to www.street pianosboston.com and share their experience online.

4th Annual Boston Local Food Festival Will take place Sunday, October 6th at Rose Kennedy Greenway, Atlantic Avenue and Milk Street, Boston from 11:00 am to 5:00 pm and a family friendly FREE event!

Shop, taste, learn and play at New England's largest one-day farmers market and celebration of local food. Produced by Sustainable Business Network of Massachusetts (sbnmass.ora). Boston Local Food Festival is a free outdoor festival that showcases local farmers, restaurants, food trucks, specialty food producers, fisher folks and organizations focusing on healthy local food and fitness from New England. The festival also features lively chef & DIY demos, a seafood throwdown competition, diverse music

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Boston's 4th annual Food Festival will take place this Sunday.

(Photo courtesy of thewilliamsagency)

and performances, a family fun zone and more. Themed Healthy Local Food for All, the festival connects Massachusetts and New England eaters of all backgrounds with the abundance of fresh, nutritious local food choices available close to home.

Festival goers learn about the benefits of sustainably grown and produced food, shop the market, eat delicious local food and participate in fun, educational activities and exhibits such as: Seafood Throwdown, hosted by the Northwest Atlantic Marine Alliance, between top chefs from Boston Medical Center and Boston Children's Hospital Family Fun Zone featuring Boston Collaborative for Food and Fitness Trivia Wheel, Sproot Cooking for Kids with Kids with muffin tastings, South Boston Grows Youth Chef Demo, New England Aquarium Tide Pool and more! DIY with local folks sharing skills including pickling, fermentation and wheat grass juicing Crop Share — bring your extra garden or CSA produce to share with those in need!

The festival is a zerowaste event, meaning over 91% of waste is diverted from landfills and 100% of its energy use is offset each year! Best of all, SBN brings this annual event to the community free of charge. So grab your reusable water bottles and bags and enjoy New England's largest oneday farmers market, while

celebrating Healthy Local Food for All. To learn more about the festival, featured vendors and activities, visit: bostonlocalfoodfestival.org.

The New England Dessert Showcase October 12th at the Westin Boston Waterfront you can find your guilty pleasure and so much more.

The 2013 New England Dessert Showcase is the best edition yet and with a new venue and a milestone year. Each year Anthem hosts its annual New England Dessert Showcase — the most popular boutique dessert event in the country! The Showcase will feature the finest exhibitors sampling their various designer desserts, chocolates, ice cream and more.

VIP and Private Tasting ticket holders have an extra chance to mingle and indulge before The Showcase festivities with the Friday Night Kickoff Party. Everyone will enjoy complimentary appetizers, drinks and pastries. Space is limited so be sure to RSVP once you have purchased your VIP or Private Tasting tickets! The kickoff party is set for Friday, October 11th from 7:30 pm to 10:30 pm at Porters Bar & Grill located at 173 Portland Street, Boston.

A famous quote the showcase stands by is, "it is never to early to start thinking about dessert." This year's

(Continued on Page 13)

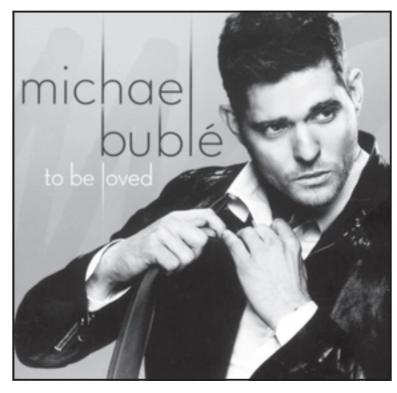




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MICHAEL BUBLÉ HASN'T MET YOU YET?



Canadian-born vocalist Michael Bublé hit the TD Garden with a bang last Friday (9/27) night, with a powerful show that had it all talent, humor and style. New father, Michael, was beaming while telling the audience the news that he, and his Argentinean actress wife, Luisana Lopilato were recently blessed with the couple's first child (Noah), in August. Looking dapper in his dark tuxedo, white shirt and black bow tie, Bublé opened the show with the explosive (complete with blast of fire) "Fever," stating that the TD Garden was magical and one of his favorite venues to appear in.

Armed with a set list of two-dozen songs for his 'To Be Loved' tour, he quickly brought the audience out of their seats with his hit song, "Haven't Met You Yet," prompting a teen in the audience to display the sign — 'I'm 13 and just Haven't Met You Yet.' Bublé read the sign out loud and invited the teen to the stage. This resulted in an impromptu 'meet 'n' greet' with a spontaneity that received huge crowd approval and made the young lady very happy.

Addressing the Boston Marathon bombings, he introduced the audience to a female victim he had spoken with, prior to the show and honored her with his version of "Me and Mrs. Jones." He performed on an impressive stage, replete with moving parts that moved his 13-piece band to various positions, creating different looks and completed with a mammoth video background. Bublé stepped up the romance, delivering covers as Frank Sinatra's "You Make Me Feel So Young," "Come Dance With Me" and "I've Got the World on a String," Van Morrison's spirited "Moondance" and cranked up the applause meter with another original, the well-received, self-

penned "Everything."

Michael caressed audience with his fresh, smooth as silk vocals - adding his signature charm whenever appropriate, continuing with "Close Your Eyes" — a single from his latest CD 'To Be Loved" and covers a pair of Bee Gees songs "How Can You Mend a Broken Heart" and "To Love Somebody." Additional highlights included the charttopping "Home," plus a pair of Jackson 5 covers during the Motown segment, offering up "Who's Loving You" and "I Want You Back," while walking amongst the crowd. A shot of The Beatles' "All You Need is Love," followed by the showering of red and white hearts raining down on the crowd and the Bublé version of the Elvis Presley wiggle was evident on the fast-paced "Burning Love."

The colorful video for the uplifting and airy "It's a Beautiful Day," featured hot air balloons, kites and airplanes. Bublé was able to further satisfy his admiring audience with a four-song encore that included a dramatic delivery of "Cry Me a River," a bit more soul via "Save the Last Dance for Me" — a monster hit for The Drifters and Randy Newman's "You've Got a Friend in Me." For the finale, Bublé teamed up with his opening act, Naturally 7, and closed the show with a moving cover of Leon Russell's "A Song for You." For those attending, they surely got their money's worth and more, with a twohour event, compliments of Michael Bublé.

The a cappella group Naturally 7 opened the show for fellow Canadian, Bublé, creating a wall of sound with some solid tunes, such as, "Summer Breeze" and "Sunshine of Your Love" and a nice salute to Stevie Wonder's "Fingertips Part 2."

(Friday, September 27th TD Garden)

The time has come, the walrus said.

TO TALK OF MANY THINGS

of shoes and ships and sealing wax of cabbages and kings

by Sal Giarratani

PARADE SEASON AGAIN

Sunday, October 6th the Annual Roslindale Day Parade will march off from Roslindale Square starting at 1:00 pm. I love this parade like I love all parades. The following weekend, don't forget the Columbus Day Parade over in the North End on Sunday, October 13th and on the following day, Monday, October 14^{th} over in the City of Revere where that city's annual parade has been brought back by popular demand.

CAROL SIMPSON HONORED IN EASTIE

On Friday, September 20th, the East Boston Kiwanis Club honored Carol Simpson, a longtime community volunteer and employee at the East Boston Savings Bank, as the recipient of Kiwanis of the Year for 2013.

GREAT HONOR FOR AMERICAN HEROES

On Friday, September 20th, folks gathered at City Hall Plaza at noon time in observation of National POW/MIA Recognition Day. As a Vietnam era Veteran, I believe we should never forget the sacrifices made by our military veterans nor forget those who never came home. They are not forgotten nor their duty to country.

RON DELLA CHIESA HONORED

Legendary radio guy Ron Della Chiesa was recently inducted into the Massachusetts Broadcasters Hall of Fame on September 12th. Over 50 years, the Quincy native and Dorchester resident has brought Jazz, Frank Sinatra and the great American Songbook into countless homes across New England. His memoir Radio My Way is currently available at www.musicnotnoise.com. Catch his radio shows Strictly Sinatra and the Great American Songbook every Sunday night starting at 7:00 pm on WPLM-FM.99.1 also known as, Today's Easy 99.1 FM

STEALING THE BOOT

Apparently, someone decided to steal the MDA boot that has been out in front of the Hanover Street Firehouse for as long as anyone can remember. It was always presumed to be safe. After all, who would ever think of stealing the money inside the boot donated by those passing by the firehouse? The boot was found torn up with the contents taken around the corner in the Prado. Someone stole it, ran into the park, tore it apart and took the loot. The guvs from Ladder 1 and Engine 8, not to be deterred, found a new boot and the fight against Muscular Dystrophy goes forth.

MARK ROSENTHAL ON BOSTON HERALD RADIO

Mark Rosenthal has been a Radio and TV Meteorologist going back to the Blizzard of '78. He has a great sense of humor and knows his stuff. I remember him mostly from Channel 5 when his hair was long and black as was his mustache. The hair is still

long but the color faded and the facial hair a memory but he is still a legend in Boston media. I put him right up there with Don Kent.

WILLY LOPEZ y VERONICA ROBLES

This past Monday, I was a guest at the pre-opening reception of LTV Productions Corp., at Veronica Robles Cultural Center in East Boston, located at 175 McClellan Highway, next to the Marriott Courtyard. East Boston continues to grow better and better.

COMEDY NITE FOR MALDEN CHAMBER OF COMMERCE

The Malden Chamber of Commerce will be holding its 2^{nd} Annual Comedy Night on Thursday, October 10^{th} starting at 6:00 pm at the Malden Moose Lodge at 562 Broadway. For more information call 781-322-4500 or email info@maldenchamber.org.

THE WEST END HOMECOMING

West Enders from years gone by will be gathering at the Irish American Club in Malden on Friday night, October 18th starting at 7:00 pm for the old neighborhood's annual dinner dance where folks gather to remember what once was for so many in what these folk's call the world's greatest neighborhood. Before swinging to the music of the Hip Pocket Orchestra, they will be sitting down to a catered Italian buffet. Log on to www.TheWestEndMuseum.org for more info. More details on this event next week.

EAST BOSTON

Caesars Resort at Suffolk Downs is sponsoring a great senior lunch on Monday, October 7th at the Hilton Harborside Hotel starting at noon time. Here's your chance to learn more about the proposed Eastie casino. Buses will be leaving for the Hilton at 10:45 am that morning from the East Boston Social Center, Cheverus School, Don Orione and the

Barnes. Need a ride and you'll find one at these four locations.

MAYOR RELEASING HIS ARMY FOR NOVEMBER

This past Monday morning, Mayor Menino released his army of foot soldiers to choose which of the two mayoral candidates they like. Already I have seen many from the Army of City Hall choosing sides and now it can be all official. In some neighborhoods like West Roxbury, Connolly is picking up good campaign folks. In places like Charlestown and South Boston, ditto for Walsh. Right now, this race is very, very close. The ground game and not the TV ads are going to win this mayoral fight.

The African American community could exert much political clout if the voters come out to vote in those neighborhoods. Staying home is never an option on Election Day.

CHECK OUT LARRY DICARA'S NEW BOOK

Former City Councilor Larry DiCara who hails from Dorchester has a new book out, Transition in Boston; A Political Memoir from the Busing Era. DiCara a graduate of Boston Latin, Class of 1968 was elected to the Boston City Council in 1971 at age 22. He was the youngest city councilor elected in history. He stayed on the City Council until 1983 when he ran for mayor. He always wanted to be Boston's first Italian American mayor but that honor would go to Tom Menino 10 years later in 1993. By the way, if anyone cares, back in the third grade at St. Rita's School in Roxbury, I told Sister Rita Mary my goal in life was to be the first Italian American elected Boston Mayor. My father told me I was Sicilian and my mother told me I was Irish. So, there is still hope I could be elected Boston's first Sicilian-Irish mayor but does anyone really care to know all this?

North End Happening ...

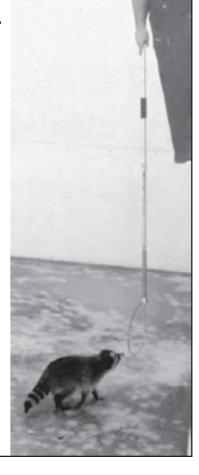
Rocky Raccoon Kicked Out of Pool

by Sal Giarratani

Recently Carl Ameno had to kick a raccoon out of the Marabella Pool. Apparently overnight "Rocky" snuck into the water for a dip, but he didn't have his membership card to scan in and also wasn't wearing his bathing trunks as mandated by Carl.

Rumor has it that the raccoon came over from Charlestown.

A raccoon got trapped in the deep pool in the North End recently. Pest control was called in to get him out. Once the pole was lowered to try and hook him, he scampered up the pole far enough to reach the ladder and ran off.







Don't miss the great duo, Timeflies, at Agannis Arena on October 9th! Check the MUSIC section for further information.

MUSIC

TD GARDEN 100 Legends Way, Boston, MA 617-624-1050 www.TDGarden.com

NINE INCH NAILS — October 11. On September 3, Columbia Records released *Hesitation Marks*, the new full-length album from Nine Inch Nails. Recorded in secret over the last year. Trent Reznor teamed with producers Atticus Ross and Alan Moulder to create the first new music from Nine Inch Nails in five years. Plans were also unveiled for "Nine Inch Nails: Tension 2013" — a fall 2013 North American arena tour. Reznor says, "Tension picks up where Lights in the Sky left off. This is the full-on NIN live experience realized as we never could before."

SELENA GOMEZ — October 12. World-wide, multi-platinum-selling singer and actress Selena Gomez announced that she will embark on a 56-city world tour in support of her highly anticipated summer album. The tour will hit the TD Garden on Saturday, October 12. As an artist, Selena has already sold more than 10 million singles in the U.S., along with three RIAA-certified top-ten debuting gold albums, and three #1 Billboard Dance Singles. Her last album, When The Sun Goes Down with Selena Gomez & The Scene was released June 28, 2011 and was certified gold in November of that year. "I couldn't be more excited to tour again but this time around the world," said Selena. "This has been such an interesting few months. My music has grown and I want my fans to see a new side of me. Can't wait to see y'all on the road!"

AGANNIS ARENA 925 Commonwealth Ave., Boston 617-358-7000 www.BU.EDU/Agannis/

TIMEFLIES — October 9, 2013. Timeflies combines pop songwriting styles with the studio tricks and big sound of dance music. Since the release of their debut album "The Scotch Tape" in September 2011, Boston pop-rap duo Timeflies has

www.italiaunita.org.

amassed a dedicated following that is ready for new music. This fall, Rob "Rez" Resnick and Cal Shapiro will return in grand fashion with "Warning Signs," Timeflies' next proper full-length album, which will be supported by a sprawling fall U.S. tour.

HAMPTON BEACH CASINO 169 Ocean Boulevard 603-929-4100

www.CasinoBallroom.com

LYNYRD SKYNYRD — October 4. With a catalog of over 60 albums, sales beyond 30 million worldwide and their beloved classic American rock anthem "Sweet Home Alabama" having sold over two million ringtones, Rock & Roll Hall of Famers Lynyrd Skynyrd remains a cultural icon that appeals to multiple generations. But far from resting on their laurels, any illusions that this may be a band at anything less than the height of its powers are quickly lost with the distorted fury of the fiery guitar licks that open the album's title track and further put to rest with the gritty triumphs that follow. In a tragic tale oft-told, the Skynyrd story could have ended in a Mississippi swamp with the 1977 plane crash that killed three band members, including Ronnie Van Zant and Steve Gaines. Since then, the band has lost vital players in Billy Powell, Ean Evans, Allen Collins, Leon Wilkeson and Hughie Thomasson, yet here they are again with a hard-rocking, stirring album that can sit proudly alongside any recording that bears the Skynyrd name. The breed may be nearing extinction but Skynyrd is very much alive and ready to throw

FREE EVENTS

BOSTON COMMON Boston, MA

SOCIETY CONNECTION'S BOSTON LIGHT THE NIGHT TEAM —

October 10. Society Connection, the young professionals group associated with the Leukemia & Lymphoma Society, will have a Light the Night team participating at the Boston walk! Check out the team page to join our team and/or make a donation!! By

ITALIAN RADIO PROGRAMS

"The Sicilian Corner" 10:00 am to 12 Noon every Friday with hosts Tom Zappala and Mike Lomazzo and **"The Italian Show"** with Nunzio DiMarca every Sunday from 10:00 am-1:00 pm. Go to www.1110wccmam.com.

"Italia Oggi" Sundays 1:00 pm to 2:00 pm with host Andrea Urdi 1460 AM www.1460WXBR.com.

"Dolce Vita Radio" DJ Rocco Mesiti 11:00 am-1:00 pm Sundays 90.7 FM or online www.djrocco.com.

"The Nick Franciosa Show" Sundays from 12 Noon to 3:00 pm on WLYN 1360 AM and WAZN 1470 AM.

"Guido Oliva Italian Hour" 8:00 am-9:00 am Sundays on WSRO 650 AM and online at www.wsro.com.

"Radio Italia Unita" - Thursdays 2:00 pm-3:00 pm on www.zumix.org/radio or itunes, college radio click on Zumix. For more information, log onto

"Tony's Place" on MusicAmerica WPLM FM 99.1 - Sundays 9:00 pm-10:00 pm on MusicAmerica. Host Ron Della Chiesa presents Tony's Place. Visit www.MusicNotNoise.com.

joining the team you will receive a link for online fundraising, have an opportunity to network with other young professionals, raise awareness for blood cancers, and have fun. Light The Night Walk events are evenings filled with inspiration. During this leisurely walk, Champions For Cures carry illuminated balloons - white for survivors, red for supporters and gold in memory of loved ones lost to cancer. Thousands of walkers-men, women and children — form a community of caring, and bring light to the dark world of cancer.

ROSE KENNEDY GREENWAY Boston, MA

BOSTON LOCAL FOOD FESTIVAL — October 6. Produced by the Sustainable Business Network of Massachusetts, Boston Local Food Festival is a free outdoor festival that features local food vendors, farmers, fishermen, lively chef & DIY demos, butchering demos, a seafood throwdown competition, diverse music and performances, and more. Festival goers learn about the benefits of sustainably grown and produced food, eat delicious local food, participate in fun, educational activities, engage with top local chefs, and enjoy local music.

WGBH 1 Guest Street, Boston MA http://www.WGBH.org/

WGBH STUDIO TOURS —Ongoing. Go behind the scenes for a free 45-minute tour of WGBH's all-digital studios Wednesdays at 2pm, and the first and third Saturday at 2pm. No need to sign up in advance. This tour is recommended for ages 16 and up.

THEATER

REAGLE MUSIC THEATRE 617 Lexington St., Waltham, MA 781-891-5600

www.ReagleMusicTheatre.org

LIBERACE! — November 10. For decades, this phenominal actor/showman has stunned the world with his dazzling re-creation of the great Liberace. Most recently, Mr. Preston performed at the premiere of the recent smash HBO Liberace movie, Behind the Candelabra, starring Matt Damon and Michael Douglas. This show delivers sheer magic, intricately weaving a mesmerizing mix of music, song, humor, and of course ... the most magnificent costumes ever to grace the stage!

CHRISTMASTIME — December 6 through 15. The one Boston Christmas spectacle guaranteed to warm any heart! Children of all ages are enchanted by Santa's Workshop, Teddy Bears' Nutcracker, Parade of the Wooden Soldiers, Victorian Christmas, precision dancers and The Living Nativity. Our cast of 200 comes gift wrapped in fabulous holiday sets and costumes — all backed by a full live orchestra.

COLONIAL THEATER 106 Boylston Street, Boston, MA 617-482-9393

www.Boston-Theater.com MILLION DOLLAR QUARTET —

October 8-20. Million Dollar Quartet is the Tony Award-winning Broadway musical, inspired by the electrifying true story of the famed recording session that brought together rock 'n' roll icons Elvis Presley, Johnny Cash, Jerry Lee Lewis and Carl Perkins for the first and only time. This musical brings you inside the recording studio with four major talents who came together as a redhot rock 'n' roll band for one unforgettable night.

I LOVE LUCY — December 3-22.

I Love Lucy Live on Stage is the brandnew hit stage show adapted from the most beloved program in television history! It's 1952 and you are a member of the Desilu Playhouse studio audience awaiting the filming of two hilarious and oh-so-familiar I Love Lucy episodes. A charming host entertains and enlightens you to the behind-the-scenes filming process of this brand new thing called "television," the Crystaltone Singers perform advertising jingles in perfect 50s style harmony and the side-splitting antics of America's favorite foursome - Lucy, Ricky, Fred and Ethel — are presented live on stage and in color for the very first time! It's a one-of-a-kind theatrical experience TV Guide's William Keck calls "the most entertaining stage production I've seen in years including Broadway!" The truth is in the title — whether young or old, everybody really does love Lucy! This show is a Season Special and is not part of the Season Package.

50 SHADES! THE MUSICAL January 7 and 8. The hilarious parody of the Fifty Shades of Grey phenomenon, will premiere at the Citi Emerson Colonial Theatre for two nights only. A sexy, hysterical musical romp, 50 Shades! The Musical is a laugh out loud night of fun that you won't want to miss! A resounding hit in Chicago and New York, and at the Edinburgh Fringe Festival, 50 Shades! The Musical opens with a ladies book club deciding to read Fifty Shades of Grey. Through their interpretation of the novel, the audience is lead on an uproarious roller coaster ride of this unlikely bestseller. The show is full of dance numbers and original songs delivered by an outrageous cast with a live, on-stage band. For more information call 866-348-9738.

NORTH SHORE MUSIC THEATRE 62 Dunham Road, Beverly, MA 978-232-7200

www.NSMT.org LA CAGE AUX FOLLES — Through October 6. Before there was the popular movie The Birdcage, there was the Tony Award-winning, smash hit Broadway musical, La Cage Aux Folles. After 20 years of bliss, Georges (played by Charles Shaughnessy, star of The Nanny and Days of Our Lives) and Albin, two men partnered for better-or-worse, get a bit of both when Georges' son announces his impending marriage to the daughter of an ultra-conservative politician. Further complicating the situation, Albin and Georges run a drag nightclub in St. Tropez, where Albin is the star performer 'Zaza. Songs Include: I Am What I Am, La Cage aux Folles, We Are What We Are, The Best of Times, (A Little More) Mascara, With Anne on My Arm, Song on the Sand and Look Over There.

BARBRA AND FRANK THE CONCERT THAT NEVER WAS — October 12. The music, humor and highspiritedness of Frank Sinatra and Barbra Streisand take center stage. There's no place elsewhere you'll see these two icons of the 20th century appearing side by side. Starring Sharon Owens and Sebastian Anzaldo, as two of the most impressive celebrity impersonators performing their uncanny tribute to the two icons.

AMERICAN REPERTORY THEATER Oberon, 2 Arrow St., Harvard Sq., Cambridge, MA 617-547-8300

www.AmericanRepertoryTheater.org

ALL THE WAY - Through October 12. 1963. An assassin's bullet catapults Lyndon B. Johnson into the presidency. A Shakespearean figure of towering ambition, the charismatic, Texan hurls himself into Civil Rights legislation, throwing the country into turmoil. Alternately bullying and beguiling, he enacts major social programs, faces down opponents and wins the 1964 election. But in faraway Vietnam, a conflict looms. In the Pulitzer Prize-winning playwright's vivid dramatization of LBJ's first year in office, means versus ends play out on a broad stage canvas as politicians and civil rights leaders plot strategy and wage war. A searing, enthralling exploration of the morality of Power.

THE DONKEY SHOW – Ongoing. Bringing the ultimate disco experience to Boston, this crazy circus of mirror balls, feathered divas, roller skaters and hustle queens tells the story of *A Midsummer Night's Dream* through great '70s anthems you know by heart.





 2013° AN

ANNO DELLA CULTURA ITALIANA YEAR OF ITALIAN CULTURE

2013 YEAR OF ITALIAN CULTURE BOSTON - PROVIDENCE PROGRAM

As of September 24, 2013

For more information and updates call 617.722.9302 or visit www.consboston.esteri.it or www.ITALYinUS2013.org

OCTOBER

OCT 4 | Harvard University, Cambridge Conference and Performances "Heavenly Imperfections: Galileo's Discovery of Sunspots" Organized by Harvard University and Museo Galileo, Firenze. **CAMBRIDGE**

OCT 7 | MIT, Cambridge -(Invitation Only)

OCT 8 | Brown University, Providence. "Cameristi della Scala" performing Fantasies on Verdi's operas. CAMBRIDGE, PROVIDENCE

OCT 16 | Center for European Studies, Harvard University. "Salvemini Colloquium" on Italian history and culture - "Italy 1943-1948: From Catastrophe to Reconstruction" with Prof. Massimo Salvadori. CAMBRIDGE

OCT 18 | Emmanuel College, Boston Concert of Cluster Vocal Group. BOSTON

OCT 18 | Dartmouth College, Hanover "Pinocchio, Storia di un Burratino" Performed by Massimiliano Finazzer Flory. **HANOVER**

OCT 28 | American Academy of Arts and Sciences PIB Seminar Series: "Policies on Biomedical Research- Italian and American models" **CAMBRIDGE**

OCT 29-30 | Brown University, Providence "Conference with the State of Italy" With the presence of Romano Prodi. **PROVIDENCE**

NOVEMBER

NOV 1-10 | Dartmouth College, University of Rhode Island. Italian preeminent authors: Carmine Abbate at URI and Dartmouth. HANOVER, KINGSTON

NOV 8 | Emmanuel College, Boston. "The Meaning of Machiavelli's Prince." Lecture by Prof. Maurizo Viroli (Princeton). **BOSTON**

NOV 13-17 | The Paramount, Boston. Compagnia Marionette Carlo Colla e Figli Presents "The Sleeping Beauty." BOSTON
NOV 23 | Brown University, Providence. International Prize: "Boccaccio Afterlife." In cooperation with the American Boccaccio Association (ABA) and the Town of Certaldo on the occasion of the 700th anniversary of Giovanni Boccaccio, PROVIDENCE

DECEMBER

DEC 6 | MIT, Cambridge "5th Sense Project" Seminar organized by the Bocelli Foundation and MIT. **CAMBRIDGE**

Ray Barron's 11 O'CLOCK NEWS

So begins another month. So what's new? Colorado officials have installed "interactive urinal cakes" in about 15 bars that remind peeing men not to drive drunk. The cakes detect whether the man can keep a constant stream of urine on the cake and rate his inebriation from "tipsy" to "uh ... where are your pants?" Officials say they believe the "new education campaign" has cut down on both DUI arrests and fatalities.

NASA announced it would send six romaine lettuce plants to the International Space Station, in hopes the plants can provide astronauts with locally grown produce.

Bella Culo of Chestnut Hill, thinks NASA should send Baccala to the International Space Station.

Huh? A patient sued a California hospital after she woke from surgery to find a fake mustache stuck to her lip and teardrop stickers on her cheeks. The anesthesiologist behind the prank said, "I thought she would think this was funny."

Interesting happening! A Japanese man who had his phone and wallet stolen while visiting another city walked 870 miles back to his home. The 25-year-old said he didn't contact police or his family during his 11day hike, as he didn't want "to make a fuss."

Inking news. Thinking about inking, after Washington, D.C., proposed a 24-hour waiting period before people can get a tattoo or piercing. Local tattooist Paul Roe denounced the one-day wait, saying, "Over-regulation is the killer of any profession."

Ah, love! Robert F. Kennedy, Jr., romanced more than three dozen women behind his wife's back in a single year, according to a diary obtained by the New York Post. Kennedy called his "lust demons" his "greatest defect" in the 2001 diary, detailing extramarital liaisons with 37 women that year, with numerical codes for the type of sexual act they had engaged in. He wrote "Victory" on every day he resisted temptation. "I'm like Adam and live in Eden, and I can have everything but the fruit," he wrote. "But the fruit is all I want." He also blasted various fellow Democrats, saying that the Revs. Al Sharpton and Jesse Jackson "give me the creeps" and that then-brother-in-law Andrew Cuomo "lacks humanity." Kennedy, whose wife Mary Richardson Kennedy committed suicide last year said in an email to the Post that the diary had been "stolen," and that it had "served as a tool for selfexamination and for dealing with my spiritual struggles at the time." He said he has "nothing but respect" for Sharpton, Jackson and New York Gov. Cuomo.

A Bronx man lost his Medicaid benefits and had his credit cards canceled and his tax payments rejected after a hospital mistakenly declared him dead. Juan Antonio Arias, 57, insists he's alive, despite a death certificate filed four years ago that bears his name, Social Security number and date of birth. No government agency or bank will believe him, so Arias filed a lawsuit demanding reinstatement of his living status.

How interesting to note, two out of three of the young adults starting at Harvard this fall are virgins, according to a survey conducted by The Harvard Crimson.

Huh? Left-handed people earn on average 6 percent less than right-handed people and are 2.5 percent less likely to have a college degree. Researchers speculate that the difference is caused by brain abnormalities that are common among the left-handed.

What? Iowa grants gun permits to blind people. State officials concede that being unable to see what you're shooting is not ideal, but say that failing to grant the permits would violate the federal Americans with Disabilities Act. Other states do impose a vision requirement or require applicants to take a field test to prove they can

For internet users! A psychiatric hospital in Pennsylvania has launched a 10-day inpatient treatment program for people with severe internet addiction, the first of its kind in the U.S. Dr. Kimberly Young, the psychologist behind the nonprofit program, says that Internet addiction is "more pervasive than AMERICA IS A BEAUTIFUL ITALIAN NAME

alcoholism.'

Yes, we do use the internet and we do not read emails any

from women we do not know!

So what is the most important subject in school? 34% of Americans say math is the most important subject in school, while 21% say it is English and 12% say it is the sciences. Only 2% say the most important subjects are art and music.

Since the advent of sex education, the old fellow who drives the local school bus can't tell whether the kids are talking dirty or discussing their lesson assignment!

According to Robyn Waters of Swampscott, the school kids in some towns are getting so tough that teachers are playing hooky.

Some good advice! For an energy boost: Nap just 10 to 20 minutes when you're seeking a quick burst of energy and alertness. Your brain typically will reach only the lightest stage of sleep "making it easier to hit the ground running after waking up.

For cognitive memory processing. Nap a full hour if you want to reach slow-wave sleep, a stage that aids in the remembering of facts, places and faces. But there is a downside: You'll feel groggy upon waking once your nap exceeds 20 minutes. For improved creativity, Naps of 90 minutes to two hours lets your brain run through a full sleep cycle, including the rapid-eye movement stage. Getting through a full cycle eliminates grogginess. Better yet, it "aids creativity and emotional and procedural memory" — good for learning to play the piano or ride a bike.

Yummy for the tummy! Greek yogurt now makes up about 37 percent of all yogurt in U.S. grocery store shelves, up from about 1 percent when the thicker variant burst onto the scene in 2007.

According to the stately Albert Natale, the noted musicologist and show business expert, we are beginning to learn more about the screen siren Ava Gardner who was considered the most beautiful gal in the world, yet her love life was filled with heartbreak, cheating and even a boozy beating! Sinatra was the love of her life! George C. Scott beat her! She went to Hollywood at the age of 18 and was scooped up by the hottest leading man in movies — 5-foot-2 Mickey Rooney. They wed in 1942. The marriage ended a year later! Her second marriage to bullying bandleader Artie Shaw also crashed after a year in 1946. Her third and final marriage to Frank Sinatra, "the love of my life" was filled with booze, fights and his suicide attempts. It ended after six years. Enough

Reminder! The suburban shopping mall was developed by William Cafaro and Edward DeBartolo. Cafaro pioneered the enclosed shopping mall with his American Mall in Lima, Ohio. DeBartolo built the first American shopping plaza in the 1940s. Two signers of the Declaration of Independence were of Italian descent: Maryland's William Paca and Delaware's Caesar Rodney. "Chattanooga Choo-Choo," "Lullaby of Broadway" and "An Affair to Remember" were some of the songs written by Harry Warren, born Salvatore Guaragna. Susan Sarandon, Bruce Springsteen and Ann Bancroft are Italian American. One more time! The ice cream cone was invented in 1896 by Italo Marcioni in New Jersey. Two generations later, in Pittsburgh, Jim Delligatti invented the Big Mac. In 1978, Chicago business man, George Randazzo established the National Italian American Sports Hall of Fame in Arlington Heights, Illinois. There are nearly 15 million people who have identified themselves as Italian American in the 1990 U.S. census, the Population Division of the U.S. Census Bureau reports. The Census Bureau estimates, however, that 1 out of 10 Americans has some Italian blood, bringing the total number of Americans of Italian descent to 26 million.

Recipes from the Homeland

by Vita Orlando Sinopoli



SPINACH AND FAGIOLI

Spinach and Beans

1 can red kidney beans or 1 can cannellini beans (white beans)

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- 1 pound spinach (fresh or frozen)
- 1 medium onion chopped
- 2 garlic cloves chopped (optional)
- 4 tablespoons olive, canola or vegetable oil
- 1 can chicken broth (optional)

Fresh spinach: Clean and wash spinach. Set aside. Frozen spinach: Remove wrapper from package, place spinach aside in a bowl.

In a saucepan, heat oil over medium heat. Add chopped onion and simmer until onion is lightly browned. Add chopped garlic and stir for a few seconds (optional). Garlic should not brown. Then add can of beans of choice, stir, and cover. Cook over low heat for a few minutes. If sticking, add a little water or some chicken broth. Stir and add washed fresh or frozen spinach. (Frozen spinach will require a little more water or chicken broth to defrost and cook with the beans). Let this simmer slowly, stirring occasionally until spinach is cooked. Add more water or chicken broth if needed.

Serve with fresh garlic bread and/or boiled rice of choice. Serves two.

OPTIONAL: In place of spinach, use your favorite leafy vegetable of choice like escarole, chicory, mustard greens, broccoli rabbi or kale.

NOTE: I remember my maternal grandmother selecting her dry white beans from the various bean bins in the local grocery store. At home she washed the beans and started the long process of cooking them on her stove. The kitchen filled with the aroma of the simmering beans as Nonna faithfully checked and stirred the bean pot. In a separate saucepan she later used her cooked beans to prepare what she called "la minestra" (her beans and greens meal).

During the Depression, mothers extended this recipe by adding more beans to the saucepan when needed. In most families, this often was a "dunk and eat lots of bread" meal because no meat was to be served that evening.

We are fortunate today to have various canned beans, which can limit the preparation time in preparing this meal.

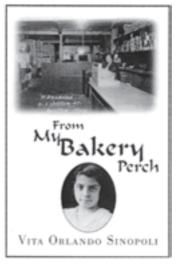
Vita can be reached at voswriting@comcast.net

• The Mediterranean Diet (Continued from Page 4)

grants brought this culinary tradition to America, but it was soon lost. "Yet, Purslane, weight for weight, is the richest plant source of heart healthy Omega 3 fatty acid on the planet," said Amara, "and that's only one example." "Science is only now validating many of the traditional beliefs of our Italian parents with regard to the value of their folk medicine and the benefits of their cuisine. They may not have

been able to articulate the chemistry of the heart healthy skin of Solanum melongena, — the humble eggplant, — or define the prebiotic-value of Cynara cardunculus — the thorny artichoke — but, they knew that it worked. As to the why of it all," well, said Amara, "they left that to the next generations."

For additional details about the Pirandello Lyceum, go to www.pirandello.com.



1st Generation

Italian-American

Vita Orlando Sinopoli

Shares with us a delightful recollection of her memories as a child growing up in Boston's "Little Italy" and a collection of Italian family recipes from the homeland.

Great as Gifts

FROM MY BAKERY PERCH available on AMAZON.COM and in local bookstores - ask for Hard cover #1-4010-9805-3 ISBN Soft Cover #1-4010-9804-5 ISBN

WWW.BOSTONPOSTGAZETTE.COM

Nanna & Babbononno

by John Christoforo

A Nostalgic Remembrance



When I was six years old, I remember once while lis-Nanna had a heart attack. It was serious enough to keep her hospitalized for a long period of time. Mom, Aunt Ada (Uncle Nick's first wife) and I would visit her during the day. Babbononno, Uncle Paul and my father would go to see her after work. Uncles Nick and Gino were in the service and could only pray for their mother from afar.

When Nanna finally came home, Babbononno virtually stopped playing music at night to be with his wife. Of course, he couldn't give up his day job, so my mother took care of Nanna. At night Babbononno was an attentive husband, but Nanna would fall asleep rather early and that left Babbononno with time on his hands. He liked to read and would take the Boston Post, this newspaper and *Il Progresso* and read them from front page to the last. When he would get bored, he would ask me, "Aye, Gianni, wadda dey gud onna da radio?"

Even though I was a kid, I was a radio buff. I could tell you the call letters for the Boston stations, their numbers on the rotary dial, the names of the shows on radio, the days they aired and the time slots they could be heard in. Even as a kid, I had a good memory. I told Babbononno that Mom and Nanna listened to the Don McNeil Breakfast Club in the morning followed by the Arthur Godfrey Show. During the mid-day hours, there were soap opera serials like Our Gal Sunday, Big Sister, Aunt Jenny's Real Life Stories, The Romance of Helen Trent, One Man's Family, Wendy Warren and the News, John's Other Wife, Just Plain Bill, Young Dr. Malone, Young Widow Brown and Queen for a Day. Babbononno had no interest in these shows as they were mostly for women and he wouldn't be home, anyway.

When I told my grandfather what was on in the afternoon slots, he decided he would get an early start at any point in the evening on reading his newspapers. and it depended on Babbo-Afternoon 15 minute serials were mostly for kids and of course seeing I was a kid, I was glued to Babbononno's old arch shaped Philco radio. From about 4:00 o'clock on, I listened to Superman, Tom Mix, The Gene Autry Show, Bobby Benson and the BRB Ranch and Captain Midnight. King, Stella Dallas, 20 Ques-

tening to Superman, sponsored by Kellogg's Pep, a longgone kid's breakfast cereal, Dad came home and discovered he had forgotten to buy cigarettes. He gave me a quarter and asked me to go get him a pack at the corner store. I waited for the commercial, ran down the three flights of stairs to Eutaw Street, ran to the corner of Brooks and Eutaw Streets where Staffier's Variety Store was located, bought Dad his cigarettes, ran back to the house, climbed the three flights of stairs, gave the pack of Old Golds to my father and accomplished all of this before the commercial ended.

Late in the afternoon, Dad would get ready to head out to his night time job. He, at the time, was playing bass with a Latin band at the Bradford Roof. After he left for work, Mom would tend to Nanna's needs and that left Babbononno and me to search the radio for programs to listen to. Let's see how many of them you remember. There is no special order to them nor am I listing them according to the nights they were on, because I'm not sure at this point 65 or so years later.

Babbononno would let me turn the dial and find shows he would put his approval on: Bulldog Drummond, A Man Called X, Casey Crime Photographer, Chandu the Magician, Charlie Chan, Ellery Queen, Philip Marlowe, Richard Diamond, Mr. District Attorney, Big Town, Bold Venture, The FBI in Peace and War, Gang-busters, Philo Vance, Boston Blackie, Crime Does Not Pay, Martin Kane Private Eye, The Fat Man, The Thin Man, Mr. Keen Tracer of Lost Persons, and Nick Carter Master Detective. When I would come across the one he liked, he would grab my hand to prevent me from turning the dial any longer and say, "Dissa da wunna we listen

There were dozens of other shows that I found on the air nonno's mood as to what we listened to. The names were Beulah, Sgt. Preston of the Northwest Mounted Police, Don Winslow in the Navy, Dragnet, Duffy's Tavern, The Life of Riley, My Friend Irma, People Are Funny, The Phil Harris-Alice Faye Show, Sky

tions, 64 Dollar Question, The Voice of Firestone, Topper, The Great Gil-dersleeve, Halls of Ivy, Our Miss Brooks, Meet Corless Archer. The Cisco Kid. Lum and Abner, Henry Aldrich, Topper, The Goldbergs and Life With Luigi.

If my grandfather wanted to stay with comedies, music or variety shows, there were: Beat the Band, People Are Funny, The Camel Caravan, Your Hit Parade, Kraft Music Hall, Abbott and Costello, The Bell Telephone Hour, Lux Radio Theater, Arthur Godfrey's Talent Scouts, The Quiz Kids, It Pays to be Ignorant, Life Begins at 80, The Bob Hope Show, The Jimmy Durante Show, Hollywood on the Air, Amos and Andy, A Date With Judy, Baby Snooks, Blondie and Dagwood, Laurel and Hardy, The Judy Canova Show, The Bickersons and the Red Skelton Show. There were also shows that featured the big bands of the day: The Benny Goodman Show, The Artie Shaw Show, The Duke Ellington Show, The Jack Benny Show, The Fred Allen Show and The Tommy and Jimmy Dorsey Show. Of course, I couldn't stay up as late as Babbononno, but I would argue to hear the rest of a program we were listening to when Mom would notify me that it was past my bed time.

I spent my youth using my imagination while listening to radio. Years later, many of the shows I've mentioned made it to early television. When I saw what some of the folks looked like on TV, I was shocked, because with radio, we would conjure up what the stars looked like. Well, those days are gone as are my grandparent's and my folk's generations. But, I wonder how many of you remember some if not all of the shows I've mentioned. Those were great times that will never come back. Thank God I was around to have had those great experiences of yester-year. GOD BLESS AMERICA

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• **Socially Scene** (Continued from Page 9)

venue will mean: cheaper and more parking options, dedicated space for the World's Largest Pastry, on-site restaurants and bars for before and after, natural sunlight in the event and hotel guest room options to enhance your weekend. Being the fifth anniversary will mean: Exhibitors, exhibitors, exhibitors, more Chef's Table - live demos, return of the world record pastries and greater integration of charities with The Showcase.

The event will end with a closing party on Saturday, October 12th 5:00 pm at Birch Bar in Westin Waterfront located at 425 Summer Street, Boston. There are so many fantastic reasons to attend more than just a good fix for chocolate. Be sure to get tickets today and visit www.nedessertshowcase.com for more details.

BSO in Full Swing The next to take the symphony stage is Conductor-composer Thomas Ades as leader with own works and by Mendelssohvn, Ives and Franck October 10th through the 12th.

Englishman Thomas Adès, one of the world's foremost contemporary composers and also an acclaimed conductor and pianist, returns to the BSO podium for the third time in four seasons Thursday, October 10th and Saturday, October 12th for a program featuring his own 2010 orchestral composition Polaris. Opening the program is Mendelssohn's Hebrides Overture (Fingal's Cave), and closing the first half of the program is Ives's intriguing Orchestral Set No. 2, in part inspired by the 1915 sinking of the Lusitania. The concert concludes with a BSO specialty, César Franck's famous Symphony in D minor.

Thomas Adés also joins the Boston symphony Chamber Players as pianist, harpsichordist, and composer on Sunday, October 13th to kick off their 50th anniversary season at 3:00 pm in Jordan Hall. The program includes two of Adés's own works — Sonata da Caccia, for oboe, horn, and harpsichord (1993) and Piano



Englishman Thomas Adès will lead the Boston Symphony Orchestra October 10th through the 13th.

(Photo courtesy of artfuse.com)

Quintet (2000) — as well as Debussy's Sonata for flute, viola, and harp and Ravel's Chansons madécasses, for voice, flute, cello and piano.

Mendelssohn's Fingal's Cave Overture bears the name of a grotto in the Hebrides Islands (hence the work's alternate title, Hebrides Overture) off the west coast of Scotland, which was a popular tourist attraction in the composer's time and which Mendelssohn visited in the summer of The 20-year-old 1829. Mendelssohn's trip Fingal's Cave was marked by ominous, stormy weather, and that forbidding atmosphere is reflected in the music, beginning with the dramatic, falling melody that opens the piece and serves as its thematic backbone.

Thomas Adès's Polaris, subtitled "Voyage for Orchestra," calls for a spatial arrangement of the brass around the auditorium. The work explores the imagery of the cosmos — specifically the North Star — and its importance to nautical navigation. The image of the North Star as a constant, central point in the sky is embedded into the music through a structure in which central pitches are established, slowly attracting all the swirling, surrounding pitches.

The show will take place October 10th-12th and times can be found at www.bso.org along with ticket information or by calling 617-266-1200.



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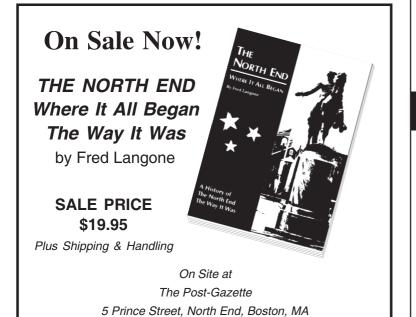


LO SAPEVATE CHE ...

Una nuova tecnologia nella lotta contro il cancro e' stata ideata da uno scienziato italiano che lavora negli Stati Uniti. E' una tecnologia innovativa che lo scienziato italiano, Mauro Ferrari, ha creato con lo staff che lui guida in uno dei maggiori centri di ricerca negli Stati Uniti, all'Istituto dell'ospedale Metodista di ricerca a Huston, e padre del progresso piu' recente di nanomedicina. Al congresso dell'ASCO (societa' Americana di oncologia clinica), al quale l'Istituto ha presentato diversi studi, Ferrari ha affermato: "Il nostro approccio e' semplice: applicare le nano tecnologie alla medicina, ed in questo caso alla lotta ai tumori. La nanomedicina sta trasformando il modo di pensare alle terapie. La cautela e' d'obbligo ma i risultati sono molto promettenti." Ferrari ha poi spiegato che i primi nanofarmaci furono usati 20 anni prima, ma quelli che stiamo sperimentando sono farmaci con un 'vettore' di nuova generazione. L'obiettivo era di costruire 'vettori' capaci di trasportare il farmaco solo alle cellule malate, ed in quantita' massima dato che con le chemioterapie gran parte del farmaco si disperde prima di raggiungere la meta e senza toccare le cellule sane per evitare i forti effetti tossici. Ma c'e' un altro problema. "Per arrivare alle cellule 'bersaglio,' il vettore deve superare tante barriere dell'organismo e del sistema immunitario. Venne poi l'idea di costruire 'micro-missili multistadio' che possono superare un ostacolo dopo un altro, ed alla fine giungere alla cellula cancerogena. I micro-missili sono diretti a colpire la metastasi. L'obiettivo e' cosi' arrivare a colpire il tumore anche se in fase piu' avanzata." Ferrari afferma che i risultati sono molto incoraggianti, come verificato sui topi in laboratorio, osservando alti livelli di sopravvivenza. Ferrari e' fiducioso che con l'elevato contributo del Governo Americano — circa 80 milioni di dollari — si puo' dare inizio ad esperimenti sull'uomo nel 2014: cioe' la fase clinica.

DID YOU KNOW THAT ...

A new technology in the treatment of cancer has been developed by an Italian scientist in the United States. It is an innovative technology worked out by Mauro Ferrari, an Italian scientist, who leads one of the major research centers in the United States: The Methodist Hospital Research Institute of Huston, Texas and is the father of the most recent progress of nano-medicine. At the Congress of the ASCO (American Society of Clinical Oncology) where his Institute presented several studies, Ferrari stated: "The approach is simple, just apply the nano-technology to medicine, in this case, in the fight against tumors. The nano-medicine is changing the manner of thinking about therapies. Caution is essential, but the results are very promising." Ferrari added that the first nano-medicines were used about 20 years earlier, but the ones we are experimenting with are medicines with 'nano-vectors' and of a new generation. The objective was to create vectors which could carry the medicines only to the sick cells and in large quantity, because by using chemotherapy most of the medication got lost before reaching the target and without touching the healthy cells to prevent toxic effects. There is another problem. In order to reach the targeted cells the 'vector' must overcome many barriers of the organism as well as of the immune system. "We then got the idea to build 'multi-stage micro-missiles' which can overcome an obstacle at a time to finally get to the cancerous cell. The micro-missiles are aimed at the metastasis. The ultimate objective is to hit the tumor, even in its most advanced stage." Ferrari says that the results are very encouraging, as they have observed on lab mice, noticing a dramatic survival level. Ferrari is confident that with the generous contribution of the U.S. Government — about 80 million dollars — we will begin testing on humans in 2014, i.e., the clinical stage.



• News Briefs (Continued from Page 1)

I heard Senate Majority Leader Harry Reid call U.S. Senator Ted Cruz, R-Texas and others like him "Tea Party Anarchists" for daring to stop Obamacare's funding. The president can propose but only the Congress can appropriate the funding. There's no law saying Congress cedes power to the Executive Branch. Our founding fathers must be rolling over in their graves watching liberal intelligence distort the U.S. Constitution and our democratic republic.

By the way, it would appear that liberal Democrats and Republican Establishment must fear Cruz since both of them are bashing Cruz to no end. The most ridiculous attack is reminding folks that Ted Cruz actually looks a lot like former U.S. Sen. Joseph McCarthy, R-Wisconsin. Have all these critics no shame? Reid is looking more like McCarthy than any other Washington poll these days.

Osama is Dead and Al-Gaeda is onthe Run, Not

Remember back during Campaign 2012 when President Obama, Vice President Joe Biden and all those liberal Obama Democrats were bragging about taking down world terrorism. Now we know how silly such bragging was. The recent bloody attack of the shopping mall in Kenya, by Al-Shabaab and the killing of Coptic Christians in Pakistan by radical Islamists, show crystal clear that Islamic terrorists are sadly alive and well. The ongoing War against Terror is far from over.

A Quote Worth Remembering

"Good days, bad days, but never a boring day on this job. You do what God has called you to do. You show up, you put one foot in front of the other and you do your job, which it is a mystery and a surprise. You have no idea, when you get in that rig, what God is calling you to do. But he needs you; so you keep going. Keep supporting each other. Work together. You love the job, we all do. What a blessing that is."

Rev. Mychal Judge, OFM stated the above on September 10, 2001. Less than 24 hours later Father Judge was killed at Ground Zero doing his job

I Love METV

I love watching those old reruns on METV, Channel 292 on Comcast in Boston. You can go back in time to Outer Limits, The Twilight Zone, Kojak, Thriller, Cannon, Mission Impossible, etc. When TV was TV, when writers could write and when actors could act. Some of the stuff is in black and white and makes me feel old. By the way, I forgot, you can watch a young Michael Douglas as a sidekick to Lt. Mike Stone on The Streets of San Francisco. METV is my TV now.

• L'Anno Bello (Continued from Page 4)

the frame of a cloudy sky remind me of the mystery of Halloween, a holiday that brims with the implications of honoring the dead, celebrating the harvest and preparing for the winter months ahead. My husband's birthday falls three days before Halloween, and that provides me with a fascinating juxtaposition of a festivity that is all about life with a holiday that commemorates both the souls of our ancestors and the slumbering of the natural world. October contains so much beauty and life, if we give ourselves time to look beyond the surface.

Several people have told me that they do not like

autumn because it is just one step closer to winter. However, I believe that this is an unhealthy way of looking at the world. First of all, all seasons have their pleasures, and if we choose to live in pessimism rather than take time to appreciate what is in front of us, we can never truly be happy. Autumn is the season when forests burst with festive colors, an abundance of harvest foods surround us, communal holidays encourage feasting, and dark nights bring families together. Second of all, we shouldn't view fall and winter as seasons of death, but rather necessary cycles that pave the

way for Earth's blossoming in the spring. Without a variety of seasonal experiences, it would be difficult to fully appreciate the pleasure of each time of year. So this October, follow the example of Italians on St. Francis's Day and revel in the natural world around you — in turn, you will feel gratitude and joy in your very soul.

Ally Di Censo Symynkywicz is a Graduate Student in History at the University of Massachusetts Boston. She appreciates any comments and suggestions about Italian holidays and folklore at adicenso89@gmail.com.

• Bursts of Light and Fresh Air (Continued from Page 6)

time, thought I'd hear a Pope talk like that — you know, like a human being.

Admittedly, he didn't say women should be priests or have the right to choose or that being gay was grand. But simply letting a little light and fresh air into a room that has been sealed tight for centuries was an amazing phenomenon. Surprise isn't a strong enough word.

Not everything was surprising, though. The Republicans in Congress are back at it, toiling away to save America from an expansion of health care and plotting to shut down the government if they can't stave off this specter.

Also, a disturbed military contractor took out his anguish at coworkers and other people crossing his path at the Washington Navy Yard, leaving 12 dead before authorities killed him too. The head of the National Rifle Association said it proved the Navy Yard needed more guns.

Some things never change.

(Reprinted from OtherWords)

ATTENTION ATTORNEYS

The POST-GAZETTE newspaper is a paper of general circulation. We are qualified to accept legal notices from any court in each town that we serve.

LEGAL NOTICES

For information on placing a Legal Notice in the POST-GAZETTE, please call (617) 227-8929; or mail notice to: POST-GAZETTE P.O. BOX 135 BOSTON, MA 02113 Attn: Legal Notices "Send books, not guns, to war-torn countries such as Afghanistan."

"Instead of sending weapons, instead of sending tanks to Afghanistan and all these countries which are suffering from terrorism, send books."

"Instead of sending tanks, send pens.

Instead of sending soldiers, send teachers.

This is the only way we

can fight for education ..."

Malala Yousafzai,
 the Pakistani teenager shot by the
 Taliban for standing up for girls' education

• Editorial (Continued from Page 3)

improve their missile capabilities. For the United States and its allies to remain secure in a world where oppressive regimes and terrorist organizations have greater and greater access to sophisticated ballistic missiles, a strong system of missile defense is an absolute necessity.

In the last three decades, research into missile defense technologies has yielded remarkable results. Just this year, American military personnel teamed up with Israeli defense forces to successful test cutting-edge interceptors over the Mediterranean Sea. Shortly after that, the U.S. Navy's shield program intercepted a fast-moving test target over the Pacific Ocean.

Back in the 1980s, when missile defense was first considered by the United States, many skeptics believed that destroying an enemy missile mid-flight was a pipe dream. Today, they've been definitively proven wrong. One shield program alone — the Patriot Air Defense Missile System — has completed more than 2,500 successful search and track tests. The Patriot is just one part of the U.S.

Missile Defense Agency's proven "family of systems."

As the missiles available to unfriendly regimes and terrorist groups become more advanced, so too must systems for defending against those missiles. It's for this reason that the Department of Defense is currently looking for new, more effective ways to intercept missiles, whether by making use of unmanned aerial drones or even relying on spaced-based assets that can sense and destroy incoming threats.

Given the major threats on the international scene, investments in these and other technologies for strengthening American missile defense aren't just prudent — they're essential.

The United States and its allies must be prepared for the unique security challenges we will face in the coming years. While North Korea's latest plot may have been foiled, the proliferation of ever more powerful missile systems will continue. We must be prepared.

Seth M.M. Stodder teaches national security law at the University of Southern California Law School and is a partner at Obagi & Stodder LLP.

• Spirits of Charlestown (Continued from Page 5)

of old pottery or brick.

A little more background information about MaryLee Trettenero provides practical insights and spiritual guidance to individuals and businesses. For over 20 years, she has been helping her clients to uncover and resolve issues, remove emotional blocks and make challenging life decisions, explore new personal and business opportunities, develop and build relationships and enhance overall their well-being. For more details, visit www.BostonIntuitive.com.

The Friends of the Charlestown Branch Li**brary** was formed in 1953, becoming the second Friends group to organize within the Boston Public Li-

LEGAL NOTICE

Commonwealth of Massachusetts The Trial Court **Probate and Family Court** Middlesex Division 208 Cambridge Street Cambridge, MA 02141 (617) 768-5800 Docket No. MI12P0710EA

Estate of PAULINE V. CROSBY Date of Death November 9, 2011 CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT OF ESTATE

To all interested persons A Petition has been filed by Raymond Conwell of Reading, MA requesting that an Order of Complete Settlement of the estate issue including to approve an accounting, compel or approve a distribution, adjudicate a final settlement and other such relief as may be requested in the Petition.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court, You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before 10:00 a.m. on November 4, 2013.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appear ance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, HON. PETER C. DIGANGI, First Justice of this Court Date: September 27, 2013

Tara E. DeCristofaro, Register of Probate Run date: 10/4/13

brary system. The Friends schedule four to six evening programs a year, support the Reading is Fundamental programs for children and maintain the library's landscaping. The mission of the Friends remains today what it was in 1953: to serve as an advocacy and support group for the needs of the Charlestown Branch Library, staff and users www.charlestownonline.net/ libraries.htm. The Library is wheelchair accessible. The address is, 179 Main Street, Charlestown. For further information: 617-242-1248, www.bpl.org/branches/ charlestown.htm.

Coming up in the Friends Fall Programming: Kevin O'Hara, writer, storyteller, photographer. Author of the A Lucky Irish Lad and Last of the Donkey Pilgrims. Monday, November 18th, at 7:30 pm.

LEGAL NOTICE

Commonwealth of Massachusetts The Trial Court Middlesex Probate and Family Court 208 Cambridge Street Cambridge, MA 02141 (617) 768-5800 Docket No. MI13D0935DR **DIVORCE SUMMONS BY PUBLICATION AND MAILING** SARAH NAMAKULA

BRUCE W. HICKS

To the Defendant: The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for Irretrievable Breakdown of the Marriage. The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. SEE Supplemental Probate Court Rule 411.

You are hereby summoned and required to serve upon Sarah Namakula, 980 Main Street, #27, Woburn, MA 01801 your answer, if any, on or before October 28, 2013. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.

WITNESS. HON. PETER C. DIGANGI, First Justice of this Court. Date: September 13, 2013

Tara E. DeCristofaro, Register of Probate Run date: 10/4/13 • Who Shutdown Government? (Continued from Page 1)

ployer mandate for an additional year. Can the president do this to a law already passed without going back to Congress for its approval again? Should Congress not do its constitutional duty of checks and balances?

The Republicans wanted to delay the whole law for one year. The Democrats said "Nyet." The Republicans wanted to delay the individual mandate one year. The Democrats said "Nyet." The Republicans wanted Congressman and Senators up on Capitol Hill to be part of Obamacare themselves. The Democrats said "Nyet." Yet the news media blames Republicans for the shutdown. What gives?

Harry Reid said no more

LEGAL NOTICE

Commonwealth of Massachusetts The Trial Court **Probate and Family Court** Suffolk Division 24 New Chardon Street Boston, MA 02114 (617) 788-8300 Docket No. SU13P2308EA

Estate of **ERNEST S. MATHEWS** Date of Death December 30, 2012 INFORMAL PROBATE **PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner Joan H. Mathews of Boston, MA.

A Will has been admitted to informal probate The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, it any, can be obtained from the Petitioner.

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MANAGEMENT AND CIRCULATION

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debate, no more negotiations and no more compromises. The president when asked about what he would offer Republicans to get back up and running, he actually stated why should he have to offer the GOP anything.

Our democratic republic was created with checks and balances to avoid anyone branch of government from getting dictatorial. We do not need a president who wants to be the next King George. We do not need a Senate Leader who spinelessly follows the president's every word like gospel.

The shutdown came because liberals in Congress acted like Obamacrats. This goes not only for Democrats but Republicans like John McCain too. This self-proclaimed Ruling Class is now on record as saying they know better than the rest of us. We should just shut up on our debate and go along for the ride however bumpy it gets.

Did you know that according to most independent national polls, only 17 percent of the American people believe life and health care will be better for them after Obamacare gets fully up and running?

Page 15

In a final note, did you know that NPR was still on the radio dial on October 1st. Jim Braude and Maguery Eagan were still cheerleading on the air the first day of the shutdown. I guess government radio and TV is an essential service Best of all, I want to congratulate all those World War II veterans who showed up sightseeing in Washington, DC and were met by barricades at the WWII Memorial. What did they think of the shutdown and the closed sign? If they could storm the beaches of Normandy storming the barricades was childplay for them. This was their monument, they would not be stopped by a bunch of politicians closing down the place.

• Street Piano (Continued from Page 5)

members of the North End take ownership of their community and tourists alike can enjoy the piano.

Each year, only a handful of cities worldwide are selected to host pianos as part of this international festival. As described by the Celebrity Series, "Touring internationally since 2008, Play Me, I'm Yours! is an artwork by artist Luke Jerram that places pianos in public spaces for the enjoyment of the community. By creating a place of exchange Play Me, I'm Yours! invites the public to engage with, activate and

urban environment." Boston shares the 2013 honors with Monterey, Munich, Geneva, Paris, Cleveland Omaha.

Come check out our street piano and be part of this international festival and event! All our community members are invited and encouraged to stop by the courtyard, check out and play this piano!

Want more information on the festival? Check out: http://streetpianos.com/ boston2013/



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EXTRA Innings

by Sal Giarratani



Alfonzo Soriano's **Great Numbers**

Is Alfonzo Soriano in a contract year because his numbers are outstanding, a big change compared to most recent baseball plays for him? He's turned on the energy since returning to the New York Yankees this season. Prior to getting traded from the Chicago Cubs, he had 17 homers and 51 RBI in 93 games. With the Yankees, he has 17 homers and 50 RBI in only 52 games. Getting him back in Yankees pinstripes, he is looking like a steal from the Cubs and the Yankees still fight the battle for a postseason playoff position.

Rivera and Pettitte from Start to Finish

Call this a footnote, in April of 1995, a rookie pitcher named Andy Pettitte was pitching out of the bullpen for the Yankees and another pitcher, also a rookie, named Mariano Rivera was a starter and one day in April, Pettitte came into relief for the struggling Mariano on the mound. Eighteen years later and a major role reversal the pair moved in tandem toward retirement. Back in '95 the Yankees saw Rivera as that skinny kid from Panama. By the end of April, Rivera was

taken out of the starting rotation for being so ineffective. Meanwhile, Pettitte was pushed into the role of a starting pitcher and the rest, as they say, was history making for both of them. Pettitte by the way should be a sure pick for Cooperstown in five years when he is eligible for Hall of Fame status. He has 255 wins most of them with the Yankees and 19 postseason victories. In 2018, both Rivera and Pettitte may very well go into the Hall together and that would be a great idea for baseball.

Nelson Cruz Says He's Stewing as Rangers Stumble But ...

Bob Nightengale had a great piece on the sports pages of the USA Today on Monday, September 23rd on the plight of baseball star Nelson Cruz. He told USA Today Sports in his first interview since being suspended 50 games August 5th for violating MLB's drug policy that he does feel for the Rangers falling out of contention. He was among 13 players suspended for their links to a now shuttered clinic. According to the Rangers GM Jon Daniels, "We'd be in better shape if he wasn't suspended. It is a

choice Nelson made." If Cruz hadn't accepted the 50 game suspension, MLB officials were threatening a 100 game ban and Cruz would be a free agent this coming November, if he knew he had to sit out 100 games in 2014, his value as a free agent would drop to home plate. As Cruz stated, "If I wasn't a free agent, it would have been different. I didn't want to take 100 games next year." Baseball is apparently no longer a team sport it is now about me, me and me. A far cry from the old days of my youth when real ballplayers like Mickey Mantle, Hank Aaron and Willie Mays roamed the outfield.

Pirates Back in Playoffs

When the Pittsburgh Pirates defeated the Chicago Cubs 2-1 on Monday, September 23rd, it pushed the Pirates over into postseason for the first time in 21 years. It will be the first time Pittsburgh went to postseason since Barry Bonds, Jim Leyland, Bobby Bonilla and Company won three straight National League East titles from 1990-1992. Bonds then left for the Giants as a free agent and the Pirates suffered through 20 losing seasons, the longest streak in baseball history.

HOOPS and HOCKEY in the HUB



by Richard Preiss

NOW? — Well yes, you can, but you have to keep your changed positions on the dial.

They will now be heard on broadcast interviews. The Sports Hub (98.5 FM) — Sports Hub also airs the entire Bruins and Patriots same station.

with either the Bruins or the Patriots, the Celtics will migrate even further down (or worst), depending on how the dial and take up residence at WZLX (100.7 FM) on things had to change if the those nights.

this happen? Some 23 times clock for college basketball. during the regular season be transferred to WZLX. We Allen before them. think that's far too frequent to develop a regular home remember four corners, that base for the team. It would be strategy, like those former better if the Celtics were on Celtics, represents the past. a station that could carry all It's nice to recall the past but their games.

veteran broadcast team of for the future. Sean Grande and Cedric another season.

you could get the Bruins radio roster. broadcast in 38 states at night, making the B's a semi-Chicago area, for example.

network of stations just to forward. be able to reach Western removing the team from most of them. a vast audience over a good portion of America.

car and drove down Route 128.

Our destination was one of Waltham. Upon arrival, we 2014 season. entered the practice area and found the day's activity to finish eighth in the Eastessentially taking place at ern Conference to make the four corners of the bas- the playoffs. Can they meet ketball floor.

terview area, where players opportunities before then shared their thoughts concerning the upcoming season become a reality, something with members of the media. created by them in the At another, the players — all present without relying on of whom were dressed in uni- the past.

CAN YOU HEAR THEM form — posed for traditional still photographs.

A third location was given broadcast schedule straight. over to shooting the short The Celtics radio broadcasts, video clips that will be shown which were heard for many on the Jumbotron during the years on WEEI (93.7 FM), have home games while a fourth was where the players sat for

The layout brought to mind at least most of the time. And the old Dean Smith strategy that is the problem. The of four corners where back in the days before the shot clock was introduced, the coachschedules, meaning that it's ing legend at North Carolina just impossible to squeeze all would order his team into that 82 Celtics games onto the classic basketball configuration in order to keep posses-So, when there's a conflict sion of the ball as the game's closing minutes ticked away.

It was stall ball at its best you viewed the situation. But game was to keep growing. And just how often might Hence the coming of the shot

By the same token, the that will get under way in a Celtics and their fans must few weeks. That means that change now so their hopes just under 30 percent of the for the future can continue games played by the Green to grow. Kevin Garnett, Paul and White won't be heard Pierce and coach Doc Rivers on The Sports Hub. They'll have departed, as did Ray

Just as it's interesting to one must live in the present The good news is that the in order to lay the foundation

So yes, the talent that Maxwell will be back for represented the past was mentioned by the players dur-And, while we're at it, let it ing their media day interbe said that one of the biggest views. But it's a new day mistakes the Bruins made in across Celtics Nation, one recent years was moving that brings with it a set their radio calls away from of unprecedented opportuni-WBZ 1030 AM to The Sports ties for those players fortu-Hub. When they were on WBZ nate enough to be on the

The door has swung wide open for them, something national team on radio. You that would not have been could listen to the Bruins available to them in the while driving your car in the recent past. But it's a new age and it is up to them and coach No longer. With the weaker Brad Stevens to create a new FM signal, the B's need a identity for the Celtics going

As they were interviewed Massachusetts and Northern one by one, all the players New England. That leaves said they recognized the thousands of people in opportunities presented to numerous states without the them in this time and place broadcast, thereby essentially and promised to make the

The naysayers (and there are many of them) will FOUR CORNERS — It was a say that this season is over fine autumnal day as we before it begins. But they walked briskly to North Sta-don't actually play the games. tion and caught the midday Those on the roster do. If, train to the suburbs. We during training camp, those hustled home, jumped in the who are lean, mean and hungry can be forged into a team that will make the most the rites of early fall, the of the year ahead, then the Celtics media day event at Celtics will create for themtheir practice facility in selves a memorable 2013-

The Celtics only need that standard? If they take At one corner was the in- maximum advantage of the that possibility could indeed

"ComedySportz" Comes to Greater Boston



ComedySportz Boston (CSz), the fast-paced, family-friendly improvisational comedy played as a sport, that's a hit in Chicago, Philadelphia, New York and Portland — is coming to Greater Boston. Shows are Fridays and Saturdays beginning October 18th and running through December 20th, 2013 (November 8th (6:00 pm) & November 9th (5:00 pm) are during the Boston Comedy Festival) at Davis Square Theatre, 255 Elm Street, Somerville. Doors open at 6:30 pm and show begins at 7:00 pm. Group rates and special shows available. For tickets and information call 617-426-1999 or visit http://mysterycafe.com/shows/comedysportzboston/.

Audiences who like "Whose Line Is It Anyway?" will love ComedySportz Boston's fast paced action which incorporates audience's suggestions in every show. CSz's match features two teams of 'actletes' competing for laughs and points, with a referee keeping things moving and calling fouls. Like all good sporting events, the National Anthem starts things off. An average of seven to twelve games are played during a match, drawn from a repertoire of over a hundred improv games. Every show offers different players, different games and different audiences supplying new suggestions. The fans judge the scenes and games and ultimately decide the winners. On occasion a ComedySportz team

asks "willing volunteers" to join in the fun. ComedySportz Boston (CSzBos) Team: Matt Bistany, Ben Moser, Todd Page, Beth Kaufman, Francesca Villa, Danny Balel, Andrew Barlow. Jonathan Barron. Matt Aromando, Sam McCarty, Ethan Selby, Daniel Houbrick, and Ben Lewis.

ComedySportz is great for all ages, from young kids to grandparents. If an 'actlete" steps beyond the boundaries of good taste, the "brown bag foul" (a brown paper sack placed over the offending player's head) will be called to set things straight. ComedySportz even works for tough-to-please business groups.

Comedy Sportz Boston is the newest venture for entrepreneur David Goldstein, who launched and managed the very successful Mystery Cafe (1988), Boston Chocolate Tours (1998) and TeamBonding (2002). "I knew I wanted to open ComedySportz in Boston because it promotes a family friendly atmosphere along with top-notch improv comedy." ComedySportz is part of the World Comedy League, which consists of twenty-four ComedySportz venues around the world. ComedySportz Boston is an independently owned business licensed by World Comedy League, Inc. The players are paid professionals who trained in our workshops and classes. Many have years of experience; some have played since the founding in 1984.